mount pleasant

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We've been publishing this newsletter for four years now, and we'll probably keep on going. Thank you to our contributors, and for the wonderful support from our readers, and Anne & Rose from the Post Office, and John & Jan from Star Books.





The Community Association's annual Quiz Night will be held on the 29th of June. Tables of eight. From 7pm - bring drinks and nibbles. Adults only, please. For bookings: info@mountpleasant.sa.au or phone 0403012339. Look forward to seeing you there!

RECONCILIATION DAY

◎ THE BARDSSA BUSHGARDENS

STH JUNE 2019

10 A M - 2 P M

Election time

The election has come and gone, and it seems the electorate has voted to maintain the status quo.

If nothing else, this election will be forever tainted by similar issues that have dogged other elections overseas fake news, the manipulation of social media data and a lack of oversight in print and electronic news services.

It appears the only mob who are happy with their election outcome are the Kiwis - and good luck to them. Although Jacinda Ardern has only been in office a short time, she has displayed those leadership qualities that are sorely lacking in those of other countries.

It was the first election after the change of boundaries and Barker retained Liberal Tony Pasin. As I hand out 'How to Vote cards' for The Greens it's no news that I am disappointed in the result, but I am heartened to note that the Greens vote increased ever so slightly in our booth. Most of that could be attributed to the fact that Rebekha Sharkie no longer represents us, and her votes went elsewhere, but I'm taking it. It's a long day if the weather isn't great and if some people want to have their say in a loud and aggressive manner, but thankfully, that seems to be getting less over the years, although the number of people who don't really care about their vote remains frustratingly high.

On a slightly different tack, I have given my feedback to the Australian Electoral Commission regarding the venue for the Polling Booth. As many would be aware, parking is a big issue in that street, it's bad for the school children at drop off and pick up times, and just as bad if you're trying to find a park to vote. The disabled parking is on the side of a hill, which makes it almost impossible for those with limited mobility to easily get in and out of cars. We watched several people really struggling - even with help. It's also harder to find if you're unfamiliar with the area.

cont'd on page 2

Coming events

July: shOPportunity Aug: Barossa Medieval Fair

mount pleasant beat

Election time cont'd from page 1

As per usual for a long time now, I was joined by Greens stalwart Pam Kelly - who at 87 is still active and engaged, and she was there for three hours, and I filled in the rest. Now it's all over for at least another three years, so we'll see how it goes. At least our campaigns are mercifully short - in the U.S., they last for years.

Sue Barrett



Top: The disabled parking area at the school. Below: Pam Kelly - still handing out for the Greens!



COMMUNITY BUS

Do you have mobility issues or no car license? Want to get out to the shops once in a while, but don't have any way of doing so? Would you like to go to the movies occasionally, or maybe you need to go to town for appointments? If a Community Bus was available, would you want to use it? There are many towns in our area with access to occasional transport for those who need it. If you, or someone you know might benefit from such a service, possibly fortnightly, please contact us via info@mountpleasant.sa.au.

Footnotes on the footbridge

Many will know of the 'Rex Amber Walk' - the footbridge over the Torrens at the back of the Hall, that leads to the playground, Tennis Courts, Bowling Club and Men's Shed. A new one for this has been on the cards for a while, and recently the replacement was set down in sections in the hall car park and Old Talunga Park. Pretty fancy, but as Paula has pointed out, not very sympathetic to the old one which is in the historic Hall precinct. It is much larger than the old one, and the mesh walkway looks to be of a much larger gauge than needs be. Take a look at what's there and see if you agree that it doesn't seem safe for small children and animals.





Above: One section of the new footbridge - please note the large gauge of the mesh. Left: The hall end of the 'Rex Amber Walk', with a large pool of water which always accumulates after rain. Below: Demolition has already started at the Old Talunga Park end.



History Festival



How do you know what's worth preserving? What has historical significance, and what's just plain old rubbish? That was a question posed to use during one of the workshops we attended last year. The upshot is - let the historian make the choice. If you have come across something - maybe some old photos, a diary, some ledgers, a piece of kitchenalia, anything smallish (sadly we don't have enough room in the History Room to accommodate things like large pieces of farm machinery!), feel free to bring them along to the History Room on Thursday afternoons to show us, and maybe find out a little more about your 'treasure'. Rob Lindner (pictured above) from Palmer did just that recently. We know Rob from way back, and he always has a tale to tell. Last year he came aboard our history tour bus and gave us an insight into some of those buried in the Palmer Cemetery, as well as showing us through Palmer's beautiful Lutheran Church. This day he'd

come across some old glass photographic plates and wondered if they might be of historical value.

Of course we e r w е interested and we're now looking forward to having a closer look at these wonderful relics of a bygone era. Rob also mentioned that some of them may be of the Reedy Creek



Bridge (as mentioned in the last newsletter) that was designed by General Sir John Monash - another connection! Not long after that, we received a visit from Suzanne Shearer (pictured below left), who had visited during the Open Doors event. She had mentioned that she and her husband Pete had discovered an old newspaper used as packing in the back of an old organ they'd had restored. It was an account of the bushfires in the early 1900's and we were happy to receive an actual newspaper, rather than a digital copy.

