



Crossing over

We live in interesting times, when an outraged tweet can prompt a backlash the like of which we've never seen before. Cory Bernardi's response to Craighburn Primary School's request on their web page for funding to enable young African schoolgirls to attend school was nothing short of phenomenal, and should have sent an important message to people who are taking some things way too seriously. Not to mention jumping in and mouthing off before doing your research. Instead of raising the \$900 they were hoping for, it quickly became in excess of \$275,000 – over 900 girls will now benefit from Cory's blunder!

The last few months – apart from Trump tweeting his Presidency away – has been a boon for news and social media sites, but deeply disturbing for those just trying to figure out the truth. And I'm not just talking about the Same Sex Marriage vote debacle, just about every news item seems to be associated with multiple social media dramas. Instead of being able to sit back and listen to the undiluted facts of the day, we are bombarded with dash cam videos or videos from passers by on the latest personal tragedy involving car crashes, fires, hostage situations or bombings. Everyone has an opinion – which tells us that at least people are engaged – but also shows that some of them should never get air-time. All this, finished off by the latest funny panda or cat video that you had often seen in your Facebook feed the day before. Wait for the wheel – these things go in cycles.

In the meantime, I'd like to say a big Thank You to all the people who spoke to me about the opinion piece regarding my brother I put in the last newsletter. I was humbled and gratified by the response and it has given me renewed faith in the fair mindedness and compassion of the people in our community. I have only heard of one incident involving somebody removing a sticker from a letterbox asking that no material from the 'No' campaign be placed in it, and the response to that was swift and heartwarming.



Mount Pleasant is no stranger to cross-dressing, this is a mock Deb Ball in the Hall – where only one of the male participants was actually dressed as a male.

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Barrie's



"My father always told me never to drink water unless it had been through a grape first!"

+ Coming events

November:

Movember!

Phantom of the Talent Factor

Friends of the MP

Hospital Garden Party

December:

Street Party!

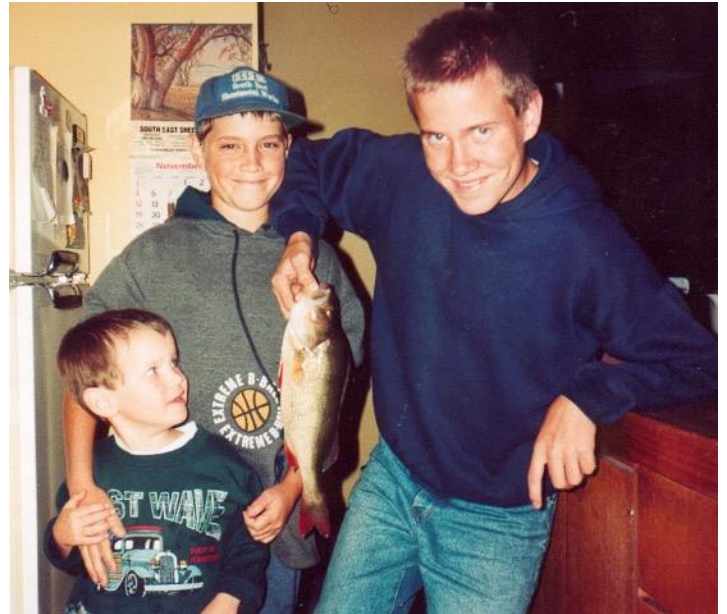


What my Dad Did for Fun & other musings

When my Dad was young, his idea of a good day out was actually a weekend – it started Saturday morning when he and cousin Glen took a sandwich and a gun, and came home Sunday evening. Not the sort of thing we actually encourage now – but it was in the 40's. My Mum on the other hand could only remember working. In fact she can vividly remember spending her first pay cheque (at 13) on a pair of high heels – then wearing them home – muttering all the way 'pride feels no pain'.

There were five of us kids growing up in Naracoorte – not a bustling metropolis, and the summer holidays dragged interminably because Dad was always working, and Mum was usually up to her armpits scrubbing clothes or doing the ironing. Occasionally Dad would tell Mum on a Sunday morning that we were 'going for a drive'. What that usually meant was that Dad was in the bath first, and then he'd get the Sunday paper and sit in the car reading, while Mum tidied the house, got us ready, packed some snacks – and then got herself ready. 'Drives' usually meant we'd end up at The Grampians and if we were really lucky, have lunch in the Kookaburra Café. One memorable trip we left Mandy in the toilets at Horsham, because she was too small to reach the handle of the door and they didn't do a head count when we all piled in the car again. It took about twenty minutes for realization to sink in, and a couple of hours to calm Mandy down when we eventually got back to pick her up. Another time my brother Paul and I decided to take the short way down Mount William, and arrived back two hours after everybody else, and just before they sent out a search party. On the other days, when the sun was unbearably hot and no-one wanted to take us to the town pool, Dad would tie a tarp between the two poplars on the front lawn, and fill it with water. Wow – luxury! One very hot summer, when the fan went flat out with a wet towel near it, and the only television station was the ABC, I learned to appreciate cricket. That was in the days of Ian Chappell and John Snow (THE John Snow – not "You know nothing, Jon Snow!" from Game of Thrones.) Happy days.

