



The good, the bad & the ugly

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During July, we lost a loved and valued member of our extended community in Bill Broughton. His wife Jan has given us some words that tell us what Bill did in his life, giving us a sense of her loss, but also showing what a wonderful legacy he has left us. Below is a notice about the Memorial Service that will be held in his honour, and you can find Jan's tribute to her beloved husband on pages 4 and 5.



cont'd on page 2

A 'Celebration of Life'

Memorial Service for Bill

will be held

on Thursday 15th August 2019 at 7pm

at:

Adelaide Congress Hall
Salvation Army
277 Pirie Street Adelaide

Ladies please wear some colour.

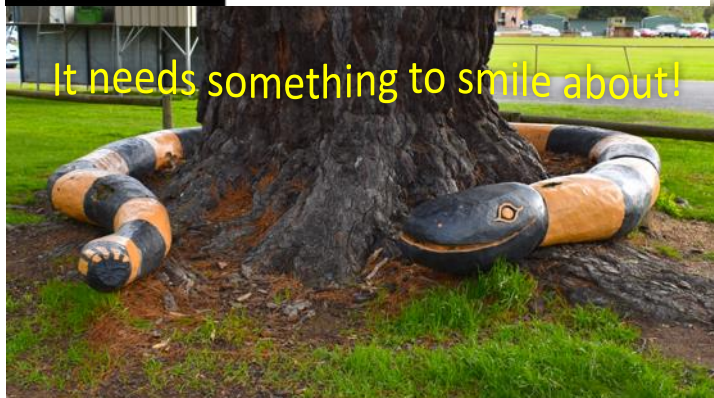
viewpoint



SALA



SPRINGTON GALLERY
Graetz Terrace, Springton SA 5235
OPEN 10am - 4pm Saturdays & Sundays during August



TRUST THE SIGNS

ASK
RUOK?

A
conversation
could change
a life

Coming events

+

September:

Spring Garden Festival
CFS Comedy night

The good, the bad & the ugly: cont'd from page 1

During July we celebrated Paul Kelly's 90th birthday with family and friends. It was a cool day, but the company was warm. A large number of their family was present and we spent the time chatting, catching up and looking at some of the things they'd collected over the years. A matter of days later – it was all gone. An issue with a generator combined with a very strong wind meant that their little house was gone in minutes – thankfully they were unhurt – and Pam's chooks survived, although somewhat shaken. Pam was surprisingly philosophical about it, glad that a lot of their precious memories had been digitised, and making plans for their immediate future. Pam and Paul are inveterate readers and had bulging bookcases in every room, and replacing some of their favourites may be another way we can make up for some of that which was lost. A GoFundMe page (House fire recovery) has been set up to raise money to buy them another car, as most people would know they are essential in our neck of the woods.



Pictured with Paul (left), are Pam (middle foreground) & their extended family on Paul's 90th birthday. Pic: Sam Pickering.

In the light of the bridge replacement, and the impending centenary of Old Talunga Park, we had another look around at the legacy of Rex Amber.

Many of you would be familiar with the painted 'animals' in the area at the front of Talunga Park – but have you had a close look lately? It's a pretty poor introduction to our lovely town with a lovely playground (no shade) that has a gate – at the showground end of the enclosure – opposite to the 'picnic area'.



The picnic area used to include a gazebo over a brick barbecue. The gazebo was in very bad shape and was taken down some time ago, but as yet, it hasn't been replaced. It's a large-ish area, and perfect for tourists to stop and have a bite to eat whilst the kids play, but it could be so much better. Apart from needing toilets – because every parent knows that when a toddler says they want to go to the toilet now, it means NOW, this area seriously needs some love. The Amber Animals are in dire need of some major repairs and repainting, and it would be such a shame to see them deteriorate further. Whilst the catch-cry of late has been 'get the Men's Shed to do it', there is only so much they are able to do. Is there any group or individual who could help with this? Please contact us, the Caretaker or Barossa Council if you can help.



