



11am  
11 Nov  
@ RSL

## Musing on Movember

It's Movember – get behind this great cause – and if you can't grow one – support someone who is. See the Men's Shed page.

Starting this week we have Melbourne Cup Luncheons – but if you were too late - perhaps bookmark this for next year. No matter what, enjoy your Melbourne Cup day as I'm sure there'll be plenty of events about – and I hope you back a winner!

On Thursday Lovell's Bakery opens in Mount Pleasant. This iconic hills group of bakeries expands into our town, setting up at the Totness Mill – and I would urge you all to go along and support them by shopping locally. We have a small, but vibrant group of businesses in our town and they will only flourish if we support them – so do yourselves a favour! Next month's newsletter will include a feature on shopping locally for Christmas – but don't stop at Christmas – there are birthdays, anniversaries, births - any excuse to celebrate and give gifts.

This weekend also sees the Totness Mill Boutique Market opening. It's envisaged that the market will be open every weekend, offering a range of handmade crafts including jewellery, bath bombs and cream, baby goods, cards, paper craft, candles and natural pet treats amongst many others. There will also be a blacksmith – Birdwood local Will Sexton - who some of you may remember from the recent SA Spring Garden Festival.

If you, or someone you know is interested in perhaps being a part of this unique market, please contact Amie Mulyk at totnessmill@gmail.com.

- P 1 Markets, Mills and the Melbourne Cup
- P 2 TBC & Community Dinner
- P 3 Men's Shed-ding – or blokes & beards
- P 4 Market-ing
- P 5 RSL – Operation K9 & Remembrance Day
- P 6 Uncovering our Past: She'll be apples!
- P 7 Out & about: Springton Spring Fair
- P 8 Bits & bobs
- P 9 Movember Calendar



The Totness Mill - & Chris Payne – putting on finishing touches before the opening of his grand vision. Goodonyer, Chris!





## TBC Infrastructure Road-Map...



The Barossa Council

Plans for a Barossa wide regional, community infrastructure road-map with a 50 year horizon signalling a new era in planning for the future of Barossa regional growth. The \$250,000, year-long scoping project will deliver a feasibility study with a fully costed, prioritised community plan for infrastructure development and investment that will drive community, social and economic outcomes. It will identify funding models and be the basis of a long-term strategy to deliver projects, not just plan for them. The five key deliverables will be:

- Recreational and sporting facilities at a regional and district level
- Integrated arts, culture and heritage facilities (including the Angaston Railway precinct development)
- Aquatics strategy for the district
- Cycle tourism growth and connectivity
- Other key community, social and economic drivers for investment.

Mayor Bob Sloane described the project as the “kingpin” of strategic infrastructure investment in key areas. “This plan will become the blueprint for everything we do in this space and ensure our community assets meet the needs of future generations of the Barossa. It is an extremely exciting project.” The project will begin in November and will combine internal and external resources. To stay up to date with progress check the Council’s [website](#) and [Facebook](#).

## + Citizen of the Year, 2016

Do you know someone who deserves recognition for his or her volunteer commitment to the Mount Pleasant Community?

Our Committee aims to recognise outstanding contributions from individuals and organisations from within the Mount Pleasant district community. Forms at the Post Office & Library.

## Community Dinner



This month’s speaker was Brenton Newman from Saunders Gorge Sanctuary. He spoke about how the sanctuary started and what the complex involves, and that parts of it have now been separated as the family moves back into grazing, which was how they started, 20 years ago. The Gorge, Homestead and Restaurant will be sold, with the family retaining the conservation park and the 4WD trail – which was opened around 11 years ago. They intend to build another home, and he joked that



they have shifted about 5 times, but have only moved a few kilometres. The property was burnt out during the Eden Valley fires, and it is only during the last two months that they have brought sheep back.

No sticky date pudding last night – but there was Pavlova! Once again a great crowd enjoyed a lovely meal, and we raised more money for community projects – who would have thought it could be so enjoyable?



Next Dinner:  
26<sup>th</sup> November

## + Street Party update

The committee organizing have had to regretfully cancel this year’s Street Party – due to lack of support. We have tried to get this going, but as seems to be the case in many small towns, a few people end up doing everything, and this year, it’s too much. We hope that we will be able to get a group together to start working on it around June / July next year. If you would like to help with this, or any other project, please contact us via the details on the back page.