When the kids were young we lived in Penong, then Marla, and many weekends we spent in quiet solitude while the kids were staying on someone's farm. The kids survived, and came home filthy and tired – and wanted to do it again – except for the time Lachy ate his bodyweight in Jenny Wake's pancakes and couldn't look at pancakes for years after. In Marla, there were new parameters. The kids were a little older and I felt (hoped) they could be trusted. (Silly me!) We had a little motorbike, which had fat wheels and was hard to fall off, although a lot of the time 'riding' was actually spent getting the damn thing to start. They were allowed to take that out - as long as they stayed within the town fence (Yeah, right.), and they had to wear their helmet, closed-in shoes and long pants. The day Nick fell off and gouged out the side of his knee, he wasn't wearing long pants – and he knew he'd be in trouble. I was just getting ready for work, so I told Don he had to take Nick to Roughie at Mintabie to get him looked at. Don came home and I left, because no-one wanted to be anywhere Nick was if there



was an injection involved. Anyhow, Don loaded the kids in the car and drove to Mintabie to meet with Roughie the nurse, who was also a very large Vietnam Vet, Nick grumbling all the way. Apparently, Nick wasn't too bad when he was cleaned and stitched up, the real test came when Roughie tried to give him an antibiotic injection – that was a bridge too far and Nick kicked up such a stink, he gave him tablets instead. I still can't understand how two large blokes were bested by a nine-year-old. As they got bigger, the kids amused themselves by playing sports and staying at their mates' places – although I needed to remind Lachy only last year that the "I'll pick you up any time, anywhere" mantra probably had a use-by date.

My grandchildren – as you would expect from kids who live in the country – have a range of things to keep them occupied. Matilda (8) plays football and netball, and I reckon Ethan (4) will probably follow his father and play footy as well. Lacey (3) is already put to work and helps her Mum feed the chooks and horses – albeit with handbag and jewellery.

If kids don't play sport, what do they have? Computer games? Going to the Plaza? Cruising? Although some things are the same – generation after generation ("I'm bored" rings a bell), some things change. Nowadays more kids are getting part-time jobs whilst still at school, and there is the option to do TAFE courses and School-Based Apprenticeships. But what if they live in a small town, with little access to reliable, regular public transport, and they want a job? I was listening to Bill Lawson, founder of the Beacon Foundation who was speaking to Richard Fidler in his 'Conversations' programme, and his experiences in problem solving to give young people meaningful work were an inspiration.

Finding jobs for young people to give them that start on the job ladder is not a new thing. Various generations have found it hard or easy, depending upon the economy. What if there were business people who gave kids jobs to give them a taste of what holding down a job entails? There is an old Chinese proverb: "Give a man a fish and you'll feed him for a day. Teach a man to fish and you feed him for a lifetime". Sometimes you need to give the man a fish, and THEN teach him how to catch it.

Sue Barrett



From Terese Stephens -
Assistant Manager



Despite the forecast for blustery conditions, sunshine greeted early shoppers to the second SA Spring Garden Festival held in Mt Pleasant last Saturday. The Farmers Market extended their regular trading hours in line with those of the Festival, and this collaboration worked well in both the Festival & Farmers Market, with all stallholders experiencing good sales on the day. With an exceptional variety of plant and garden wares, stallholders pleased the eager crowd. Attendance numbers passed all expectations, with numbers swelling to over **3500** patrons through the gate. This has set the bar high for the 2018 festival planning.



The Spring Garden Festival couldn't have happened without the contribution of our volunteers.

The Market Board would like to take this opportunity to thank all those amazing volunteers, in particular, Chris, Genevieve & Ben Hebart, the Mt Pleasant Men's Shedders (*please see further notes on our special boys!*), our social media/website ladies, Kate & Sarah, the Park Caretaker Dave, all those who helped on the gate throughout the day, Tracey, Maxine, Malcolm, Ray, Kate, Pauline, Yvonne, Charmaine, Colleen, David, John Mac & John Bowd, Bob, Sisi, Jen, Meredith, Maurice, Helen, Tony and the awesome volunteers who manned our hectic administration desk Angela, Jen, Sarah, Kate, Sisi, Jen & Bec our set up ladies, our guest speakers Faye McGoldrick & Beverley Lane, Maurice Collins spruiker for the day, Julie our graphic artist, co-corganisers Colleen, Les & Reggie Modra, the bakery team Merlinda, Hayley, Harvey, ! What a team effort - and you may have noticed that some of them helped in several different roles! A Million Thanks to you all! If I have missed someone, I'm sorry and thank you. Also thanks to Neville Sloss, Communications Officer from the Nursery & Garden Industry of SA, for his invaluable help and support, also The Barossa Council who awarded a grant to help run the festival. Most of all thank you to the Members of the Farmers Market & the community of Mt Pleasant & surrounds for supporting our event!