Rex created quite the menagerie – including 3 snakes, 2 crocs, a turtle, a whale and a crayfish. As you can see from the pictures above, some of them are in pretty bad shape and there are large pieces of rotting wood that need replacing. The picnic area to the left is very popular with tourists and would benefit from money being spent on it.

Sue & Paula

Council matters

As someone who is relatively new to Local Government I am often asked if I am enjoying my work as a Councillor. The short answer is, yes. Since November of last year I have been on a steep learning curve however Mayor Bim Lange, fellow Councillors, the CEO Martin McCarthy and his staff have been a tremendous help as I try to assist and advocate for people across the Barossa but in particular the south eastern corner.

When I first took this job on there were, and still are issues with the watering of the Mount Pleasant Oval. With others I have worked to ensure that the Mount Pleasant Oval has an assured and cost effective supply of water. To that end \$211,000 has been allocated in the budget this financial year for the irrigation of the Mount Pleasant Oval using recycled water.

Recently Council conducted an audit of tennis and netball courts. That audit revealed that the Mount Pleasant courts were in need of work to the value of \$700,000.00. Last financial year \$40,000 was allocated to undertake work on the courts. It remained unspent and was rolled over into this financial year.

I am pleased to let people that there has been a quarter one adjustment in the 2019/2020 budget and a further \$210,000.00 has been added to the \$40,000 for an all up total of \$250,000 for work upon the tennis and netball courts. This allocation is subject to matched grant funding. If successful in grant funding it will result in a half million dollar upgrade to the tennis and netball courts. I have my fingers and toes crossed for the tennis and netball players of the district that we can obtain grant funding to bring most of the courts up to an acceptable standard. I can't thank Council enough, in particular Jo Thomas and her staff for the work they have done with this project. Whilst we are close to having the courts upgraded we are not quite across the line. I will keep people informed as soon as I hear anything about grant applications.

People will see elsewhere in The Beat that Old Talunga Park is to celebrate its Centenary later this month. What better way to celebrate than with a new footbridge across the River Torrens. Thank you to Matt Elding and his staff for delivering a new footbridge, I just hope it leads to new

and improved tennis and netball courts. Living locally I have heard all sorts of figures bandied about regarding the cost of this project, whilst the final amount has not been finalised, I can let everyone know that just short of \$120,000 was allocated to the project. Hopefully the project comes in under this figure so money can be spent elsewhere within Council.

The last item I touch upon is the cost of energy (power) to run a facility such as Talunga Park. The cost has not gone unnoticed. To that end our local incorporated body tasked with the job of managing Talunga Park and the SMH have been looking at ways to reduce costs. To that end Council has again come to the fore and allocated up to \$20,000 to undertake a feasibility study examining the viability of alternative power supplies to Talunga Park. I await the outcome of that study. Until next time, regards to all.

Don Barrett – Barossa Councillor



Old Talunga Park



MPCA Inc.

Further to the article regarding the new footbridge, Mt Pleasant Community Association has received a letter from CEO Martin McCarthy promising that the Torrens will be fenced BOTH sides (Talunga Park & the SM Hall), within three months. We are very pleased about this as we viewed it as a significant safety issue and first approached TBC in 2017.

Talunga Village update

It appears that Ellen's flat has more issues that need addressing, and The Barossa Council is onto it. We are hoping that it won't take too long before Ellen and Laddie are back where they belong. Our thanks go to the TBC contractors, and especially thank you for the untiring work of Jo Thomas.

Bill Broughton's excellent adventure



William Russell Broughton (Bill) was born on August 16, 1946 in Los Angeles, USA, to Salvation Army officer parents, Harold and Ruth Broughton. This family background had far-reaching implications on his path in life; constant moving to new communities and new schools developed Bill's outgoing personality and ability to make new friends readily, and the exposure to brass band music gave him an early sense of his destiny.

When he was ten years of age, he heard the International Staff Band of the Salvation Army who were touring the USA and was inspired by the playing of the featured trombone soloist John Cobb. He announced to his father, 'Get me a trombone!' With this request, his father went out and bought him a third hand trombone and an Arban's Tutor and armed with these two acquisitions Bill began to teach himself to play. From this humble beginning Bill went on to carve out a brilliant career in professional music, within the avenues of performance, recording, composing, arranging, conducting, producing, teaching and motivating.

