



Violet



Although the day was icy, those who attended Violet Day this year were toasty and warm. (If you recall, last year the air-conditioning was installed the day AFTER Violet Day!). This year we were entertained by the Chicago Showband, which many of you may remember seeing at previous Street Parties and also playing at the Market. They are a great act, and as promised, performed an ABBA medley later in the day, which had everyone (and we mean everyone) up and singing. George even grabbed Yvonne and whirled her around a bit, while Merry and Meg sung their hearts out on the sidelines. (Perhaps they may even think of including their own ABBA medley in a future TOTT performance?) Sadly, Barrie, who'd had his own party with some old colleagues arrived too late to dance, but we'll make sure he has his dancing shoes on next year!

During the proceedings a special presentation was made to our own Kath Fisher (pictured). On behalf of the Street Party Group, Kath was presented with the Premier's Certificate in recognition of her Outstanding Volunteer Service. Kath is the Sponsorship Convener for the Street Party and was instrumental in gathering support from our wonderful business community for the Street Party last year. She is always reliable and very friendly, which is why it appears so many people find it hard to say 'no' to her!

We all had a fantastic day and it is due in no great part to the aforementioned Kath and members of the Red Cross branch, as well as those wonderful people who donated their time and delicious food to raise money for the Mount Pleasant District Historical Research Group.

Paula has recently purchased a much better camera to record those fragile items in the collection so they can be preserved and enjoyed for many years to come. Besides paying the insurance, we have quite a few more things on the wish list, so the proceeds from Violet Day will go a long way towards attaining these.

There are quite a few out-of-town things included in this newsletter, as even though it's chilly in town, Adelaide is jumping in July. Please check out the Bits & Bobs and Events pages, and also the Weekend notes website, which is fantastic for unusual events and occasions.

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+ Coming events

August:

- SALA @ MP
- SALA @ Springton
- Fleece & Fibre Fair
- Weekend of Dance

- make a difference -

COUNCIL ELECTIONS

- 2018 -

ENROL
by 10 August 2018

NOMINATE
by 18 September 2018

VOTE
must be received by before 5pm
Friday 3 November 2018

Violet Day cont'd from





Join the challenge and 'Choose To Refuse' single-use plastic during July. Imagine a world without plastic waste. That's our mission – to build a global movement that dramatically reduces plastic use and improves recycling, worldwide. By encouraging people to be more aware of their plastic use, we can create a cleaner world for generations to come. Part of this involves supporting behaviour change and helping others habitually #choosetorefuse shopping bags, straws, takeaway containers and coffee cups – just to name a few. Don't forget that you can recycle soft plastics at the Market. The Library also has recycling bins for phones, make-up and other goods.

2018 Councils Elections timetable	
Roll close	5pm Fri 10 Aug 2018
Nominations Open	Tues 4 Sept 2018
Nominations Close	12 noon Tues 18 Sept 2018
Mail out of voting materials	Mon 22 - Fri 26 Oct 2018
Close of voting	5pm Fri 9 Nov 2018

September is full!

There are events on 4 out of the 5 weekends. Always something to do here!



Craig Reucassel's War on Waste returns to the ABC Thursday 24th July.

save the date

SA SPRING GARDEN FESTIVAL
- MOUNT PLEASANT -
8AM-3PM, SAT 22 SEPT, 2018
ENTRY: \$5/person, Children under 15 free
saspringgardenfestival.com.au

Explore a great range of stalls featuring quality plants, garden furniture, decor and garden care products. Meet our guest speakers and uncover the secrets to a successful garden!

Proudly sponsored by and will be run in conjunction with the MOUNT PLEASANT FARMERS MARKET INC WWW.MPFY.ORG.AU

Supported by:

Have you ever considered how every day life is improved by the many services council provides? Each year council makes important decisions about how to allocate rate payers funds to the vast range of programs and services it provides.

We want you to have your say.

To find out how please visit your council's website or contact your local councillor today.

- council -
PART
- of your -
EVERY DAY.

the Closer you are the more we care

Mount Pleasant Farmers Market Inc
 132 Melrose St,
 Mount Pleasant
 South Australia 5235
 Phone: 0418 301 121
 Fax: 08 8568 2699
 Email: managempfm@bigpond.com
 Web: www.mpfm.org.au



Time Capsule Launch

This won't come as a surprise to those in the know, but they certainly do things a little differently and entertainingly in Mount Pleasant. Normally and ordinarily, time capsules are 'buried'. However, to celebrate it's 175 years as a town, the Mount Pleasant Farmers Market decided to launch the specially constructed, rocket shaped capsule to a height where it will remain in orbit for all to see over the next 25 years. The time capsule will hover high in the Mount Pleasant Wisteria Atrium until splashdown in 2043.

To celebrate the countdown and lift-off, a special launch lunch was held in the Wisteria Atrium following the Farmers Market on Saturday 16 June.

MC Genevieve Hebart, Manager Mount Pleasant Farmers Market, welcomed visitors to the ceremony, acknowledged the traditional owners of the land, The Peramangk people, and paid respects to their Elders both past and present.

Genevieve introduced Hon. Stephan Knoll, Minister for Transport, Infrastructure and Local Government and Minister for Planning as well as special guest Brian Pym, former Chairman of the Mount Pleasant Council, who had been asked to officially "launch" the time capsule rocket!