Terese Stephens
Project Officer SA Spring Garden Festival



The world is run by volunteers! Just think about it ...

All those politicians lounging around on plush seats in Parliaments around Australia just cannot do it by themselves or even with the help of their bureaucratic henchmen. Okay, so they do have some very competent staffers. However, who is it that helps out with *making it happen* at the rallies, the leaflet drops, the door-to-door calls, fundraising sausage sizzles, standing outside the polling booths, etc, etc? The Volunteers.

We see dedicated groups of men and women, mostly elderly, huddled in the shopping centres during winter, selling raffle tickets for Red Cross or Save the Children with the grand prize of a flash car or a holiday in the Bahamas. Then, there are the ladies across Australia, cooking for days to load the trestles for the Cake Stalls on the sidewalks out the front of the local Post Office or the Soldiers' Memorial Hall. All of these generous minded souls giving of their effort and time would be Volunteers ... while the publicity hungry CEO, is usually languishing in a luxurious head office and drawing a hefty salary, or a retired politician, with an exorbitant super fund, is attending all the 'opening nights' and feasting on free meals and drinks.

Moreover, Volunteers cover the whole gamut, from the people helping in many and various ways in churches during the week and on Sundays, to CFS and SES Volunteers working to clear a motor vehicle accident, removing trees after a storm or saving frightened animals in a bushfire, working tirelessly in all weather conditions and helping out at sausage sizzles on a Saturday morning. Our Volunteers are ever ready to make themselves available for a 'cause'.

Volunteers don't just say things or make speeches. Volunteers contribute – very generously, of themselves and their precious time.

All states in Australia rely on Volunteers. The SA government website declares – “*South Australian public sector agencies work in partnership with volunteers across the state in a variety of ways to deliver a range of services to the general community. This is reflected in the partnership agreements between the government and volunteering sector.*” Jay has even put together a strategy – the 'Volunteering Strategy for South Australia 2014-2020'.

Government departments and agencies provide volunteering opportunities – take your pick, from Arts, Community and Conservation, right through the alphabet to Women.

Local Councils rely on Volunteers; they also have a section – 'Volunteering Opportunities' as well as a 'Volunteer Resource Centre' where you can advertise for volunteers – run by Volunteers I would assume. “*Office hours are Monday to Friday 9:00 to 12:30. Come and see us (no*

appointment is necessary). If these hours are not suitable appointments can easily be made outside these times.” There are 93 different areas where Volunteers are available in Barossa Light alone. If successful a police check will be necessary.

In Mount Pleasant, we have at least 40 different Volunteer groups and the majority of them would welcome Volunteers, although, in the Barossa Council associated listing, only four groups rate a mention.

However, let's get away from Governments and Councils and let's also note that Volunteering is fun and that it is the other Volunteers and the projects that make it fun and a pleasure activity... therefore, the title of this article – *Volunteers of Mount Pleasant Unite*. The Mount Pleasant Men's Shed members are all Volunteers, all united and we have fun, serious fun.

A classic example was the Mount Pleasant Farmers' Market Spring Garden Festival held last weekend. The Men's Shed were asked to help out on the day and, in return, we could gain some recognition for our cause while raising some funds with a barbecue – a Gourmet Barbecue. Our Gourmet Barbecue with a Gourmet Relish donated by local culinary identity and community philanthropist, Fiona, was such a success that we sold out before midday.



The silky smooth skills of Roger Trudgen, turning the minute steak to perfection, had people coming back for seconds. Don Barrett and Les Fisher were kept busy reloading the BBQ with minute steak, onions and chevaps (or whatever those things are called) while Les' wife Kath took over front-of-house duties from Murray Henderson.

cont'd from p 4



An influx of CWA ladies, having heard Kath recommend the burgers, flocked in from everywhere to purchase steak burgers and those 'chevap things'. The wind came up and we thought that we were going to lose OBE George's gazebo. (How would we explain that to George?) However, our regular photographer, Bill Bartsch, put his camera aside and made the 'workplace' safe, holding the gazebo down in the stormy conditions. And still the customers came and were clamouring for more.

Then, back in the engine room of the Spring Garden Festival, the huge success could have malfunctioned but for the Mount Pleasant Men's Shed Parking Attendants. In fact, such were the accolades of the MPMS Parking Team, the Bay to Birdwood Special Projects Steering Committee are considering changes in their parking regime for 2018. Our Parking Team Leader, Senior Attendant John Bowd, has been asked to put forward a project proposal to the BBSPSC, outlining the tactics used in Mount Pleasant.