In 1968 at the age of 22, Bill went to Hollywood to begin his career as a studio musician and was soon playing for

most of the television and motion picture studios. Some of the television shows were *Bonanza*, *Gunsmoke*, *Little House on the Prairie* and *Kojak*, while the list of movies included *Jaws 2*, *The Godfather 2*, *Honey I Blew Up the Kids*, and *Miracle on 34th Street* and more. As a player Bill performed for many artists, from Sinatra to Streisand, but also enjoyed tenure with *The Roger Wagner Chorale* and *Symphonia Orchestra*, *The New York Ballet*, *San Francisco Ballet* and many others. It was there he came to the attention of the top composers and conductors like David Rose, Lalo Schifrin, Morton Stevens and Carmen Dragon among others. In the mid 1970s Bill moved into the next phase of his career. Composing for shows like *Quincy M.E.*, *Hawaii 5-0*, *The Tonight Show* and *Buck Rogers*, he soon accumulated an impressive resume of nearly 1000 musical scores for television shows and had several symphonic and other commissioned compositions premiered as well.

In the early 1980s Bill became executive director for a new production for *Bullwinkle Inc.* Using the original talent of the cartoon characters of the series *The Adventures of Rocky and Bullwinkle and Friends*, Bill left his episodic writing to use his people and management skills to produce over 120 scripts, songs and musical productions of all styles for the company.

In 1991 Bill was the composer/music director of the international Miss World competition in Atlanta, Georgia, and in 1994, Intersound International produced eight albums entitled *The Magic of the Movies*, with Bill as artist and conductor, and these albums were released nationally in the USA. 1994 also marked the release of two Jazz albums featuring ten trombones and rhythm, with Bill featuring as arranger as well as performer. *Billboard Magazine* gave these albums *Spiritual to the Bone 1 and 2* a great review and they were released to international acclaim.

In 1996 he was appointed the Music Director of the 1996 Atlanta Paralympics games. His responsibilities included writing original music and overseeing and conducting all music productions for the event, working with such artists as Aretha Franklin and Liza Minelli.

In a lifelong musical career, which spanned the worlds of orchestral, jazz and popular music, Bill never forgot his early interest in the world of brass band music, and invested a portion of his immense talent into compositions and arrangements for brass bands, as well as into adjudicating of brass band contests. His music for these groups has been played and recorded internationally for many years and his works have been used for contests and National Band Championships in Australia, New Zealand and Britain. In June 2011 Bill had two of his arrangements performed at the Royal Albert Hall during the 120th anniversary of the Salvation Army. At the time of his death, Bill had been the president of the National Band Council of Australia for three years.

Following a national tour of Australia with the trombone group *Spiritual to the Bone*, Bill moved to South Australia in 2003. He gained permanent residency and in 2006 became an Australian citizen.

cont'd page 5

from page 4

Bill was a larger than life figure with a warm and effervescent personality, and he readily made friends in his adopted country. It was at this time that he met his wife Jan; a romance blossomed, and they were married in February 2005. Bill had adult children in America, but since Jan had been widowed some years previously, her four children now gained a stepfather who entered into their family life with his customary warmth and enthusiasm.

They eventually purchased the delightful country property 'Glenroy Homestead' on the edge of the eastern Adelaide Hills and settle down to a more relaxed lifestyle, becoming involved in the Mount Pleasant community. Bill was able to maintain his worldwide contacts in the musical world with an extensive online network, which included composing and arranging commissions across the various genres of orchestra, concert band, brass band, big band and other groups.

With Jan at his side they often travelled for Bill's musical commitments, such as performing on trombone, adjudicating at band contests and giving presentations as a motivational speaker.

He wrote and published two motivational books. He had been part of the Generations in Jazz weekend in Mount Gambier with James Morrison since 2006 and relished the opportunity to assist and encourage young performers; he was also a part time lecturer at the Elder Conservatorium of Music at the Adelaide University from 2003 to 2007.