The Barossa Council was represented in force by Mayor Bob Sloan and Robin Sloan, Deputy Mayor Michael (Bim) Lange and Councillor David de Vries. With the Mayo by-election in full swing, candidates, Rebekha Sharkie, Georgina Downer and Major Sumner were keen space watchers. Rebekha has been a regular visitor to, and supporter of various projects in Mount Pleasant.

Around the country, while state governments are vying for the business opportunity to host the headquarters of Australia's new space agency, Mount Pleasant is ahead of the



From top left: Genevieve Hebart welcomes guests, Stephan Knoll addressing the crowd, part of the audience, John Bowd, Bim Lange & Major Sumner.



Cont'd on page 5

From page 4

game with the launch of the time capsule.

Many facts and discoveries in our solar system and further out in space, have been interestingly explained by astronomer Professor Brian Cox, and others like him, and with Terese Stephens at the helm, the Mount Pleasant Farmers Market has joined the Space Race. Together with local historian, Paula Bartsch, over the last 6 months, the history of our town has been collated and sealed in the capsule to be opened in 2043. Local businesses, sporting clubs, the Primary School, Kindy, Hospital, CFS, Farmers Market, Top of the Torrens, CWA and the Red Cross just to name a few, have all provided items from the past and present to be encapsulated in the time capsule.

As a lead up to the launch, special guest Hon. Stephan Knoll, a long term supporter of Mount Pleasant, left a transport conference in Adelaide to attend the launch. Stephan spoke of his association with Mount Pleasant and the Farmers Market and believes that his involvement in the launch and the experience gained will augur well in our state's bid for space supremacy.

Before starting the launch countdown, Brian Pym spoke of the long history of his family involvement in local council. His great grandfather was elected to the Tungkillo Council in 1883. Mt Pleasant was originally included within the Tungkillo Council boundary. Brian was elected to Council in 1957, the rural areas wanted someone elected from the local Primary Producers Association, a very strong group in those times, to represent local farmers and the rural industry. He was an elected member of the Mt Pleasant Council as it was then, and held this position for 36 years. During that time, he was the chairman for 16 years and vice-chairman for 20 years. He was also a representative on the State executive of the Local Government Association. Additionally, he was also an energetic player for Mount Pleasant in football. Brian retired from Council in 1993 and still lives on his family property at Rockleigh.

Powered by the well wishes of the Mount Pleasant community, Brian started the countdown and history was made. The time capsule roared and soared into the Atrium's lofty space and then very quickly returned to the launch pad to be securely stationed on its own historic 'high' for the next 25 years.

Sponsored by the Mount Pleasant Farmers Market and crafted by the skilful, surgical hands of John Bowd, carpenter, architect and Men's Shed treasurer, the time capsule has blasted Mount Pleasant's history into the future.



One thing you can be sure of is that, in 2043, the residents of Mount Pleasant will not have to scratch their heads and spend time searching for the time capsule as usually happens when a history pod is to be exhumed. The Mount Pleasant Time Capsule is in place, and there for all amateur astronomers and other visitors to see as they search the universe around the Mount Pleasant Showgrounds.

John Mac – Roving Reporter

Pictured left and above: Enjoying the tasty Korean dishes offered for lunch by the Farmers' Market Breakfast crew. Delicious!



The Launch Encapsulated

There once was a good man named Bowd
Who was launching a rocket to cloud
But the missile got stuck
A bit of bad luck
And collapsed in a heap on the crowd!



GH

Men's Shed-ding

A Mentally Healthy Shed is a Happy Shed

Every month seems to celebrate some type of 'International Day'. This month, June, had *International Fish and Chips Day*! What? - I don't believe it!

'What next?' I hear you say? Well, what about *International Gourmet Burgers Day*, or *International French Onion Soup Day*? Well they DO occur - 28th May was *International Hamburger Day* and 12th January was *International French Onion Soup Day*!

Our stalwart, Les Fisher, reckons that *International Metal Detecting Day*, recognised on 20th May each year is 'spot on' and, furthermore, there should also be an International Car Boot Sale, or Garage Sale, Trash and Treasure or Swap Meet. Whatever it is, one can bet that Les will be there. Although, I suppose *International Recycling Day* on 2nd May could just about cover all of those suggested by Les.

Then, one can celebrate International Women's Day on 8th March and International Men's Day on 19th November.

However, all this pre-amble is leading to the subject of **International Men's Health Week**, 11th -18th June. Men's Health is primarily what the Mount Pleasant Men's Shed is all about. There is no doubt that making bread boards for the missus, possum boxes for the RSPCA, wicking beds for the 2018 SA Spring Garden Festival or some weaving frames for the ladies in the Mount Pleasant Day Centre is all good for morale; however, the underlying emphasis and boost is for Men's Health.

Heart Foundation
Walking



After the Grand Opening of the Mount Pleasant Men's Shed back in February, to coincide with International Men's Health Week, in June, two of our members, Bob Long and Murray Henderson kicked off our Men's Health programme with an introduction to a ramped up activity associated with the Heart Foundation ...