Eplatform  
By Wheelers



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# Men's Shed-ding or blokes and



OK - so maybe they haven't got their Movember act together in the MP Men's Shed - after all - they have been a bit busy. The catch-cry seems to be "Let's ask the Men's Shed!" or "Couldn't the Men's Shed do it?" Apart from trying to finish off their shed amidst the wettest winter we've experienced in a while, they've been busy with a myriad of small community projects - including setting up for the Melbourne Cup luncheon in the Atrium, having a stall at the Springton Spring Fair, cutting LOTS of wood, and tidying up the old BankSA site for sale. Hopefully the trusses for the shed roof will be coming this Wednesday and John Bowd (or JB as he now likes to be called) is confident they'll be up in no time.

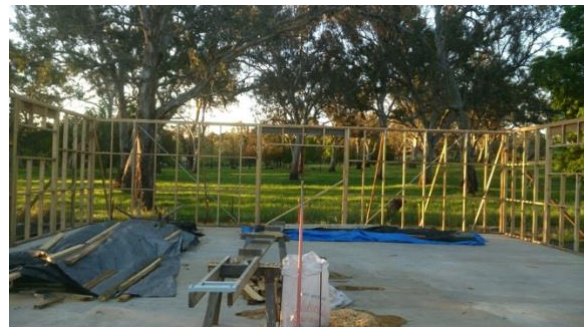


**THIS MOVEMBER**  
*Don't Sit on it...*

PROSTATE CANCER CASES BY AGE GROUP (2005-09)

0 to 49
50 to 59
60 to 69
70 to 79
80+

More information available at [www.prostates.com.au/movember](http://www.prostates.com.au/movember)



But November is MOvember- Started in Australia, it's a movement approaching a serious group of subjects in a lighthearted way, all with the purpose of getting blokes to speak up and look after their physical and mental health, and reminding people of the alarming statistics of prostate cancer and male suicide.

If you know of someone either growing facial hair for Movember - or even dyeing existing whiskers, think about why they're doing it, remember someone you know who may have lost their battle, or is still fighting it, and dig deep.





From Terese Stephens -  
Assistant Manager




**Mount Pleasant FARMERS MARKET**

# I CHOOSE SA



#ichoosesa

Michael Marrone, Adelaide United football star is one of the many Ambassadors for the Choose SA campaign, and he visited our market recently.



"Choose SA is a fantastic campaign, one worthwhile for every South Australian to get behind", said Michael. The South Australian economy is transitioning away from traditional manufacturing towards other high value-adding industries, and every South Australian can help support further growth by choosing SA in their purchasing decisions. This includes supporting producers, growers, manufacturers, service providers and businesses throughout the supply chain. We are calling on every South Australian to get behind us and help make a real difference! We believe we can make a genuine impact on the future of South Australia if we have everyone's support.

Want to be part of something special? Do you have an interest in the Mount Pleasant Farmers Market - would you like to be part of the Mount Pleasant Farmers Market Board? We would love to hear from you !!!! Please call 0418 301 121 or email us [managermpfm@bigpond.com](mailto:managermpfm@bigpond.com). You could be part of this awesome, not for profit, community organisation. Monthly meetings held on the 3rd Monday of the month in Mt Pleasant.



Market goers would have been surprised a couple of weeks ago to see a bloke striding about Talunga Park, playing the bagpipes. His name is Peter McKenzie & he's a Ceremonial Piper. So, if you have the need, call him on 0477694074.



Dan and Kerry from Otherwood Orchards took over the Fleurieu Milk stall, replacing Jen. We will miss her vibrancy and positivity and would like to take this opportunity to wish her all the very best. She assures us she will still be visiting to terrorise us with her infectious laugh!

+ Next newsletter:  
Buy local special!  
Support local businesses.