Until recently, Bill was still producing his own solo trombone CDs, and travelling interstate to lecture, conduct and perform as a soloist. He produced a sound on trombone, which was unique, 'like golden honey in tone'. He continued to be much sought after as an adjudicator for brass band competitions, and also as an inspirational motivational presenter. At the 2017 Generations in Jazz he gave this valuable advice to students:



Top – Bill with the 'On the Edge' Choir. Centre - Bill with Paula at an Anzac event where he played the piano. Below - Bill and Jan.



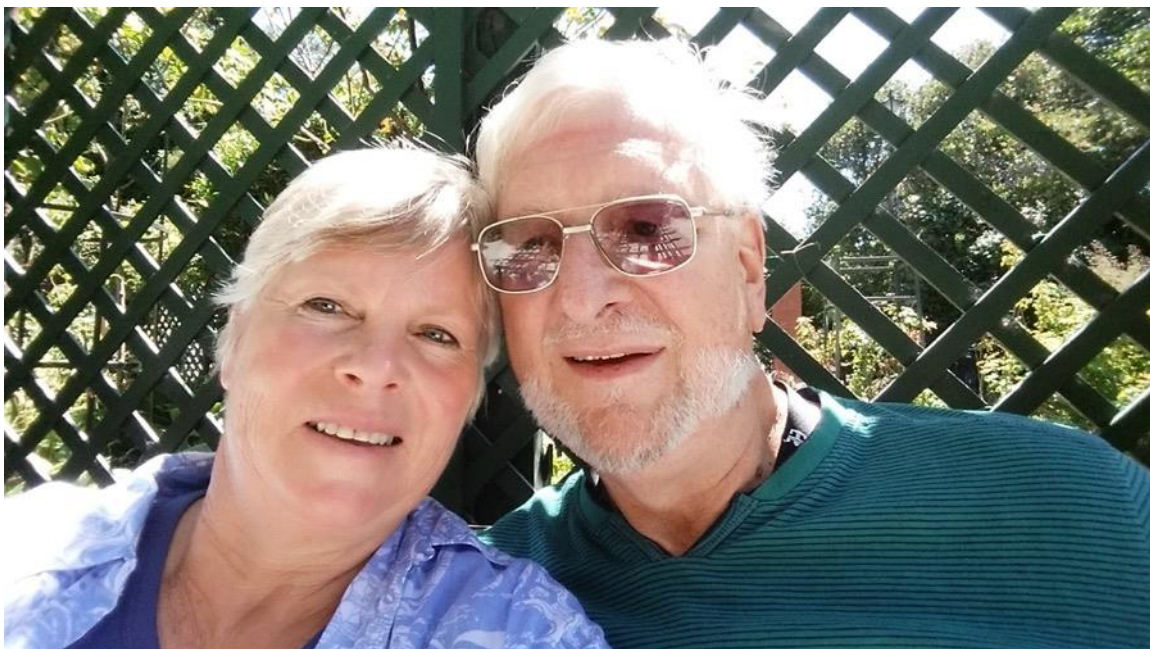
'You play to give your gift away. A listener comes because they don't do what you do; you complete them by playing and they complete you by listening.'

'Music is an art of the heart, not an art of the intellect. Always give your best because that's all that's required. If you had fun, that's even better. Make sure it's always fun, that's why we play.'

After more than fifty years of a career that covered a broad spectrum of the music world, Bill's family and friends were saddened by the onset of a congenital condition, which diminished his capabilities and cut his life short. Throughout this difficult time, he was nursed at home by Jan. He is survived by his devoted wife Jan, his three

children Krissy, David and Lauren, his step-children Katie, Matthew, Peter and Melody, and twelve grandchildren, as well as his brother Bruce.

When the end came, he was, to use an old Salvation Army term, 'Promoted to Glory' from the Mount Pleasant Hospital on June 29, 2019.