On Wednesday 13th June, Murray and Bob co-presented a Men's Health workshop. What had been discussed for weeks past was officially confirmed and whole-heartedly endorsed. Murray opened the workshop, speaking on both the benefits of walking and the essentials when exercising. The benefits, of course, speak for themselves with the indisputable resulting improvement in health. The

essentials, Murray determined, would be more related to longer walks; however, as with all innovations it is best to start early, taking small steps into one's stride. Walkers should ensure that they wear strong shoes, preferably boots, socks to protect your feet, clothing to suit the expected weather, suitable headwear and sun protective cream. It is also very important to carry a supply of water. Murray demonstrated with his bladder to the amusement of the group.

The meeting then plunged into chaos when Bob rose to his feet and stripped off his coat to reveal a Victorian VFL State Jersey while constricted by a harness similar to the restrictive 'cilice', or 'mortification of the flesh' as worn by members of Opus Dei (reference *The Da Vinci Code*). When the pandemonium died down, Bob spoke on the importance of exercise with the whole of the body, including the lungs with breathing and singing. Bob also revealed that his 'cilice' was, in fact, an expanding harness to draw the shoulders back. Les Fisher tried it out and determined that the harness was 'wearable'. Apart from being an inaugural member of the Mount Pleasant Men's Shed, Bob is also a second tenor in the Lobethal Choir, so is able to hold a note.



Following the workshop, a regular Walking Group was formed to meet on Monday and Wednesday mornings, rallying at the Mount Pleasant oval pavilion at 8.00am, starting with a short series of warm-up exercises, followed by a couple of turns around the oval. The walk will finish with some cooling down moves, a bit of a discussion about the next group walk before setting off to our own devices ... until the next walk.



After the first week, the numbers have swelled to 10, if you include Rusty, Hartley's dog. The walking photographer is out of the picture, behind the camera.

In the following weeks, the distance may be increased to a couple of kilometres - or, whatever suits the group. The goal of 'Walking for Your Health' is to maintain the regular walking days of Monday and Wednesday, then maybe

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increase to 3 days a week. Once the walking group is settled, some regular walks around Mount Pleasant over different distances may be explored ... perhaps including a walk from the Men's Shed to 'The Olives' and back, culminating in a tea break prepared by our Walk Organisers.



Murray and Bob have suggested that we take advantage of our Prime Minister's initiative to 'Walk a Million Steps', a Heart Foundation program to get people off their couches and out walking. "Walking for an average of 30 minutes a day can lower the risk of heart disease, stroke, and diabetes by a third," according to Prime Minister Turnbull said, adding, "I encourage all Australians to join us and start with a few steps, because those few can quickly turn into one million, and a much healthier, more active future for us all." Well, people, we have started with those few steps and now we are looking for challenges. Roger Trudgen would like to take on the Kokoda Track; however, Hartley Ramm reckons the Sandakan Death March trek may be more in keeping with the Mount Pleasant summit walk. John Bowd has already done the Kilimanjaro Trek and the Everest Base Camp climb; Murray, John and Don Barrett strode around Kangaroo island for five days and, even closer to home, George Harrison and Barrie Mills walk back to their residences from the hotel every Friday night. So it can be done.

So, what is next on the agenda of the Mount Pleasant Walking Group? You could well be surprised, but will have to wait for the next exciting episode of *Walking for Health in Mount Pleasant*. In the meantime, be aware that if you walk behind a car you will become - exhausted!

Step outside - and join the Mount Pleasant Walking Group. For further information:

- MP Beat
- Post Office Noticeboard
- Murray 0439 385 291
- Bob, 0498 489 344



MPMS
Mount Pleasant Men's Shed

JMac
Men's Shed-der

MP Men's Shed
- now open every Wednesday!

L to R: Bob proving once and for all that you don't need fancy clothes to walk, and Murray chatting with the blokes about walking for health.



Half Wine Barrels



\$50 ea.



MPMS
Mount Pleasant Men's Shed

tel: 0400019586

5 WEIGHT-BEARING EXERCISES you can do right now.

1 SQUAT
Stand with feet slightly wider than shoulder-width apart. Bend or hinge 30 to 40 degrees at the hips, shifting them back and down as you bend your knees. Lower yourself to a comfortable position. Your knees should not extend past your toes. Push through your heels to return to the starting position. Repeat 10 times.



2 SINGLE LEG STANDING WITH SUPPORT
Stand with feet shoulder-width apart. Bend one knee slightly and slowly lift that leg 3 to 6 inches off the floor. Hold for 10 seconds before returning your foot to the floor. Repeat 10 times for each leg. Challenge move: Lift your leg higher, so your thigh is parallel to the floor.



3 SIT TO STAND
Stand with a sturdy chair behind you, knees just in front of the seat. Bend at the knees and hips, slowly lowering yourself to a sitting position. Pause, then stand up. Use a chair with arms for extra support. Repeat 10 times.



4 STEP UP
Stand in front of a low step with feet shoulder-width apart. Place one foot firmly on the step. Push through the heel, bringing the other foot onto the step. Slowly return one foot to the ground, then the other. Repeat 10 times for each leg. Challenge move: Use a higher step.



5 FORWARD LUNGE
Stand with feet shoulder-width apart. Lift one foot and step forward, planting your foot firmly on the ground. Slowly shift your weight onto your front foot, lowering your body to a comfortable position. Return to the starting position. Repeat 10 times for each leg.



TIPS:
Hold onto a railing, the back of a sturdy chair or a countertop for support. Make each exercise more challenging by doing more repetitions, performing the movement without support, or holding weighted objects.

Marshfield Clinic
Don't just live. Shine.