Tactics, such as spending five minutes speaking to pretty young female drivers, so slowing down the onslaught of cars to a walking pace, wild arm gestures that confounded drivers, hats thrown and flying in the air helped by the strong winds, sending cars on a circular route back to the entrance gate and blaming parking attendants further inside the parking area, 'that bloke in the check shirt', for the lack of parking spaces. It is believed this creative approach to parking has come to the notice of the BBSPSC and could put our team in Birdwood in 2018.

First, it was the Gumeracha Medieval Fair, then the Mount



Pleasant Farmers Market Spring Garden Festival and, now, Bay to Birdwood looms. Are the Royal Adelaide Show or a Mighty Port Power vs the Crows Grand Final further possibilities? Entities across South Australia are drawing on the skills and expertise of the Mount Pleasant Men's Shed Volunteers.

The Volunteers of Mount Pleasant don't have to learn to unite - **We. Are. United.** Standing shoulder to shoulder. The Volunteers of Mount Pleasant make our town what it is today. I don't need to tentatively ask, 'Do our Volunteers need recognition?' Our Volunteers are recognised throughout the local community and beyond.

The RSL and the Red Cross, the SES and the CWA, Friends of the Hospital and the Football Club, the Men's Shed and the Golf Club, the Tennis Club and Meals on Wheels, Recreate and History Room, Netball and Bowls, MP Beat and Pilates - the list goes on and on. There are Volunteers on all fronts, everywhere.

Mount Pleasant Inc., the Soldiers' Memorial Hall Advisory Group, the Talunga Park Advisory Group Committee which advises on the oval, the caravan park and the showgrounds, has as members, Mount Pleasant Show, The Mount Pleasant Pony Club, the Torrens Valley Football Club, the Lobethal Poultry Club, the Tennis Club, the Farmers' Market, the Netball Club, Dave Mac the caretaker, the Mount Pleasant Men's Shed and the Community Dinners. And we can hammer it down even further just by looking at the Mount Pleasant Show Society, the first show having been held in 1862, which has hundreds of exhibiting members, all Volunteers, plus further Volunteers who help to make the Mount Pleasant Show the most successful and popular regional show in South Australia.



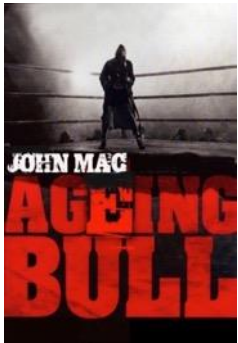
Meanwhile back in the Men's Shed, our local GP, Dr Ellie Batterham, *volunteered* her time to speak to us about Men's Health in our community. Dr Ellie wanted to find out from our members, who had dressed up for the occasion, what thoughts they had on the healthy lifestyle facilities in our town or, more to the point, the lack of facilities. These comments really stirred up the members and a heated dialogue ensued. Why aren't there more facilities in Mount Pleasant? Where do our elderly citizens go to maintain a healthy fitness regime in Mount Pleasant?

Dr Ellie's visit certainly put the cat amongst the pigeons. So, to bring calm back to the group, Roger fired up the barbecue and it was three cheers for our visiting mentor. Standing around the barbecue, discussion centred on what could be another major project for the Mount Pleasant Men's Shed to consider - one that will bring another level of health and well-being to our town. A Volunteer's bonanza, and it will be fun making this project another reality.

cont'd from p 5



I am reminded of some prophetic and inspiring words from Dr Brendan Nelson, former politician and now Director of the Australian War Memorial, "The most important things seem to be funded by cake stalls and raffles - the most important things in life always are." He was referring to how, in 1914, Volunteers united for the war effort and now, in 2017, Volunteers in Mount Pleasant maintain that responsive and united effort.



Ready for the Men's Shed..

Well – perhaps I am a bit crotchety now, and perhaps not as easy to know,

But it's hard to accept that my grip on the plough is less than it was years ago.

It goes hard that the knowledge won over a life is casually bulldozed aside,

And that fact is fatal to my self-respect, and whittles away at my pride.

I tend to repeat my opinions a lot, and I do like to have my own way,

But tell me, what else had an older man got to enjoy, at the end of the day?

A library burns when an old man dies, said the Ancients, and they must have known,

While you're hard at your labours, the golden hour flies, while you battle to care for your own.

Am I now to be silent, enjoy no respect, useful for nothing at all?

Must I quietly fade out, and never expect, to be given the chance to stand tall?

I have fought the hard fight, worked for a place, in the glow of the afternoon sun,

My story is told in the lines on my face, honour me for the race I have run!

WHB – In memorium

MOUNT PLEASANT MENS SHED

SPANNER IN THE WORKS #3 A FREE MENS HEALTH WORKSHOP WHEN WAS YOUR LAST SERVICE?