So if you have something old, and you're not sure - please feel free to bring it in and let me have a look at it for you. You may be surprised at what we can find out about it for



During this time, we also had a visit from a Port Adelaide group (above) who spent quite some time going through the photo files and reminiscing. In the early part of the month the display was in the hall, but was moved to the foyer when the TOTT Theatre Group commenced performances.

Plans are already underway for next year's displays and we are looking forward to bringing you another slice of our district's history.

SOUTH AUSTRALIA'S





Mount Pleasant District History Group



- Paula Bartsch Historian

Nuriootpa History Fair

The History Fair at Nuriootpa was great fun, with plenty of stalls highlighting various areas around the Barossa as well as groups and items of historical significance, all gathered around historic Coulthard House.



Clockwise from top right: Our stall, Mayor Bim Lange dropped by to say g'day, the ladies from the Barossa Library, Chris Birrell with a young admirer who bought his grandfather along, the Praetorian Guard were there in force, face painting for the kids, heritage roses and Paula welcoming guests.





EPIC FLIGHT CENTENARY

The Smith Brothers amazing journey into history



On the 28th of June Don and I ventured down to the Torrens Parade Ground to hear Lainie Anderson talk about the Smith Brothers, and the movement to have made and shown a documentary on the flight that changed the world. Paula and I had heard Lainie Speak about this amazing true story last year, so I was eager to take Don with me so he could learn more about it. There is so much to this story about theses amazing aviation pioneers that I would urge you to get online and read about it yourselves, perhaps even purchase one of the many excellent books about it including one from Lainie, pictured below. As people around the world have often remarked, it is as significant a moment in world history as the moon landing. Lainie as usual was a great ambassador and an engaging and enthusiastic speaker - of you get a chance to hear her on this subject - do yourselves a favour!



I stole a cheeky selfie with Lainie, and pictured above is the capacity crowd for the launch of the centenary documentary.



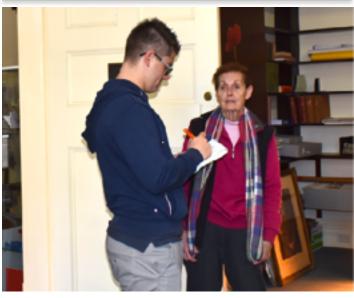
More books about the Smith Brothers amazing journey

Aces and Kings by L.W. Sutherland, M.C., D.C.M. Charles Kingsford Smith by Peter FitzSimons



FitzSimons

Sue Barrett



Who's in the news again? Our Kath is in line for a national award - details in next month's newsletter.



'175 Recipes from Mount Pleasant', 'Remember our Diggers' and the Mt Pleasant A. H. & F. Society's '150 Years of History' are available, priced at \$20.

Contact Paula via snail mail: PO Box 130 Mt pleasant, the Mt Pleasant District History Facebook page, or by email: pleasanthistory@gmail.com.

Pete's Poem After the Ball - post election 2019

So now the election is over, The people's voices have been heard, And the pollsters and pundits can't explain Precisely what has occurred! The Golden Bull from the Golden North, Has snorted and pawed the earth, Now there's no more to pay, and no more to say, How much is a safe seat worth? Now nobody mentions dynastic pretentions, It matters not where you reside, What's that in the air? Maybe despair?, Once more, she isn't The Bride. The Leader has fled, his face is as red As a faded election day tie. The Country's turned blue, amazing but true, And The Voters are hung out to dry. All the promises made, And the backers betrayed Seem to count for nothing at all, And many a heart has been broken again, The morning after The Ball.

10 ELECTION PERFECTION



Pete – The Peripatetic Poet & introducing illustrator Sarah Hughes





Volunteer?





Mt Pleasant CFS is needing more volunteer firefighters, so please consider volunteering your time with YOUR LOCAL Brigade. All training & equipment is provided so no experience is required. Through winter we train on the 1st, 3rd & 5th Tuesday's at 7pm & weekly through fire season. We are desperately seeking more members so please give it some serious consideration. If you live in Mt Pleasant, Cromer or Tungkillo then you are most likely within the Mt Pleasant CFS response area. Any queries feel free to contact us via our Facebook page <u>Mount Pleasant CFS</u> or our current Capt <u>Glynn Jackson</u> Ph 0490 143 514



Karen Jamieson

CFS FOUNDATION CHARITY EVENT 2019



JOINTLY HOSTED BY EAGLEVIEW 4WD TRACK

ð

THE NATIONAL PAIERO 4X4 CLUB OF AUSTRALIA

- When: June 29th & 90"
- Where: Eaglesiew 4WD Park Three Chain Rd Sanderston
- Cast: SSC per bay or \$100 for the weakend includes came site with part proceeds going to the CPS Foundation to help support volunteers.
- There will be a BBCs brick gradiable both days with proceeds going to CFS. Foundation
- There will be some fastable rollies help over the weekend with prizes denotes. From many different spensors.
- All guis of 4was welcome
- RSVP: Enkiny June 21th to an glostic selpainto com au

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June, 2019

BE

Buying when you don't know what you want.