Time Capsule History Walk

WATCH THIS SPACE

The weather was gorgeous for all of twenty minutes, and it might have cleared up – but we weren't taking any chances! Paula will re-schedule a history walk for those interested in the next few months – so watch this space!



Writer's Workshop

Paula & I will be attending a Writer's Workshop in Naracoorte over the weekend – which is why the newsletter is out a day or so earlier. We are hoping to come back bursting with ideas for books and articles to write and pass on.

At the right is a sneak peek of one of the displays at the 'Age of Elegance' exhibition (info page 16) on at Ayers House until the end of July. Well worth the visit.

I'm a great believer in women getting a fairer share of the cake they've baked.
(Glenda Jackson)

Sue B



The '175 Recipes' Project



Don't forget to send Paula your recipes for the '175 Recipes' Book!

info@mountpleasant.sa.au

We've had a great response so far, and we're looking forward to hearing your stories and trying the results. We'd like to have them in as soon as possible so we can collate and print them.



Celebrating the Centenary of the Rail link to Mount Pleasant 16th September

Do you know anything about the history of the railway in Mount Pleasant?

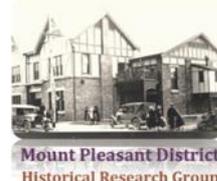
Are you a train buff?

Do you have any railway memorabilia?

Would you like to be involved?

Please contact Paula at:

pleasanthistory@gmail.com



Paula Bartsch
Historian

Pete's Poem

Sodawater and Champagne

Life is a blend of pleasure and pain,
Days bathed in sunshine, or shrouded with rain.
So much to lose, but so much to gain,
Some days it's Sodawater, some days it's Champagne.

Sweet, well-earned respite after back tearing toil,
Bring in the harvest after building the soil.
Blessings to count, goals to attain,
Some days it's Sodawater, some days it's Champagne.

The loss of a loved one, birth of a child,
A lifelong friendship, pure, undefiled.
Watching the seasons roll 'round again,
Some days it's Sodawater, some days it's Champagne.

The Curse and the Blessing, Life does go on,
A whole new world, with the rise of the sun.
Thus whatever, while ever, in the race we remain,
Some days WILL be Sodawater, but some, Champagne.



Pete - The Peripatetic Poet



Adelaide Festival of Ideas



When: 12-15 July 2018
Where: Various locations across Adelaide
Cost: Free & ticketed events
Details: This festival will feature plenty of free & ticketed events including presentations, conservation seminars, roundtables, workshops, talks and more.

NEVER UNDERESTIMATE
THE PAIN OF A PERSON,
BECAUSE IN ALL HONESTY,
EVERYONE IS STRUGGLING.
JUST SOME PEOPLE ARE
BETTER AT HIDING IT
THAN OTHERS.



HEALTHYPLACE.COM

Wind Fallen Support Group – Coffee

22nd July – 2.30pm to 4 pm, Torrens Valley Community Centre, 45 Albert St, Gumeracha.

This is a kind, supportive group who listens, cares and understands. For those who have lost a precious child of any age, or sibling, suddenly. Whether it was from an accident, suicide or some other reason.....we didn't get to say goodbye. We are not here for fundraising, just here for supporting, in a gentle, calm and simple manner.

and Chat



Girls' Day In!

Last newsletter we were a little pushed for space, so – better late than never! The Springton Progress Association has put on some neat events in the past few years, and this was no exception. There were many stalls catering for all tastes – including make-up, jewellery, chocolate, soaps and candles, personal products, manchester and fashion. Marion's of Mannum provided us with a great fashion parade – including lots of winter woollies – which would not go astray now!
As usual, the Springton group also laid on a lavish spread, which was most welcome.



Pictured clockwise from top right: The lovely ladies who catered on the day, a selection of some of the stalls, the end of the fashion parade, the prizes on offer for the raffle, and a couple of ring-ins!

Community Association

The Community Association now meets on the same night as the Street Party. The AGM is scheduled for August, and we welcome interested people who wish to be a part of something bigger.

We have been discussing the Constitution and making sure the bank accounts for our various sub-committees were all in order. This was no mean feat since the nearest branch was nearly half an hour away, and we were given conflicting advice about the various processes we would have to undertake.

The next meeting is our AGM and will be held on Monday 13th August at 7pm.

Meeting notes are available on the Facebook page in the photo album 'notes from Meetings'.

Paula Bartsch
Chairperson



The public Street Party meeting was not what you'd call a resounding success, but even if you couldn't make it, but still want to contribute, please drop in to one of our meetings and put your name down. It's important that you do this as it makes it easier on the night to allocate jobs that are suitable for the volunteers we have.

We have been advised that the Mount Pleasant Progress Association has transferred the money from the Street Party account from last year to our new account, and we thank them for that. We would also like to take this opportunity to thank the MPPA Inc. for all their help, particularly Genevieve Hebart (Secretary) and Nick Manser (Treasurer).

Next meeting Monday 13th August. (No meeting in July)

MP Street Party Group



Red Cross AGM

the power of humanity



The Red Cross AGM was held on Thursday 28th and the following were elected:

Margaret Seager – President, Claire Simounds & Di Anderson – Vice Presidents, Kath Fisher – Secretary, Merry Schaeffer – Assistant Secretary and Elizabeth Hakkaranen - Treasurer.