DATE

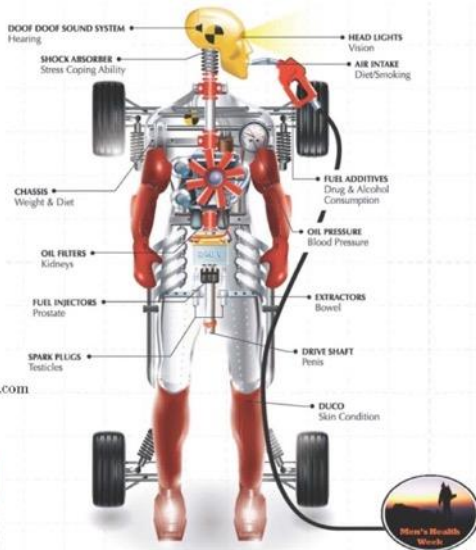
Wednesday 4 October 2017
2.00pm and 5.30pm

VENUE

Mt Pleasant Soldiers' Memorial Hall

CONTACT

Murray Henderson
0498 489 344
murrayhenderson4@bigpond.com



INFO STALLS: Alzheimer's, Arthritis, Cancer Council, Cardiac, Continence, CoTA, Hearing, Optician, Prostate, Relationships, Stroke, Vet Affairs
MEDICAL: Mount Pleasant Hospital, Talunga Clinic and Mount Pleasant Pharmacy
CATERING: Tea and coffee all day – purchase an early evening meal from Crazy Chooks

MOUNT PLEASANT MEN'S SHED

Wednesday, 4th October !

Pete – The Peripatetic Poet



MP - 175 years in 2018 !

We will be celebrating Mount Pleasant's 175th Birthday in 2018.

With several significant town buildings also celebrating milestones, we are interested in hearing if any organisations or individuals have any ideas or suggestions about how we may mark these events. Please contact Paula:

e - info@mountpleasant.sa.au or
t - 85682126



Support for Families

Barossa Valley Family Support Meetings

Do you have someone in your family or a friend affected by drug addiction or you think they are? Not too sure what to do or where to go to get some help or information?

Family Drug Support (FDS) is a not for profit organisation with funding assistance from Drug and Alcohol Services South Australia (DASSA) who provide support and information meetings for families who are struggling with loved one's drug and alcohol addiction. Previously families from the Barossa and surrounding districts have had to travel to Adelaide to attend these meetings. Following the Public ICE Information Evening hosted by the Southern Barossa Alliance (SBA) at St Jakobi in July, the benefit of having local meetings in the Barossa was identified. Funding has now been provided by DASSA to hold FDS run Family Support Meetings in the Barossa as follows:

Venue: St Jakobi Lutheran School, Lyndoch Valley Rd, Lyndoch
 6 - 8 pm Mon 23 October
 6 - 8 pm Mon 20 November

The meetings will be run by Kath Ashton (OAM) from Family Drug Support

The Family Support Meetings are non-religious meetings open to family members, friends, etc., of a drug (including alcohol) dependent person and are held in a non-judgemental, safe environment.

At the support meetings coping strategies and information are provided to help support families and friends to lessen the impact of drug dependence on their lives.

The meetings will also give you the opportunity to share your story, if you wish, and as other people share their experiences for you to understand that you are not alone. Most attending will have travelled the same road.


All are welcome. The meetings are not restricted to those who attended the ICE Information evening, however the meetings are not suitable for the drug dependent person, or people under 18 years of age.

Contacts:

FDS Kath Ashton Ph: 0401 732 129
SBA Simon Taylor Ph: 0439509207

FDS Website: www.fds.org.au

If needed, trained volunteers manage the FDS 24/7 support line on Ph: 1300 368 186



Don't forget to send Paula your recipes for the '175 Recipes' Book!
info@mountpleasant.sa.au



ZEST FEST 2017
 A FESTIVAL FOR MODERN AGEING
 Saturday 7 Oct To Friday 27 Oct

EAT WELL to AGE WELL

Wednesday 25 October - 10.30am
Nuriootpa Library
Cost \$2 - includes morning tea

Come along and learn how to Eat Well to Age Well with Suzannah Smart, an accredited dietitian and nutritionist.
 Topics will include:
 A healthy diet for a longer life
 Eating to help with age related illness
 Healthy recipes to take home

Bookings essential - Phone 8563 8440



smart start dietetics
 suzannah smart | dietitian and nutritionist | barossa valley

NEW BOOK DISCUSSION GROUP

Interested in joining a book discussion group? The new Book Group is still welcoming members, contact Julie to register interest, 8563 8440



Need help with technology?

Free one-to-one digital learning sessions

FRIDAYS @ NURIOOTPA LIBRARY
10am-2pm

Jump into Adult Learners' Week with a Go Digi session. Bring in your charged device or use a library PC. Get assistance using your smartphone, tablet or laptop. Sessions are aimed at getting you started with technology help.