If you are unsure about what you need when you decide you need to be connected, ask someone you know who is already a bit tech savvy - and preferably take someone with you who you trust. We have heard of some concerning instances of people who are buying for the first time being sold software and packages they don't need. In these days of aggressive sales pitches, being sold something you don't need, you don't understand, or worse still is not fit for purpose is a common occurance. If you feel your consumer rights have been violated, ring the Office of Business and Consumer Services on 131 882, and they will be able to assist you and help you understand your rights.

The best piece of advice we can give you after that is 'keep it simple'. Until you are more confident with the technology, keep things like passwords and security questions simple. If you must, keep a copy of your answers - but please don't keep them with your device, and NEVER call them passwords! And remember - even though this is a Men's Shed initiative - you don't have to be a member - and you certainly don't have to be a bloke!

Sue (and Gareth and Paul)





. . . .

Tel: GARETH - 0430026993 or SUE - 0403012339

Local Computer

Nick Sharp is a local computer tech who has been working in the field for over 23 years. He offers a wide range of services including:

- Home Internet and Wireless set up including NBN
- Desktop and Laptop repairs and tune ups
- Wireless printer / network printer set up
- Virus removal, Security and vulnerability reviews
- Smartphone set up (Email & Apps) & training

Get help with anything relating to:

- Apps and programs
- Internet
- Email
- WiFi
- New Hardware and security

Keep in contact with Skype / Facebook training. In home / Onsite support.

Book your PC in for a Pit Stop now!

Nick can give your PC a check over from \$88.

or Turbo Charge your PC with a SSD HDD RAM Upgrade from \$250 including labour.

Call Nick on 0414261986





mount pleasant beat

Find us on facebook.

Mount Pleasant

Mount Pleasant Farmers Market Inc

132 Melrose St, **Mount Pleasant** South Australia 5235

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Phone: 0418 301 121 Fax: 08 8568 2699 Email: managermofm@biggond.com Web: www.mpfm.org.au

The Mount Pleasant Farmers Market recently celebrated a milestone in its seven-year history by formally presenting a cheque for \$100,000 to its community partners.

RMERS MARKE

When Mt Pleasant Farmers Market commenced operations in Feb 2012, and it became apparent to the then Board, that there was an opportunity for local community groups to fundraise through donations from the gates of the venue, Talunga Park.

A call went out to local groups, and it didn't take long for those groups to realise that this was a good way to earn some money in a relatively easy fashion, and as a consequence, we now have approximately 40 community groups taking advantage of this opportunity.

To date, that fundraising initiative has totalled a whopping \$100.000.

On the celebratory morning, a brief ceremony was held where the Mt Pleasant Farmers Market Chairman Vanessa Skinner spoke, along with Stephan Knoll & Tony Pasin MP, which was then followed by Mr Pasin presenting a ceremonial cheque to representatives of the fundraising groups which capped the morning's activities off.

The Farmers Market Board would like to thank sincerely, all the customers who have been so generous with their support of this initiative.



The Mount Pleasant Farmers Market had a promotional stand at the Birdwood Farm Day last Sunday. A big thank you to the stall holders that provided stock for the farm day trail, Nellies Nursery, Croftwood Grove, The Dairy Tree, Dogan Farm, The Almond Block, Baylies, Woodlane Orchard, Springton Hills Wines, The Crazy Lady, and the our most awesome volunteers, once again Lachlan Pinchbeck AKA the veggie man, Vanessa Skinner (The Natural Egg Co.), Kerry (Bonney Flat Chickens), Kerryn Fry (The Dairy Tree), and Angela Nabb (Farmers Market Volunteer).

A fun day was had by all, and the market exposed to many!

What can you discover at our Farmers Market? What's in your market haul? Let's unveil the array of produce hitting your fridge and pantry and

Show us your Market Haul Competition

For your chance to win a 12 MONTH MARKET MEMBERSHIP

Send us your photos of your market haul to email managermpfm@bigpond.com.au

Or share to your Facebook Page and/or Instagram Must

Tag @mountplesantfarmersmarketau

Use hashtags

#mymountoleasantfarmersmarkethaul #mountpleasantfarmersmarket

- Best photo of the week will feature in the newsletter
- Prizes for best photo each week
- One winner of a 12 month membership
- Competition ends October 2009



Market stand at Farm Day



The Men's Shed is seeking good quality hand tools for use in the shed, such as:

- wood chisels
- wood turning chisels
- hand planes
- saws especially tenon saws
- brace and bits

We will give them a very good home.

The Men's Shed had a visit from the Tea Tree Gully MS & it was great to catch up and swap ideas and info.







Top two photos: John Bowd demonstrating the model he made for the National Motor Museum of the first two-stroke engine. The top part (RHS) was 3D printed.