A meeting was held after which the programme for the year was discussed – including the annual Garden Party, but the date will depend upon Sophie Thomson's availability. Planning has started for the Zone Gathering.

Community Dinner

Unfortunately, for the first time ever, we had to cancel the June Community Dinner as too many of our volunteers were unable to help – BUT – we will be back better than ever for our Christmas in July extravaganza! See you then!

PS: You are now able to purchase Community Dinner vouchers for \$20. Please see Di Anderson.

Angela Slagter - Convener



DATE:
Sunday 29th July, 2018

TIME:
6pm to 8pm

LOCATION:
Talunga Park pavilion

PRICE:
Under 12 yo's \$15/head
Adults \$20/head

Mt Pleasant
Community Dinner group

CARD Day Out

Or maybe a warm day out? The group from St John's get together on the first Thursday in the month to share lunch and play cards. They are a friendly bunch – and the smell of the delicious food was very tempting! Call 85682875 if you'd like to join them.



Blokes from Day Centre visit Men's Shed

The Men's Shed was host to the Men's group from the Mt Pleasant Day Centre last week. Teresa & Jan came with them to check out the progress of our shed, and after a sumptuous morning tea of scones and jam, they were shown the railway model the Men's Shed Monday group is constructing. They'll visit again in a couple of months to see if we made it in time for the September 15 deadline.



Elysian Springs

Friends of the MP Hospital

The Friends of the Mt Pleasant Hospital recently visited the new extension of the hospital, and all were impressed with the new building. The FOTMPH would like to say thank you to the community for their continuing support of their activities over the last 13 years including the Fetes at Glen Devon, numerous street stalls and Sausage Sizzles. All the money raised goes to support the hospital, and the members have worked hard to raise money for equipment and the extras needed in the hospital to make life a little more homely.

The Friends' latest project is to raise funds to purchase blinds and curtains for the new area and also tables, which the residents will need in the new area. Specific donations have also been received to buy a 75" T.V., and this has been purchased and is ready to go.

Over the last 13 years over \$160,000.00 has been raised, and our thanks go again to the community for their support and donations. A list of all the purchases are available on request.



Top: Bar @ Elysian

R: Wal & Marie & friend

Below: Musician Ben Povey- 16th Birthday!



Above: The usual suspects

Below: Tapas!



Pictured in the new area are: Back row - Brian Gillespie, Liz Love, Bob Love, Ricki Reuter & Paul Johnson (Treasurer)
Front row - Pauline Day (secretary), Barb Beveridge, Elaine Ivey, Christine Hubbard, Heather Reekes-Parsons, Jean McQueen & Virginia Carnell (President)

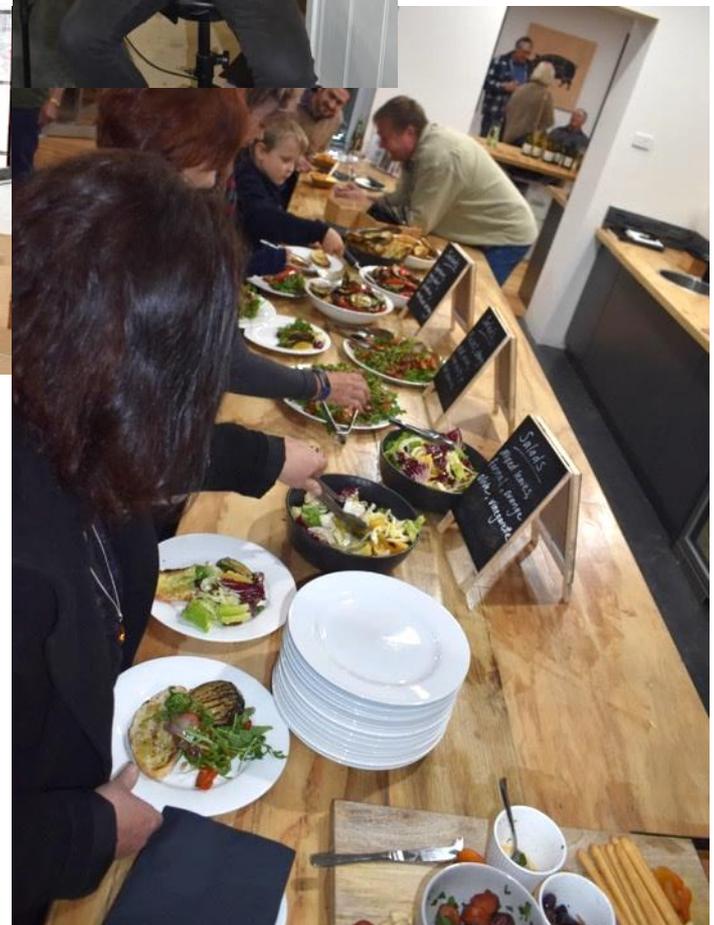
Absent: Alison Rathjen, Kath Fisher, Di Anderson, Babs Walter, Nancy Horsnell & Kath Phillips,

FRIENDS

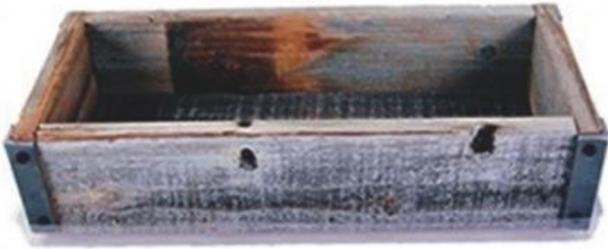


A Reminder that the A.G.M. will be held on 14th August.