Vale, Bill

Pleasant History

Rex Amber's Legacy



The bridge behind the Hall has been replaced and I am assured that the memorials that were placed in front of the bridge in 1989 will be reinstated. This pedestrian bridge (which if you care to take a look, is at the moment an invitation to something else) was named the 'Rex Amber Walkway' in honour of Rex Amber, a former Councillor in the Mount Pleasant District Council from 1980 to 1986, and someone who gave a lot to his community. Rex had been a farmer in the Birdwood region throughout his working life, and on his retirement he and his wife Kath, an awesome teddy bear maker, retired to a house in Melrose Street, Mount Pleasant. They gave back to the community. Rex pottered at the new Talunga Park, creating the stone ticket boxes which are rarely used as such these days, but were constructed as shelter for those selling tickets to the regular football games, which occurred in those days. Rex had an artistic eye and would collect various logs and wait until they spoke to him of what they could become. Hence we have the wooden animals at Talunga Park... at least they are still hanging in there currently, but without some loving care they will soon disintegrate.



Pictured above is the crayfish, and right is a close-up of its face. You can see that it once possessed a cheeky grin, but there's not much to smile about now.

My grandchildren will be some of the many children who have played on these structures and will miss them should they disappear.

Rex had a vision, which included the beautification of the township, and it is due to him that the trees and shrubs were planted on the then St Magnus (now Magnus Australia) grounds, to beautify the roadside in front of these buildings.

In 1983 he and Wally Kubank created a new garden area, which included a former PMG pole as a flagpole. A flag provided by the Mount Pleasant District Council was flown at half-mast on February 18th and 19th 1983, in tribute to those who suffered in the Ash Wednesday bushfires. During the 1988 Mount Pleasant Show Kath Amber and Brian Pym unveiled a plaque in this garden, in appreciation of the work that had been carried out by Rex throughout the community, but particularly at the Show where he had assisted, and had been Patron. This ceremony had been planned as a surprise for Rex, but he died a short time prior, so his wife received the recognition on his behalf. John and Jackie McAuliffe, then owners of St Magnus, donated the Rex Amber Memorial Trophy to the Show Society, to be awarded to the Best Presented and Neatest Trade Exhibit, in his honour.

The other memorial plaque in front of the bridge told the story of why the bridge was in place. It is hoped that we can expand on this and create a storyboard with some pictures of the former bridge and the history of the area generally, to encourage visitors (and locals) to appreciate the thought that was given by and to the community 100 years ago. Most importantly we should recognise those community members who gave so much to us. Without Robert T. Melrose we would not have had Talunga Park or the trees in our main street and beyond, and without the dedicated hours of work by Rex Amber, the beautiful park we enjoy today would still be a dream. Both men gave unselfishly to the township they loved.

Paula Bartsch - Historian

100 Years of Old Talunga Park. Interested in a picnic in the hall in October? See Paula, or email to:



Shoppportunity!

It was cold outside but the hall was toasty and warm when we held our first Shoppportunity for the History Group. TOTT was there with a collection of vintage pieces from their extensive collection. Graham Westwood took the opportunity to bring along a large selection of his colourful works including those with a marine theme as well as some beautiful horses and dogs. Gareth raided his collection of excess computing equipment and vintage vinyl records, and Paul had a selection of boxed models including those from the Star Trek Universe, Batman, and of course Game of Thrones. Michele had an amazing collection of fabric items including lampshades, cushion covers and the best ironing board covers you will ever see – and she makes to order! (see her on Facebook – Suncraft Ironing Board Covers), Cass & Maria were offering a range of household items and gifts, the Friends of the Hospital had some beautiful handmade goods, Alice brought along a selection of her animal paintings, Robyn Mitchell was there with her beautiful glass jewellery, 5th Avenue was doing brisk business, Lisa and Kath had a stack of Lisa's handmade bears and Paula had books for sale. Thank you also to the indefatigable Lea and her lovely mum Elaine for the yummy afternoon tea.

Gareth, Paul and some of the other stallholders are already talking about another one later in the year, perhaps a car boot sale with a vintage slant. If you are interested, get in touch with Gareth or Paul and see if you could be a part of this fun event. Stay tuned.