Bottom two photos: The Men's Shed continues the weekly woodworking classes with the Mt Pleasant Primary School, and it's progressing better than ever. This year the projects are bigger - we'll update you when we can.



Suicide Prevention



On Monday evening the 13th of May President Murray, Treasurer John and former Secretary Don ventured to Nuriootpa and attended a Suicide Prevention Forum facilitated by The Barossa Council. There were about 150 people present from right across the Barossa Region. There was an excellent presentation given by Mr. Adam Clay, Senior Project Officer Suicide Prevention from the Office of the Chief Psychiatrist. Following the forum people and organisations put their names forward to form a Suicide Prevention Network within The Barossa Council. the Mt. Pleasant Men's Shed was one of about 50 who nominated. The State Government through the Hon John Dawkins MLC will provide up to \$5,000.00 for each area to establish its own Suicide Prevention Network. It will then be up to each individual network to form its own incorporated body and the usual positions of President, Secretary, Treasurer etc. Once formed the network will tackle Suicide Prevention with local input and knowledge coupled with support and guidance from the Office of the Chief Psychiatrist at SA Health.

Next Social Night: 🔬

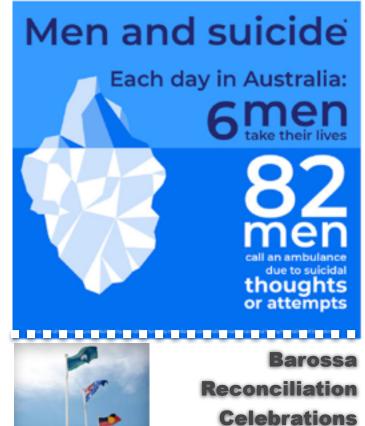
Members are reminded that the next Social Night is a Movie Night on the 7th June at 6pm. Soup and 'The Gods Must be Crazy' and 'The Plank'!

For catering purposes, book with Murray ASAP: murrayhenderson4@bigpond.com

Mondays & Wednesdays from 9am. Call Murray: 0439385291 or Gareth: 0430026993 for info.







Wed., 5 June 2019 - 10:00 am - 2:00 pm

Barossa Bushgardens, 653 Research Road Light Pass / Nuriootpa, SA 5355

Reconciliation Event at the Barossa Bushgardens where connecting to Country with Ngadjuri and Peramangk custodians Aunty Ivy and Aunty Issy Peramangk custodians and Uncle Quentin Agius Ngadjuri custodian. The program includes, Welcome to Country, Smoking Ceremony, Cultural storytelling, art activities, bush food tastings, traditional uses plant trail, tree planting, film titled 'Footprints on Our Land: Aunty Agnes Ngunnawal Elder' (Bower Bird Films), Labyrinth walk, Damper cooking and much more. Suitable for all ages, activities will be inside and outside all day.

Barossa Reconciliation Group

whichbin.com.au

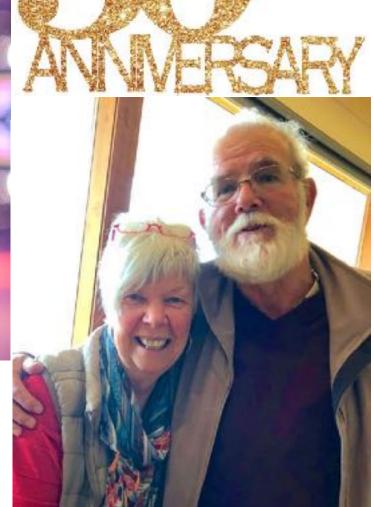
Want to reduce your waste? Not sure what goes where? Visit which bin and find some solid advice on what to do.





Isn't it great of the SA History Trust to create a Festival so that we can celebrate our Town Historian's Birthday? We celebrated Paula's Birthday with a little high tea in the History Room during May - Happy birthday, Paula!

Pictured right are Murray and Di Henderson who recently celebrated 50 years of wedded bliss! Unfortunately the big bash planned had to be postponed due to Di's mother's illness, but they were able to celebrate at a family gathering on Kangaroo Island later, welcoming their latest granddaughter as well!





Gumeracha Medieval Fair

Once again the faithful descended upon Federation Park in Gumeracha to celebrate all things Medieval. The weather was mostly kind to fairgoers, and as usual there was a big crowd although no jousting this year, there was still plenty to see and experience.

TOTT Gallery

"Threads of Thought" is the title of the current exhibition at Top of the Torrens Gallery in Birdwood, which was opened by Adelaide Hills Councillor Linda Green on Sunday 19th May. Those of us who were lucky enough to be there were treated to a demonstration of Nuno Felting by Alana Preece, who is exhibition some magnificent, delicate wraps made from silk, wool and lace.

Marie Hume is another artist with lots of patience and she is showing a delicate woven blue woollen scarf and some interesting woven hand bags and collage s.

Rosie Trenerry has filled a glass showcase with tiny copper tree shapes from which hang delicate felt and copper earrings.