Virginia Carnell - President



BITS & Bobs



Entries are now open! 2019 Barossa Photographic Calendar Competition

Send through your favourite images that best depict the Barossa for your chance to appear in the 2019 Barossa Calendar.

Entries close 13th July 2018.



mt pleasant walkers

8am Mondays & Wednesdays

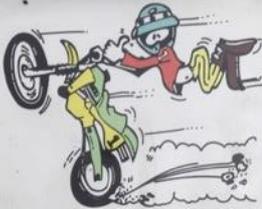
Murray - 0439 385 291 or Bob - 0498 489 344

SALA

Interested in being a SALA artist in Mt Pleasant for the month of August.

Any art medium welcome!
Contact Barrie for further information 0417 500 369

Lee's
SPOT ON
MOTORCYCLES



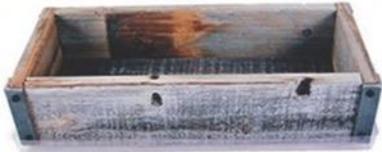
WINTER SALE

GLOVES JACKETS
BOOTS

50 % OFF



St John's Church Hall
available for hire. Call 8568 2875.
Good facilities – reasonable rates.



BIG BOOK SALE

Mark it in your diary...

The Friends major book sale is coming up soon

Barossa Council Chamber

Friday 13 July - Sunday 15 July

Open during Library hours

School holiday boredom busters
9 - 20 July

DIG A DINO CRAFTERNOON
 MOVIE AFTERNOON
 LEGO FUN COME N TRY KEGEL
 EDISON ROBOTICS ESCAPE ROOM

SCHOOL HOLIDAY PROGRAM AVAILABLE SOON FROM ALL BAROSSA LIBRARY BRANCHES

Young Writers' Competition 2018

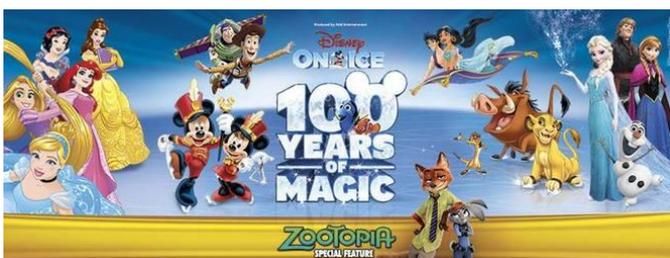
Entry forms are now available at all library locations for the 2018 Young Writers' Competition.

Write to the theme *Find your treasure*.

Entries close 5pm, Monday 15 October, 2018

barossalibraryfriends.org.au

www.facebook.com/FriendsOfTheBarossaLibrary



ANIME + GAMING E-BOOKS

Get anime, manga, gaming, cosplay at:
libraries.sa.gov.au/anime



AVCon is an annual Anime & Video Games Festival, that will be held at the Adelaide Convention Centre, 20-22 July 2018. AVCon celebrates the world of anime, gaming, cosplay, pop culture, art and more! There will be gaming, anime screenings and SA's largest Cosplay competition.

www.avcon.org.au

To tie-in with AVCon, a virtual shelf of 100 anime, gaming, cosplay and computer technology eBooks and eAudiobooks are available on the Libby by OverDrive platform.

www.libraries.sa.gov.au/anime



Barossa's LEGO® Fan Event

July 16 & 17, 2016

St Jakobi Lutheran School

208 Lyndoch Valley Road, Lyndoch SA 5351

NURIOOTPA LIBRARY

LEGO CLUB



Wednesdays and Fridays

4PM - 4.45PM | Nuriootpa Library

ages 6+ years

Starting Term 3, 2018

Come along to Lego Club - each week there will be new STEAM challenges and fun free time. Let your imagination and creations run wild

Bookings phone

8563 8440



Bits & Bobs

Weekend NOTES

weekendnotes.com

2018 ASSA NATIONALS

14 - 15 JULY

SASDC XP3020 TROPHY RACE

2018 ASSA NATIONALS

WHERE BIG FLAT, MT CRAWFORD
 ENTRY VIA GLEN DEVON RD, OPPOSITE MCBEAN RD

WHEN SATURDAY 14TH JULY - SUNDAY 15TH JULY

TIME SATURDAY AND SUNDAY 6:30AM DRIVERS MEETING (ALL DRIVERS)



Mannum Riverside Markets is an outdoor market and can be found on the first Sunday of the month at Arnold Park near the ferries from 9am till 2.30pm in Mannum SA. The market has an eclectic mix of over 30 stallholders, showcasing the best that our region has to offer. You will find delicious food, artisan jewellery, fine local handcrafted items, plants, candles, fresh produce and much more.

Adelaide Hills Winter Reds

27-29 July 2018



This event is running on selected dates until 29 July 2018. Age of Elegance is an immersive fashion installation in one of Adelaide's most beautiful heritage homes. Acclaimed costumier Marion Boyce has created a unique experience with more than 30 authentic period costumes organised into breathtaking tableaux that invite you to immerse yourself in a whimsical age of elegant living in Adelaide's grandest Victorian home.

Cost: \$20 adult, \$18 concession, \$15 National Trust members, Family (2 adults, up to 3 children) \$50, Student, \$12 (15+), Children (5-15) \$10, under 5 free.