*Let's Rock the Mo!*



CHANGING THE FACE OF MEN'S HEALTH ONE MOUSTACHE AT A TIME!  
REGISTER YOUR SUPPORT AT [MOVEMBER.COM](http://MOVEMBER.COM)

**LOOKING FOR THE PERFECT GIFT FOR YOUR FAMILY, STAFF OR CLIENTS?**


What about a  
**MT PLEASANT FARMERS MARKET CHRISTMAS FOOD HAMPER**

**ORDER NOW**

Priced from \$70  
100% South Australian  
Artisan Products  
All goods non-perishable

To place your order come & see our friendly volunteers at the market admin. desk today & fill out an order form before Nov. 30.

[www.mpfm.org.au](http://www.mpfm.org.au)  
Ph. 0418 301 121







# R.S.L. news



**Join us in commemorating Remembrance Day at the 11<sup>th</sup> hour, on the 11<sup>th</sup> of November.**

It's been a very busy year for the RSL. Our Anzac Day was once again a huge success, with over 350 people attending and around 220 staying for breakfast. Again we had a fantastic array of prizes donated by most local businesses, too many to mention. With this enthusiasm from our sponsors and members and guests we were able to raise over \$1,300 and with other fund raising we were now able to donate some monies back to other worthy groups. First off we donated \$1,000 for new radios, scholarship and training to the 602 Air Force cadets who help us out every year mounting the catafalque party. Next we had Operation K9 assistance dog programme, which train and then provide dogs to veterans with PTSD. On Tuesday 11<sup>th</sup> October Phillipa Edwards (a puppy Educator Supervisor) gave a presentation to RSL members and visitors all about the K9 programme. A fantastic night completed with a \$1,000 donation to the group.

We then had our Annual General Meeting where Michael Williams was elected as the new President of the RSL, Dan Williams was elected as the new Secretary, Marie Birch as Treasurer and all committee positions remained as they previously were.

Next we had a car rally/treasure hunt on Saturday the 22<sup>nd</sup> October beginning at 1300. This proved to be a great day with a BBQ in the RSL clubrooms on completion. Meralyn Schaeffer and Meg Stephens were the ultimate winners, only getting one question wrong. Next will be our Christmas dinner on December the 15<sup>th</sup>. Cheers!



**Wally Birch**  
Retiring President  
MP RSL



Assistance dog Xavier,  
with his handler Pip



## Volunteers needed

**Become an RSB Puppy Educator, Bed & Breakfast Boarder or Emergency Boarder today!**

volunteers are needed now for our new pups.

- No cost
- Training provided
- Rewarding experience
- Singles, families, retired, working, own another dog, all enquiries welcome
- Information evenings monthly

Contact the RSB Guide Dog Service on 8417 5656 or email [puppyeducation@rsb.org.au](mailto:puppyeducation@rsb.org.au)

[www.rsb.org.au](http://www.rsb.org.au)





## Uncovering Mt Pleasant's past: Mt Pleasant Tennis Club

It is that time of the year again with tennis season starting. Time to sit under the shade of the old apple tree.

The Mount Pleasant Tennis Club appears to have started in 1906 with two tennis courts on the N.W. end of the old Show grounds, but the Register newspaper reports a general meeting in 1905. The game was originally played on grass and an asphalt court was made in 1907. Social tennis was also popular with private courts being used and there was also a court at Bill Hood's barber shop.

When Talunga Park was started the courts were relocated.

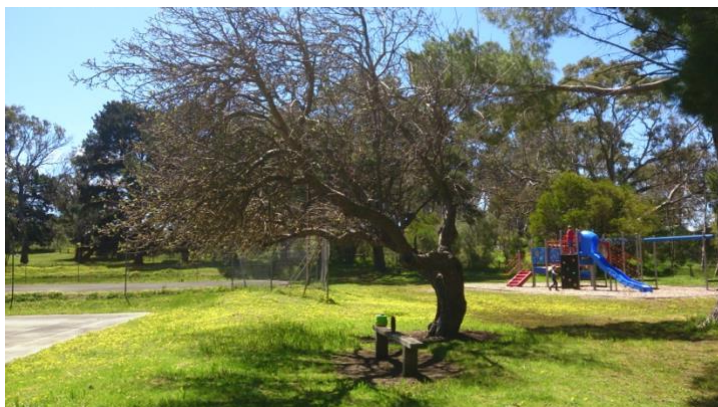
The Register (Adelaide, SA: 1901 - 1929), Friday 9 September 1921, page 4 reported that in the past year 2 new courts were made and a debt of £40 remained.