Annette Dawson, who curated the exhibition, is showing her "Serendipity" silk scarves draped over and old wash tub and scrubbing board to great effect.

Lyn Stevens demonstrates her love of history with her brilliant red silk "Caul with Homs" and an eye catching medieval tunic with an antique broach depicting a "Bartered Bird".

Master Weaver, Katherina Urban is showing a large woven table cloth in cream, maroon and mustard and Libby Barber has knitted socks and mittens in intricate patterns and colours.

Ann Davenport has created the most loveable little bears and dolls with cute little knitted dresses and jackets.

Terry Brown is showing her tailored pure wool ponchos in various colours and sizes with colourful, cotton lined hoods and a one size fits all black cloak with red lining.

Julie Hayes has been busy creating 4 pictures incorporating fabric and hand stitching, the most spectacular of which is "Fantasy Flowers" with bright red colouring on hand died material, which is machine stitched.

Kay Patterson's beautiful "Dresden Plate" quilt dominates one corner of the gallery along with a more modern quilt entitled "Slash".

Pat Lowe has three cute little fabric pictures of giraffes and roosters.

Josie Oswald's picture of a red and black quilted vase displaying a white daisy and another fibre picture of trees with a prominently stitched spider web.

Rosemary Rowe's crocheted woollen rugs give a colourful display and her hand made doll complete with blue silk dress and lace trimmed under garments is a delight.

Shirley Klose is keen to keep you warm this winter with her colourful mittens, scarves and beanies.

Yvonne Twining demonstrates her skills with leatherwork with some interesting handbags and wallets.

Last but not least is Anthea Piszczuk who is showing a magnificent Kimono made from a white damask table cloth trimmed with recycled pink silk overlaid with intricately arranged woollen threads as well as an open weave scarf.

This exhibition really is a delight and repays a close investigation. Why not pop in to the gallery before this exhibition finishes on $7^{\rm th}$ July. Gallery hours Wed- Sun 11am-4pm.



mount pleasant beat



Bunkered is a comedy by Lynn Brittney set somewhere near the coast in Britain in a Naval Intelligence Cold War Bunker, manned by four naval personnel nearing retirement. The bunker was decommissioned in 1991 and the staff were made redundant... except somehow they continued to receive monthly pay cheques from the Ministry of Defence computer system. Peter, a Chief Petty Officer with a strong sense of responsibility, decides to bring in a friend, Harry, to get all the equipment up to full working order. What results is that Naval Headquarters start getting signals from what they thought was a defunct facility and call in the Marines, with hilarious consequences.

This is Maureen (Mo) Johnson's first foray into directing and she must be commended for her efforts. The four main characters are well cast. Tracey Holder is convincing as Second Officer Joan Morris, delivering a confident performance that cements the production. David Evans delivers a natural enactment as the affable Chief Petty Officer Peter Burrows. Glynnis Burrows plays Mags with obvious enjoyment and although there were a couple of fluffed lines, her calm manner ensured they were well covered or recovered! Rounding out the main characters is Nicolaas Voorendt as Harry, the amiable anarchist. An experienced performer, director and technician, Voorendt is a wonderful addition to the TOTTs team and a stand out in this show.

Although Bunkered is written primarily for senior actors, the production also gives opportunities to two younger performers whose performances are also notable: Commando Connor played by William Melbourne and Midshipman Taylor played by Rebecca Holder. Melbourne is hilarious as Connor, with his machine gun at hand, who is actually afraid of being in confined spaces. Holder is enthusiastic as his eager trainee who has to cope with restraining Connor when his panic gets out of hand. I hope we get to see more of these young performers, and others like them, in future TOTTs productions.

This is a true farce, the set is simple and static and the comedy is dependent on the execution of the lines, which were mostly timely and effective. On opening night there was a large and supportive audience who laughed freely and applauded loudly. Nerves were evident but dissipated as the performance progressed. With a raffle in interval, inexpensive tickets, byo drinks and supper, this is a wonderful community event and deserved the good attendances.



Trish Francis

Clubs & Committees COMMUNITY DINNER

Once again the dinner group put on a great spread which was enjoyed by a large crowd. The next Community Dinner on 30th June will be 'Christmas in June'



Pictured right is Barrie - the last man sitting! Pictured below is part of the crowd at the May dinner.



COMMUNITY ASSOCIATION

The Community Association Quiz Night will be held on the 29th June and we are taking bookings for tables of eight!

Quiz Nights are great fun and this is the third we have held for the Community Association. This fundraiser enables us to support our sub-groups such as the Street Party group, the MP District Historical Research Group and the Australia Day Celebration group.

(As you may or may not know, the Variety Club entrants 4BRO are also having a Quiz night on the 15th of June - and Sam has just let us know that it's booked out. This is great news as the Variety Club is a great charity and we wish them well in the next Bash.)

Email: info@mountpleasant.sau.au call 0403012339, or see Paula in the History MTPLEASANT Room. See you there!