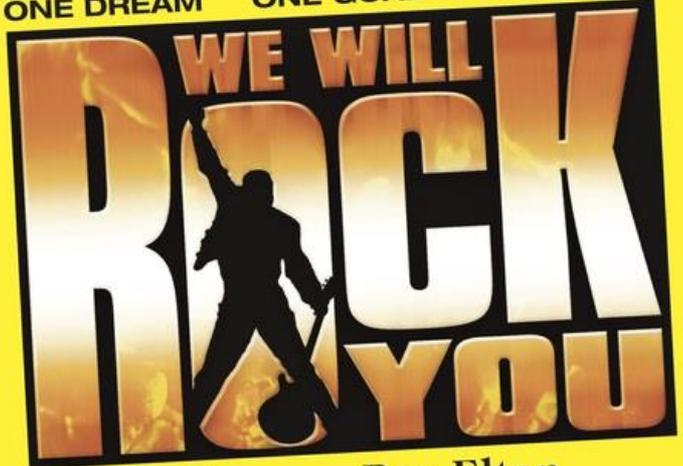
Please note opening times Tuesday - Sunday 10am - 4pm, Fridays late till 9pm.

Ayers House Museum
 288 North Terrace, Adelaide
bookings@nationaltrustsa.org.au (08) 8223 1234

Colours of Impressionism: Masterpieces from the Musée d'Orsay Art gallery SA - On until 29th July.



ONE DREAM ONE GOAL ONE VISION



BY QUEEN AND Ben Elton

Matt Byrne Media by arrangement with David Spicer Productions loudly presents the SA Premiere www.davidspicer.com.au

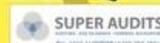
HEY QUEEN FANS!!!

Arts Theatre
 July 5-7 & 10-14 at 8 pm & July 7 & 14 at 2pm

Elizabeth's Shedley Theatre
 July 19-21 & 26-28 at 8pm & July 21 & 28 at 2pm

Director Matt Byrne Musical Director Kim Clark
 Choreographer Sarah Williams

Starring Iman Saleh as Galileo & Danielle Greaves as Scaramouche



\$25 Cheap Nights: Tuesday, July 10 at the Arts, and Thursday, July 19 at the Shedley

Admission is \$45 Adults and \$38 for Concessions, with Group Discount prices of \$42/\$35 for 10 or more

BOOK NOW at 8262 4906 www.mattbyrmedia.com.au
TICKETEK www.ticketek.com.au
www.dramatix.com.au

IT'LL BE A BOHEMIAN RHAPSODY!!!

(agency booking fees apply)



the Old Barn's annual
MoonDance
 Saturday 30th June
 Theme: **Night Creatures**



the next
Sunday at the Barn
 191 Bank Road,
1st July

*Open mic - licensed bar
 from 11am - light meals available*



Who wants an awesome weekend? Come to the MoonDance on the **30th June** (tickets available at theoldbarn.com.au) and have an awesome night of food, fire and fun, camp overnight – swag, motor-home, tent – grab some bacon & egg brekky with us (\$7 p/p) and stay for the Sunday open mic event! Forget about the world for the entire weekend. Need more details... contact Julie on 0413 314-749. Bring some friends... see you there.

7th July – 5 to 9

Join us for our July weekend dinner & live music event. Enjoy a glass of our award winning wines on arrival with grazing boards of seasonal, local foods to start. Come together with other guests around communal tables and share in conversation and a meal of spit-roasted meats, salads and sides. Tickets (\$40 per adult) are available via our website and include a glass of Elysian Springs wine on arrival and your meal. Additional drinks available for purchase at the event. Come for a relaxed evening in our family-friendly cellar door at Mt Pleasant. We'll have the fires on inside and out so you can keep warm and cosy and enjoy an evening of great food, wine and live music!!



INDIAN BANQUET
 SATURDAY 7TH JULY
 6:30PM SHARP - 9:00PM
 \$50 PER PERSON
 6 COURSES - DINE IN ONLY



VEGETABLE SAMOSA
 CHICKEN TANDOORI
 ROGAN JOSH LAMB WITH RICE
 CHICKEN KORMA WITH RICE
 BEEF VINDALOO WITH JARRLOO POTATOES
 COCONUT LADOO
 *PAPPADUMS, RAJTA AND CHILLI CHUTNEY ON ALL COURSES

TO RESERVE YOUR SEAT, PLEASE CALL 8568 2015



Winter Reds at Elysian Springs
 Saturday 28th July, 11am - 4pm
Lamb, Fire + Fun

Something coming up?
 email: info@mountpleasant.sa.au
 Deadline: 3 days before the end of the month.



Gardening Workshop - Pruning Roses & Glory Vines
 Grand Cru Estate Tickets \$90-\$165
 An invitation to all garden lovers wishing to learn and be inspired. Explore the Estate garden whilst gaining knowledge and confidence. We welcome like minded enthusiasts to discover the art of gardening. Half and Full Day Workshops available. Saturday 7th July 2018 Rose Pruning - Morning Session: 9am – 1pm Glory Vine Pruning - Afternoon Session: 12pm – 4pm Lunch provided, and afternoon session includes wine tasting!
 Contact via Facebook

community EVENTS

save the date

COCKTAILS 'N CARRIAGES

ALL ABOARD!
 Celebrating the Centenary
 of the Rail link to
 Mount Pleasant

Join us in the Atrium at Talunga Park -
 the site of the Mt Pleasant Railway Station -
 on Saturday 15th September, at 6pm.