Bookings essential phone 8563 8440



Open State

28 September - 8 October
 Adelaide, Australia
openstate.com.au



Community Dinner

Another great crowd – and the return of the Ladies of the Night. Roasts were back on the menu and it was a bit of a battle keeping the webbers going with the strong winds playing havoc with cooking times, but Ange and the girls still managed to produce their signature roasts and veggies for a hungry – and appreciative crowd. This time Angela Nabb had the daunting task of cooking the Sticky Date Pudding – to Pauline’s recipe! The first time she’s ever done it – and it was scrumptious! Only two more dinners for this year – with the next one being an Italian theme! Bring your appetites!



Angela Slagter

MP Community Dinners

Another good meeting for the Street Party group, with all conveners on track. Glynnis has been sending out invitations to groups, organisations and individuals to take part in the parade, and Kath and the Sponsorship group have been busy accumulating some great donations for the competitions and raffles. Nicole and her helpers are organizing some fabulous food and craft options and if you go hungry – it won’t be because of a lack of variety!

Information will go out shortly regarding the Best Decorated Residence and Business – which will be awarded at the Street Party instead of waiting until Australia Day as in the past. For the poster competition we are asking children to tell us what the Parade & Street Party means to them.

Many people have also expressed an interest in helping on the day – rather than being on the group - and we would like those people to contact us so we can add them to our list of helpers. Thank you to everyone for their support.



Jules Montgomery and her helpers organized a hugely successful Quiz Night, which raised money to go toward this year’s Street Party. Our Quiz Master was Murray Henderson and we thank him for the great job he did – but not for the curly questions!





South Australia Country Fire Service

success. Almost 120 people attended, and the "Monster" raffle was a major factor in the fund raising aspect of the evening. Our very sincere thank you to the more than a dozen local businesses and individuals who donated prizes for the evening.

Preparations are well under way for what is expected to be an intense Bushfire season this Summer. A combination of good rains this year, and comparatively few fires last season means that the fuel load is now high. Both our Mt Pleasant based fire trucks have had a full pre-season maintenance schedule completed, and are fully operational. The volunteers are well trained and well equipped, ready to serve our community and assist neighbouring community volunteers when needed. During the "Off" season we have conducted shared trainings with neighbouring brigades, resulting in operational familiarity with each other's resources and personnel. WEEKLY TRAINING RESUMES from the first Tuesday in October, and new recruits are welcome to attend. Full training and personal protective apparel is provided, and the variety of activities involved in running and maintaining a volunteer brigade means we have a meaningful and useful role for everyone. No-one is required to attend any incident for which they would need to move outside their comfort zone.

We will be providing information and advice to locals at this year's BUSHFIRE AWARENESS week, and both trucks will be at the oval on October 28th in support of this activity. Meanwhile, it's timely to tidy up and dispose of flammables around your property and develop and practice your family Emergency Plan now.

Contacts for Mt Pleasant include:

Peter Wilde:	0418251943
Andrew Easton (Capt.):	0429485005
Sue Streich (Admin.):	0407978757 and
Glynn Jackson (Cadet Co-ordinator):	0490143514

Peter Wilde



Emergency
Dial 000 or Teletype 106



Police Station turns 150!

A group of us gathered in the old Police Station office on the 17th September to celebrate the 150th anniversary of the laying of the foundation stone. Steve & Chris Birrell bought it a few months ago and are enjoying bringing the house, office and land back to how it might have been when first built.

"From the early 1840s mounted constables came from either Gawler or Mount Barker to undertake cases in the Mount Pleasant district. In 1856 a police station opened at Gumeracha, after citizens of the Hundreds of Talunga and Tungkillo had petitioned the previous year for a police station and courthouse at Mount Torrens.

The first section of the Police Station was started in 1867 and occupation occurred in February 1868. It was built during 1867-1868 at a cost of £1,045 with the contractors being Hall and Press.

George Melrose laid the foundation stone of the station, and the crowd ended the ceremony with three hearty cheers to Her Majesty." (Quiet Waters By - Reg Butler)

Chris & Steve are working with the community to include the Police Station in the 175th celebrations next year. Watch this space!



Friends of the Mount Pleasant Hospital

The Friends held a Trading Table and Sausage sizzle in front of the post Office on a cool, but mercifully dry, Thursday, 28th September. Again the table was groaning with lovely hand made goodies to buy – including biscuits and jams, and some wonderful hand knitted garments and hand-sewn items. Les reigned supreme over the grill and the smell drew many people in as they came to pick up their mail.

Better than Bunnings!



Weekend of Dance

The Mount Pleasant Weekend of Dance has been attracting dancers from South Australia and interstate for 25 years. The dance group was started in 1990 by Barb and Bill Tapscott, and the first weekend of dance was held in 1992, and annually since.