The Street Party group held the usual meeting to see if anyone would like to volunteer to help with the event this year. Despite a similar result to last year - we are not deterred and are already working on entertainment for this year. We welcome Cheryl Farinola to our fold. Cheryl will be our Media coordinator, and as she has extensive experience with all forms of social media, we are looking forward to her involvement. The group has a Facebook page which is usually pretty quiet at this time of year, but we'll hopefully have the occasional tidbit to add over the coming months. We are all very excited to once again be bringing this wonderful event to our community and look forward to maybe - a night WITHOUT rain?

Conveners are:

Paula Bartsch: Entertainment and Admin, Kath Fisher: Sponsorship, Treasurer: Vicki Fawcett, Stalls: Nicole Pocock, Parade: Sue Barrett, Parade Wrangler: Liv Andersen, Media: Cheryl Farinola, Raffles: Di Anderson, Chris Birrell: Admin, Wally Birch: Set Up and Down

Please contact us via info@mtpleasant.sa.au or 0403012339 if you have any questions, would like to submit an entry for the parade, or perhaps hold a stall.

MP Street Party Group





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Clubs & Committees

CWA



The CWA has come a long way since its humble beginnings. Existing in one form or another all over the world, the aims are very similar - to assist country (and city) women and to pass on information and ideas, to make a positive contribution to their communities, as well as making representation on their behalf to various governments. This year marks 90 years for SA CWA, and during the History Festival the CWA Room in the SM Hall hosted a travelling exhibit celebrating the SA CWA's community involvement and achievements.



Pictured above is Kath showing a visitor around the display, and below some of the storyboards telling the CWA story.







Pictured above are Doreen Kuszczakowski and Jean McQueen in the CWA tea rooms at the saleyards. Below are some of those who enjoy the fruits of the CWA's labour.



Clubs & Committees Friends of the MP Hospital

Started a project, but can't finish it? Bought the wool, but didn't get around to starting? The FOTH will cheerfully take your unwanted knitting wool to repurpose into items for the community. Please contact Kath Fisher on 85682294 if you can help.



Pictured below are some of the Friends at the hospital, celebrating their fundraising achievements.



KNOW THE SIGNS: SPEAK UP TO HELP STOP ELDER ABUSE



Would you know if someone close to you was experiencing elder abuse? Elder abuse is an act that causes deliberate or unintended harm to an older person. Elder abuse can be physical, emotional, financial, social, neglect, sexual or chemical.

In South Australia, 50% of cases are financial abuse, which often occurs together with emotional abuse. Older women are more likely to be experiencing abuse.

Do you know the signs?

People experiencing elder abuse may seem fearful, sad or depressed. They may say they're not sleeping well, that they're anxious or have lost their zest for life. They may hint that they are short of money, or complain that family members are being 'over protective'.

The signs may be subtle or glaringly obvious.

Older people can be vulnerable to abuse, especially where there is increasing frailty and physical or mental decline.

And elder abuse can be a hidden problem as it happens in the relationships where it is least expected to occur.

What can you do?

Older people have rights – find out what they are, and how you can help protect them. Be aware of the signs of elder abuse. Call the SA Elder Abuse Prevention Phone Line for free, confidential advice and support. You can remain anonymous. **1800 372 310.** Find more information at:

www.sahealth.sa.gov.au/stopelderabuse

Remember, if you see the signs of elder abuse in someone close to you, speak up and you can help put a stop to elder abuse. It is everyone's business.

Speak up and help #StopElderAbuse

Bits & Bobs

Little Bang Discovery Club

Congratulations to our little scientists who graduated from Little Bang Discovery Club and Little Bang Plus programs at Mt Pleasant and Nuriootpa libraries. This term learning all about science through shared discoveries and scientific enquiry methods. Little Bang Discovery Club programs will recommence late Term 2 Register your interest - 8563 8440 o nail library@barossa.sa.gov.au



onecard.network/client/en_AU/barossa







https://www.trybooking.com/book/

and search for Mt Pleasant 5235 – this will bring up a list for vou to choose from.



Natural Creams & Ointments

Tuesday 11 June 2019 Mount Pleasant Bookings and info: Trybooking



Recreate Rethink Waste

Wirework Sculpture

Saturday 15th June 2019 Mount Pleasant Bookings and info: Trybooking

Natural Perfume Making

Tuesday 9th July 2019 Mount Pleasant Bookings and info: Trybooking

And still to come!

- Upcycled Garden Sculpture. Sat 1st June
- Recreate Macrame. Sat 29th June
- Practical Worm Farms
- Practical Composting



On World Environment Day, Prospect Local Environment Group invites you to a free talk by South Australian innovators on Not Just Houses - Homes & Sustainable Housing Solutions. Wed., 5 June 2019, 7:30 pm – 9:30 pm at Prospect RSL Hall, 1 Menzies Crescent, Prospect

tudiosity Online Study help from home 4-10pm Mon-Fri & Sun





Australia's largest PREMIER Old Toys - Collectables & Models Fair. 1 - 2 JUNE. This annual event has been going now for 26 years - Goyder Pavilion ADELAIDE SHOWGROUND, Wayville SA.