- Indulge in some decadent cocktails and appetisers
 and find out more about our railway past.

Bookings are essential. Call Paula on 85682126



**Mt Pleasant Dance Group
 Weekend of Dance**
 Sponsored by
 Yalumba Wines Angaston & Landmark Fawcett
 Mt Pleasant

in the **Mt Pleasant S. M. Hall**

Friday August 10th 2018 Ball
 Pre-Dance drinks 7:30pm (Fruit juice, no alcohol)
 Dance to Peter Hutchins 8:00pm to Midnight
 Supper provided—Admission \$12-50

Saturday August 11th 2018 Dance
 7:00pm to 11:00pm
 Dance to Peter Hutchins Music
 Supper provided—Admission \$12-00

Sunday August 12th 2018 Dance
 10:00am to noon CDs
 Dance 1:15pm to 3:30pm to Peter Hutchins
 Admission \$18-00 roast lunch & dance
 Dance only \$10-00

Return Slip—To assist with catering, please fill out & return to The Secretary, Mt Pleasant Dance Group,
 10 Melrose St, Mt Pleasant SA 5235, or phone Barbara 08 85682160 or Margaret 08 85221188 or email
 billbarbap@bigpond.com by July 31st/

Number attending Friday.....Number attending Saturday.....

Number attending Sunday Lunch.....

**FOR MAIN COURSE YOU MAY CHOOSE ROAST PORK WITH CRACKLING
 OR ROAST BEEF. PLEASE STATE YOUR PREFERENCE**

ROAST PORK.....ROAST BEEF.....

Name & Address.....

Dietary Requirements.....

save the date

QUIZ NIGHT!

Prizes! Raffles!

1st SEPT

SM Hall Mt Pleasant - 6.30 for 7pm START
\$10 per head – Tables of 8
BYO Drinks & Nibbles
Contact Sue: 0403012339
 Community Ass'n (Street Party & other events)



DUE TO POPULAR COMMUNITY DEMAND – IT'S BACK!!!
Mount Pleasant CFS 2018
Comedy Night

Saturday, 8 September, 2018 at 7:00pm
Mount Pleasant Soldiers Memorial Hall
 A fun filled hilarious night with 4 multi award winning comedians, to raise funds for your local Mt Pleasant Country Fire service. Hosted by Mt Pleasant district's own Kehau Jackson 'Australia's funniest Hawaiian comedian'!
EXCELLENT RAFFLE PRIZES TO BE WON
 *** BYO drinks and supper
 **** WARNING **** this event is rated 'M' (15+) for Coarse Language.
 Book your table now as tickets sell fast!!

What's on in July...



Winterfest

When: 6-22 July 2018

Where: Hart's Mill Port Adelaide, Mundy St, Port Adelaide

Cost: Free & ticketed events

Details: This event will feature a wonderland festival of snowballing, ice-skating, winter markets, shows, performances, workshops, food and drink stalls, pop-up bars, open fires, entertainment, activities and much more.



Events

Date	Event	Details
30 Jun	Moon Dance	The Old Barn, Bank Rd, Sedan
1 July	Sunday at the Barn	Open mic - from 11am at Sedan
7 July	Elysian Springs Winter Warmer	5-9, Elysian Springs Cellar Door
7 July	Indian Banquet	6.30pm, MP Hotel/Motel
28 July	Winter Reds	11-4, Elysian Springs
29 July	Christmas in July Community Dinner	Talunga Park Pavilion: 6 to 8

Meetings

+ Check the website for more: www.mountpleasant.sa.au

Committee / Group / Organisation	Details
CFS Training	Every Tuesday @ 7pm
CWA AGM	1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall
Community Dinner Group	1 st Tuesday, 6.30pm @ Soldiers' Memorial Hall
Friends of the Mount Pleasant Hospital	10am, 2 nd Tuesday
Men's Shed	Every Wednesday @ The Men's Shed
MP District History	1-4pm, every Thursday @ History Room, SM Hall
MP Farmer's Market	8-12, every Saturday @ Talunga Park
MP Inc	6.30pm, 2 nd Tuesday @ MPNRC
MP Show Society AGM	30 July (other times 2 nd Monday)
MP Spinners & Craft Group	St John's Church Hall, 10-3 on Wednesdays
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Pleasant Painters	10-2, 2 nd & 4 th Friday @ MP Library
Red Cross	1.30pm, 4 th Thursday @ SM Hall
RSL Social	2 nd Tuesday Social gathering
RSL Meeting	Alternate month, last Sunday - Bi-Monthly meeting
SM Hall VAC	7.30pm, 4 th Monday @ SM Hall
Talunga Park VAC	1 st Monday @ Talunga Park
Writer's Group	Please email: mrdonblataceaser@gmail.com

Thank you:

Thank you to those businesses that have agreed to distribute the newsletters. Please ask Anne or Rose @ the PO to reserve yours.
Editors: Sue Barrett & Paula Bartsch



+ Contact us:

If you wish to be notified when the newsletter is available online, please contact us via -
t: 0403012339 or
e: info@mountpleasant.sa.au
mountpleasant.sa.au or
mpbeat