This year 21 members were among the volunteers who helped prepare for the August weekend, and whilst numbers of social dancers is dwindling in the metropolitan areas, there is still a large band of older people attending the three day dance weekends. Barbara and Bill taught a new dance – including all the right terminology, which was impressive, and the ‘learners’ had no trouble following her instructions. Peter Hutchins provided the music and there were great raffle prizes including two small wooden tables made and donated by Kevin Mann, who contributes regularly to the raffle prizes. Lunch was a fantastic offering including roast beef with crumbles for dessert.

The camaraderie, friendship and socializing was outstanding and everyone involved is to be congratulated.

Extract from Penelope Forster’s article in ‘Dancing Days’ – August edition.





Community events & information

The Totness Mill Boutique Market
 In the beautiful Barossa, a boutique market with a range of eclectic local handmade gifts and produce
October 7th 10am-3pm
Spring has Sprung
 155 Melrose street
 Mount Pleasant, South Australia
 for all inquiries contact Amie at totnessmill@gmail.com

EXPRESSIONS OF INTEREST
2017/2018 JUNIOR CRICKET
 MPSCC

Looking for players, committee members, volunteers or sponsors. If you are able to be part of Mt Pleasant /Springton Cricket Club, contact us via our Facebook page:

MountPleasantSprington-Junior-Cricket-Club

Mt Pleasant Tennis Club

Are you interested in playing Tennis? The Mt Pleasant Tennis Club would love to have you play for us. We have both Junior and Senior teams. For more info contact Nick Seager:
 m: 0448884721
 e: middlethorpepark@iprimus.com.au

Elysian Springs

Save the Date
PINK Day
26th November!



We're a little late coming to the party – but why not give Elysian Springs a try on the weekend? The weather is warming up and giving us crisp, clear days to enjoy getting out. Open Friday, Saturday or Sunday at 2920 Eden Valley Rd Mt Pleasant for tastings of their award winning, single vineyard estate grown wines.
(Old Partalunga Winery)



T.O.T.T. TOP OF THE TORRENS THEATRE GROUP INC. presents **THE PHANTOM OF THE TALENT FACTOR**
 by Robin Bailes
 Directed by David Evans
 by arrangement with www.lazybeescripts.co.uk
 Tickets from www.stickytickets.com.au or phone 85682496
 Adult: \$25 - Concession: \$20
 Students 16 & under: \$10
Bring your own nibbles and drinks.
 Mt Pleasant Soldiers' Memorial Hall
 Friday 17th & Saturday 18th Nov, 2017 at 7.30pm
 Matinee Sunday 19th November at 2pm
 Gumeracha Town Hall
 Saturday 25th November, 2017 at 7.30pm
 Matinee Sunday 26th November at 2pm

School holiday



Rusty's Riding Retreat offers clients a range of lessons and trail rides to suit all ability levels. Our clients

really enjoy the variety of scenery from the wide open spaces to the quiet natural tree arcades through the forest on our trails.

Lessons: \$50 per hour

Trails: \$75pp for one hour

\$95 pp for two hours

\$110pp for a package of a one hour lesson and a one hour trail. Recommended for first time riders with a saving of \$25

BAROSSA BUSHGARDENS & BAROSSA COUNCIL PUBLIC LIBRARY INVITE YOU TO!

2017 NATURE PLAY FESTIVAL

Nature Play Festival
11-12 OCT 2017

FREE EVENT, 3-12 YRS

**MUD CAFÉ | MANDALAS | BUSHCRAFTS
STORYNOOK | SANDPIT | WEAVING**

WEDNESDAY OCTOBER 11 & FRIDAY OCTOBER 13
10AM-2PM
(BUSHGARDENS ENTRY OFF RESEARCH ROAD)

For enquiries contact Barossa Bushgardens 0563 8330
or Barossa Public Library 0563 8440

SCHOOL HOLIDAYS

OCTOBER 2 - 15

GET READY FOR SOME AMAZING SPRING SCHOOL HOLIDAY FUN

Week 1 : Get your craft on!

- Paint & Plaster Fun
- Beading Craft
- Working with Wood
- Robotics with Edison

Week 2 : Get Out There!

- Come and Try Zumba
- Veg Out! at Barossa Nursery
- Smart Snacks with Suzannah and Bike n' Blend
- Nature Play Festival

smart start dietetics
nutrition | food | fitness and wellbeing | barossa valley

Bike n' Blend

BOOKINGS OPEN TUESDAY 12 SEPTEMBER
PHONE THE LIBRARY - 8563 8440

8 Ball Aitken
SWAMP ~ BLUES
SLIDE GUITAR

SAT 21st OCT

The Totness Inn
8 PM

Mt Pleasant SA

FREE SHOW

Download on iTunes | Instagram | YouTube | Facebook

Inaugural Memorial Run+ SHOW & SHINE

All Bikes, Special Interest Vehicles & Hot Rods welcome

\$50 entry fee for participants
Includes ticket into raffle

Sunday October 15th

All proceeds going to Miracle Babies

*** SPECTATORS * GOLD COIN DONATION GREATLY APPRECIATED**

BYO picnic or sausage sizzle available
8am start Tea Tree Plaza Car Park (opposite McDonald's)
11am arrival Mt. Pleasant Talunga Oval