Adults \$8 Con/Pen \$7 12 - 17yrs \$2 und 12 Free (with an Adult)Sat 10am - 5pm ~ Sun 10am - 3pm







Bits & Bobs



Support Group	
ipm-8pm	

St Jakobi's School – 208 mdoch Velley Rd, Landoch

April 9, 2019 lune 11, 2019 agust 13, 2019 ptember 10, 2019 tober 8, 2019 ovember 12, 2019 December 10, 2019

fact Karen on D418 806 18 or Brendan on 0457 030

www.fds.org.au



FAMILY DRUG SUPPORT GROUPS

Are you struggling with another person's drug and/or alcohol use? You can get support and assistance from our Family Urug Support groups.

Family Drug Support offers non-religious, open support groups in various locations.

- Opportunity for you to talk about issues in a safe and supportive environment.
- Benefit from experience and collective windom of other group members.
- Receive useful information regarding establishing boundaries, dealing with conflict, effective communication & coping strategies.

 Keep up to date with Family Orug Support events and courses. FOR 24/7 SUPPORT PLEASE COMPACT THE FAMILY DRUG SUPPORT

TELEPHONE SUPPORT LINE ON 1303 368 185.

24/7

FAMILY





eesual sea



MARKET







2ndJune

Arnold Park, Mannum - near the ferries - 9am t0 2.30pm. The market has an eclectic mix of over 30 stallholders, including delicious foods, artisan jewellery, fine local handcrafted items, candles, fresh produce and more.





Sedan Swap Meet

One of the biggest swap, means in South Australia is held in the Easterna regime each year. Lost year the Sacian Swap Mean attracted more than 2000 posple

This Swap Most is not just an event for metoring onthusiasts, the Sodan Swap Most is also a creat place to ge to find erre, antique, vintage and veteran liveasures. You will also fied unique bric a brac, farm items, local produce, plants, arts and crafts and hand-wade items. Buyers on the look-out for specialist vehicle items are well catered for

The fun family event is on Sunday, June 16th from 6am for sellers 8am for oustomors @ 55 with all proceeds poing to the Sedan Respective Park and Sports Club Inc.



2020 Barossa **Photographic** Competition

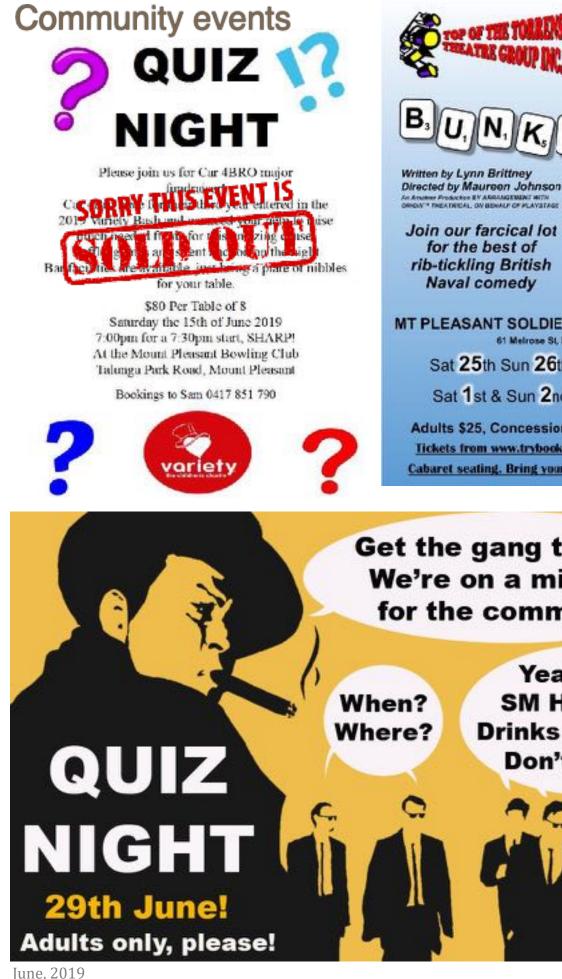
2020 The Barossa

Photographic Calendar Competition is now open for submissions, with the cut-off date being Friday 5th of July., 2019. For more information and to make your submission, please visit: https://www.barossa.com/barossaphotographic-calendar-competition

Please note that non-electronic submissions are not accepted.

Seen anything interesting or unusual? Let us know:

info@mountpleasant.sa.au





Get the gang together We're on a mission for the community!

> Yeah - 7pm SM Hall - BYO **Drinks & Nibbles.** Don't be late!

Community events



Another strong day of talented performers is shaping up for our June open mic. Julie Kowald & her sister Sandy will be performing as a duo.... and much, much more will be revealed soon



band "the BADLANDS" along with two more bands who will rock your socks off!