In 1936 the club asked for a loan of £30 to put down another court as they had too many participants for the existing courts.

The club belonged to many different associations over the years. In 1938 it was agreed that there would be 2 A grade sides, Talunga and Totness. At other times they were named White and Blue.

The Mount Pleasant Tennis Club hosted a very successful Christmas Tennis Tournament for many years. In 1929 there is a reference in the local paper (The Mount Barker and Onkaparinga and Gumeracha Advertiser) to there being a tournament run by the Murray Ranges Tennis Association. In the 1933 tournament there were a record 140 entries. Players from all over the state including the city would participate. I remember as a teenager looking forward to watching the top tennis that was played in the heat of summer just after Christmas.

Now back to the apple tree. When Melrose gave the land to the town for Talunga Park, part of Giles' orchard occupied the land and trees had to be removed for the croquet lawn and tennis courts to be built. It was said that he asked that the remaining trees be looked after. Is this tree (below) one of these? If this is so it could be nearly 100 years old.



### References

*Quiet Waters By*

*The Mount Barker & Onkaparinga & Gumeracha Advertiser*

*The Register*



**Pauline Taheny**

### Mount Pleasant District History

+ A small footnote: MP Inc applied to The Barossa Council to have the toilet block refurbished. This is currently in hand, and tennis players will soon be able to utilise the facilities again.



### Why volunteer?

Connecting you with others  
Make new friends and contacts  
Enhance your social and relationship skills  
Team building and bonding  
Good for mind and body

**If you think you could help promote Mount Pleasant & District and can spare an hour or two, please contact: Sue on 85682985, 0403012339, or email Paula [info@mountpleasant.sa.au](mailto:info@mountpleasant.sa.au)**



# Out & About Springton's



We experienced glorious Spring weather for the 7<sup>th</sup> Spring Fair – who would have thought? After the mixed up weather for the last few months, it was an amazingly beautiful day, thoroughly enjoyed by all who ventured out.

Under the auspices of the Springton Progress Association Inc., Rosie Trenerry (chair), Di Picard, Colin Forbes, Valdis Martins, Viv Liddicoat and Tracey Walsh banded together to provide another colourful event for our district. There were over thirty stalls inside and outside the hall – including food and craft – as well as a vehicle display provided by Barossa Valley Historical group. The Springton Progress Assoc cooked the BBQ, and yummy Cheese platters were made by the Springton Primary School community. The Kitchen was run by the Lutheran Women's Fellowship offering tea, coffee, cakes & light meals.

A variety of lawn games: Noughts & Crosses, Connect Four, & Jenga were there for young and old, and Megan & Rebecca Taheny from Mt Pleasant ran a netball shooting competition for children.

Students and a teacher from Birdwood High School kept us all entertained with some great music during the afternoon.

Thanks is due to many SPA members who assisted before & on the day too, providing assistance to the committee in a variety of ways.



shop ★ homewares ★ workshops  
gifts ★ craft supplies ★ garden

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Wed. Thurs. Fri 10am to 3pm  
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or by appointment

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Date	Workshop
5 <sup>th</sup> November	Kokedama & Vertical Gardens
6 <sup>th</sup> November	Recreate Mosaics: Design & create
12 <sup>th</sup> November	The Productive Garden as an Ecosystem
13 <sup>th</sup> November	Snakes! (Includes first Aid demo)
19 <sup>th</sup> November	Bushfire Resistant Homes & Gardens
20 <sup>th</sup> November	Recreate Bird Home Garden Sculpture



Check web for prices and availability: <https://www.facebook.com/recreatecommunity/>



# Bits and bobs



**The 'Red Meat'  
Feel Good  
Ambrose  
Golf Classic**



**TOP OF THE TORRENS THEATRE GROUP INC.**

## CHRISTMAS CAPERS



**LIVE FROM PUDDING CREEK**

By Kate Farrer Directed by Steve Farrer

Plus

### THE FLIGHT BEFORE CHRISTMAS

By F.J. Cusick & D Moore Directed by David Evans

Mount Pleasant SMH Fri 18th & Sat 19th November 7:30 pm  
Matinee Sunday 20th November 2:00 pm