PROUDLY SPONSORED BY SHANNONS INSURANCE & TENAFEATE

CREEK WINERY ONE TREE HILL
In Loving Memory of Levi Shane Vanin

To enter your vehicle & for more info go to
<https://give.everydayhero.com/au/live-on-levi>



Car Boot SALE

LIMITED SPACES BOOK NOW

& Pop Up Op Shop
 Saturday **21st October**
 SM Hall
8 to 4
\$10
 car or trestle
 +
 sausage sizzle!

Raising money for community projects.
 Contact Di Anderson:
 0407 682 428

Ladies of the Night MPMS

Friends of the Mt Pleasant Hospital

Open Garden

10 to 4
28th & 29th October

*At the home of Roger & Barbara Beveridge,
 Pool St, Birdwood*

\$6 entry includes Tea or Coffee & biscuits.

WILLIAMSTOWN AMATEUR PLAYERS
 -PRESENTS-

JACK AND THE MAGIC BEANS
 -A PANTOMIME-

WILLIAMSTOWN SOLDIERS MEMORIAL HALL

FRI 13 OCT @ 8PM
 SAT 14 OCT @ 2PM & 7PM
 FRI 20 OCT @ 8PM
 SAT 21 OCT @ 2PM & 7PM

BOOKINGS: 0422 353898
 Adult \$12 Child \$6 (up to 16 years)

SPRING Fair

10am 'til 3pm
SUNDAY 22nd OCTOBER
SPRINGTON HALL & PARK
 Graetz Terrace, Springton

- delicious home baked eats 'n treats
- plants & preserves
- local wines
- morning & afternoon tea
- live music
- clothing & accessories
- books, bargains & bric-a-brac
- lawn games, animals & kid stuff
- country BBQ
- mega raffle
- market stalls

For stall bookings or further information call Diane Picard 85682709.

Fun and food for all! Brought to you by Springton Progress Association Inc.

What's on in October...



Please note change:

RSL AGM

Sunday, 22 Oct @
5pm



Events

Date	Event	Details
4 Oct	Spanner in the Works?	2-5.30pm, SM Hall
7 Oct	Totness Mill Boutique Market	10-3pm, Totness Mill
13, 14 20 & 21 Oct	Jack & the Magic Beans <i>Pantomime</i>	Williamstown Soldiers' Memorial Hall
15 Oct	Show & Shine – Bikes, Cars & Rods	Talunga Park from 11.30am
16 Oct	Street Party meeting	7.30pm, SM Hall
21 Oct	Car Boot Sale & Pop Up Op Shop	10 to 4, SM Hall
21 Oct	Aitkin sings Blues at the Totness	FREE from 8pm @ Totness Inn Hotel
22 Oct	Springton Spring Fair	10-3 <i>Springton</i> Hall & Park, Graetz Tce
28 & 29 Oct	Beveridge Open Garden	Pool Street, <i>Birdwood</i> (Friends of Hospital)

Meetings

+ Check the website for more:
www.mountpleasant.sa.au

* Please note that in Winter, CFS training is fortnightly.

Committee / Group / Organisation	Details
Art Group	10-2, 2 nd & 4 th Friday @ MP Library
* CFS Training	Every Tuesday @ 7pm
CWA	1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall
Community Dinners Group	1 st Tuesday, 6.30pm @ Mt Pleasant Hotel Motel
Friends of the Mount Pleasant Hospital	10am, 2 nd Tuesday
Men's Shed	9.30am, alternate Wednesdays @ The Men's Shed
MP District History	1-4pm, every Thursday @ History Rm, SM Hall
MP Farmer's Market	8-12, every Saturday @ Talunga Park
MP Inc	6.30pm, 2 nd Tuesday @ MPNRC
MP Show Society	2 nd Monday
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Red Cross	1.30pm, 4 th Thursday @ SM Hall
RSL	2 nd Tuesday Social gathering
RSL	Alternate month, last Sunday - Bi-Monthly meeting
SM Hall VAC	7.30pm, 4 th Monday @ SM Hall
Talunga Park VAC	1 st Monday @ Talunga Park
Writer's Group	10-12am, 2 nd & 4 th Thursday @ Library

👍 Thank you:

Thank you to those businesses that have agreed to distribute the newsletters.

Editors:
Sue Barrett &
Paula Bartsch



+ Contact us:

If you wish to be notified when the newsletter is available online, please contact us via -
t: 0403012339 or
e: info@mountpleasant.sa.au
mountpleasant.sa.au or
mpbeat