Ticket includes entrance, live music and dinner - \$39 -See our website for more details and to buy tickets: http://theoldbarn.com.au/2019-moondance/

Mt Pleasant Hotel Motel



Live music June! Mt Pleasant Hotel Hotel

ACOUSTIC HIGHWAY

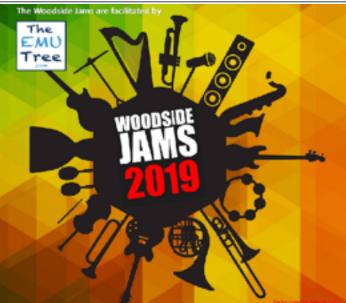






Edenmae Estate Main Road, Springton Friday nights –

KAMPUNG



THIRD SUNDAY OF THE MONTH 16th June

Improve your musicianship Learn to play withother musicians Become a better performer Young musicians of all agos, styles and levels welcome Bring your instrument and play

36 Nairne Road, Woodside 2:00 - 5:00 pm Entry free

Facebook.com/woodsidejams

YK.

Mark de Lange. emunity Development 200er Youth & Recreation (36) 8408 6550 | indelangeRiche saugevita





Elysian Springs June Saturday Session Dinner

Join us for our June Saturday Sessions dinner on the 1st of the month at our Mt Pleasant cellar door with live music by talented local musician Ben Povey. Indulge in a glass of our award-winning wine on arrival and graze on platters of local produce to start. Places are a limited as we need to accommodate for all to be seated inside our intimate cellar door in case of wet weather, so be sure to book your spot quickly. Bookings via our website or by calling us at cellar door on 8568 1900. \$40 for adults, \$20 for children 12 & under.

other events Gumeracha Minter Solstice

Come to this family-friendly event to welcome the Winter Solstice. Enjoy a range of soups (all dietary needs catered), fire, marshmallows, music and hot chocolate.

Saturday 22 June 2019 from 4:00pm - 8:00pm

\$10 adults + booking fees \$5 children (up to 16) + booking fees. BYO mug or purchase a Gumeracha Solstice soup mug \$6 + booking fees.





The Celtic

The Irish Songbook Tour 12th June 7-9.30pm Barossa Arts & Convention Centre, 130 Magnolia Rd, Tanunda.



Something coming up?

Email: info@mountpleasant.sa.au **Deadline:** 3 days before end of month

what's on in june



Events



mt pleasant walkers

8am Mondays, Wednesdays & Fridays call Murray - 0439 385 291

Date	Event	Details
1, 8, 15, 22, 29	MP Farmer's Market	8-12, Saturday @ Talunga Park
7,21&28	Live music @ Mt Pleasant Hotel Motel	From 7pm (check Facebook)
1 June	February Saturday Sessions Dinner	5 to 9 @ Elysian Springs, Springton Rd
2 June	Sunday @ the Barn – Open Mic	From 11am, Old Barn @ 191 Bank Rd, Sedan
2 June	Mannum Riverside Markets	From 9am, Arnold Park, Mannum
15 June	Moondance	Old Barn @ 191 Bank Rd, Sedan
15 June	Winter Solstice	From 4pm to 8pm, Federation Park, Gumeracha
30 June	Community Dinner	From 6pm, Talunga Park Pavilion
Meetin	gs	Check the website for more: www.mountpleasant.sa.au

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Committee / Group / Organisation	Details
CFS Training	Every Tuesday @ 7pm
CWA	1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall
CWA Craft Group	1 st Tuesday, 10.00am @ Soldiers' Memorial Hall
Community Dinner Group	1st Tuesday, 6.30pm @ Soldiers' Memorial Hall
Friends of the Mount Pleasant Hospital	10am, 2 nd Tuesday
Men's Shed	Open Monday & Wednesday from 9. Social Night - second Friday in month
MP District History	1-4pm, every Thursday @ History Room, SM Hall
MP Farmer's Market	8-12, every Saturday @ Talunga Park
MP Inc	6.30pm, 2 nd Tuesday @ MPNRC
MP Show Society	2 nd Monday
MP Spinners & Craft Group	St John's Church Hall, 10-3 on Wednesdays
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Pleasant Painters	10-2, 2 nd & 4 th Friday @ MP Library
Red Cross	Bi-Monthly, 1.30pm, 4th Thurs @ SM Hall (7th Feb for Garden Party)
RSL Social	3 rd Wednesday - Social gathering
RSL Meeting	Alternate month, last Sunday - Bi-Monthly meeting
SM Hall VAC	7.30pm, 4 th Monday @ SM Hall
Writer's Group	Please email: mrdonblataceaser@gmail.com

Thank you:

Newsletters are published at the beginning of every month, and generally available in the Wisteria Atrium at the Market & the Post Office. If you want a hard copy, please ask Anne or Rose @ the PO to reserve one. Online @ mountpleasant.sa.au Editors: Sue Barrett & Paula Bartsch



Contact us: +

If you wish to be notified when the newsletter is available online, please contact us via t: 0403012339 or e: info@mountpleasant.sa.au mountpleasant.sa.au or Find us on facebook. mpbeat