Gumeracha Town Hall Saturday 26th November 7:30 pm  
Matinee Sunday 27th November 2:00 pm

Adults \$22. Concession \$18. Student under 16 \$10  
Tickets from [www.stickytickets.com.au](http://www.stickytickets.com.au) or 8568 2496  
BYO Nibbles & drinks

Sunday, 13<sup>th</sup> November  
At the Mt Pleasant & District Golf Club, 45 Golfcourse Road, Mt Pleasant  
Teams of 4  
Cost per player: \$25 / Visitors - \$15 / Members  
Includes on course lunch  
All Welcome. Book now for this fun filled event  
Tel: 85682 652

Affiliated with FootGolf Australia and part of the International FootGolf Association, FootGolf SA provides South Australians an opportunity to Join the National FootGolf League. Players can register with FootGolf Australia or FootGolf SA.

**Competitions will be held on Saturdays from 1.30pm.  
Sundays and Public Holidays from 9.00am.**

For further details - [www.footgolf.org.au](http://www.footgolf.org.au)

**FootGolf at Mount Pleasant is available:**  
All day Sun, Mon, Tues & Fri. From 1.30 pm on Saturdays.

**Price:** 9 Holes = \$10 18 Holes = \$15 [\$5 discount for students]

**Ball hire:** \$5.00 (available Fri, Sat, Sun) + \$20.00 deposit, or BYO ball.  
BYO balls Mondays and Tuesdays.





**Friends of the MP  
Hospital  
& Daycare  
Glen Devon  
Fete**

Tuesday, 22nd  
November

\$10 includes morning tea and lunch - starting at 10 am.  
Guest speaker,  
raffles and stalls.

## Lawn bowls

Twilight Bowls starts at the Mt Pleasant Bowling Club this Thursday. A great night out – according to Sid.




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# What's on in November



## Events

Date	Event	Details
1 <sup>st</sup> November	Melbourne Cup Luncheons	Red Cross & Anti Cancer Council
3 <sup>rd</sup> November	Twilight Bowls	Mt Pleasant Bowling Club
4 <sup>th</sup> November	Lovell's Bakery opening	Lovell's Bakery – opposite Wilksch's Garage
5 <sup>th</sup> & 6 <sup>th</sup> November	Totness Mill opening	Totness Mill
11 <sup>th</sup> November	Remembrance Day	Mt Pleasant RSL
13 <sup>th</sup> November	Red Meat Ambrose	Mt Pleasant Golf Club
18 <sup>th</sup> & 19 <sup>th</sup> November	TOTT	
22 <sup>nd</sup> November	F o t MP Hospital Fete	Glen Devon -
26 <sup>th</sup> November	Community Dinner	Talunga Park Pavilion

## Meetings

+ Check the website for more:  
[www.mountpleasant.sa.au](http://www.mountpleasant.sa.au)

Committee / Group / Organisation	Details
Art Group	10-2, 2 <sup>nd</sup> & 4 <sup>th</sup> Friday @ MP Library
CFS Training	Every Tuesday @ 7pm
CWA	1 <sup>st</sup> Tuesday: Day = 1pm, Night = 6.30pm @ SM Hall
Friends of the Mount Pleasant Hospital & Daycare	10am, 3 <sup>rd</sup> Tuesday
Men's Shed	9.30am, alternate Wednesdays @ MPNRC
MP District History	1-4pm, every Thursday @ History Rm, SM Hall
MP Farmer's Market	8-12, every Saturday @ Talunga Park
MP Inc	6.30pm, 2 <sup>nd</sup> Tuesday @ MPNRC
MP Show Society	2 <sup>nd</sup> Monday
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Red Cross	1.30pm, 4 <sup>th</sup> Thursday @ SM Hall
RSL	2 <sup>nd</sup> Tuesday Social gathering
RSL	Alternate month, last Sunday - Bi-Monthly meeting
SM Hall VAC	7.30pm, 3 <sup>rd</sup> Monday @ SM Hall
Talunga Park VAC	1 <sup>st</sup> Monday @ Talunga Park
Writer's Group	10-12am, 2 <sup>nd</sup> & 4 <sup>th</sup> Thursday @ Library



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 Progress Ass'n Inc )



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