Clockwise from top: Michele with her Suncraft goods, Gareth & Paul - models, computer goods & vinyl, Lisa, Kath & Taylor with their bears, Robyn & her sister with handcrafted glass jewellery, Lea and Elaine, Steve & Chris on Raffle duty, Graham Westwood's wonderful paintings and Maria doing the hard sell for Cass.



SACWA – 90 years strong



The CWA 90th birthday morning tea was a great success. Once again Mt Pleasant hosted the Hills & Murray Group and we took the opportunity to ask Mary Starker to make us a cake to mark the occasion – after all, it's not morning tea without cake! Along with the visiting branches our guests included State President Roslyn Schumann, Group President Kath Peltz and three of Mary Warne's grandchildren – who were delighted to be asked and to share their reminiscences of their grandmother. Thank you to Jan Gardner for her wonderful floral arrangements, Many thanks to Emma from The Leader newspaper who was on hand to make sure we had some decent pictures of the day. For more pictures – please go to the Mt Pleasant SACWA Facebook page.



happy **90** birthday



Congratulations to Paul Kelly! 90 years young!
Pic: Sam Pickering

70
and
FaBULOUS

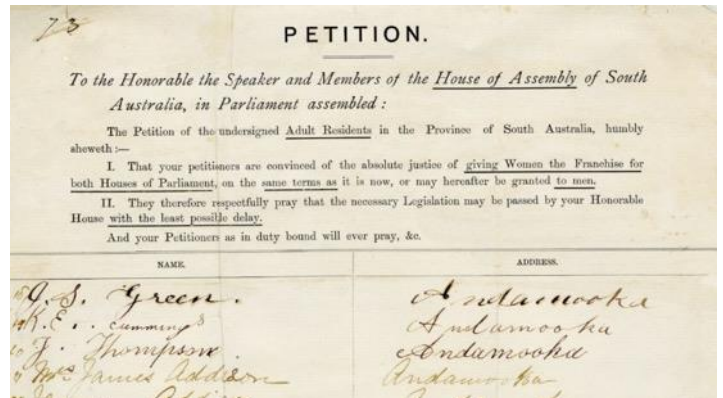


Congratulations to Diana Henderson!
Another fabulous milestone!

Did you know?



The Centre of Democracy and the History Trust of South Australia is marking 125 years of women's suffrage in the State by coordinating a series of programs and events throughout South Australia during 2019. In December 1894, after decades of activism, women in South Australia were awarded the right to vote and stand for parliament. In 2019 we celebrate the victory of the early suffragists such as Mary Lee, Augusta Zadow, Catherine Helen Spence and those who joined the fight. The Suffrage 125 initiative explores issues of gender equality over the past 125 years. Catherine Helen Spence was Australia's first professional female journalist and first female political candidate to stand for election. She was a dedicated social and political reformer. Spence's influence on the suffrage movement culminated in South Australia being the first Australian colony where women won the right to vote, and the first in the world to give women the right to stand for Parliament. Spence stood for election in the 1897 Federal Convention, but was unsuccessful. A woman was not elected to State Parliament until 1959 when Joyce Steele and Jessie Cooper were elected.



Heard of a special milestone coming up? Let us know! We'd love to spread the word!



White Lion

Whitelion's vision is for all young people to have equal opportunities to succeed.

Whitelion's purpose is to give young people the pride, courage and opportunities to change their lives.

Whitelion services are available in Sydney, Perth,

Adelaide, Mt Gambier, Melbourne, Frankston, Wyndham, Gippsland, and across Tasmania. Whitelion works in a trauma-informed and strengths-based model across five service streams:

- Prevention in schools
- Outreach and case management
- Mentoring
- Youth Programs
- Vocational pathways assistance, including alternative education settings and employment programs

Our Story - Origins

Whitelion was built on three founding assumptions in 1999:

- At risk young people have multiple services, professional workers, and often statutory orders, dictating the course of their lives.

Whitelion's response was to provide a pro-social adjunct to professional services - giving young people hope, encouragement and positive experiences that would support their engagement with services and focus on developing their connection to community beyond their diagnosis, history and service involvement.

- At risk young people have few stable, positive adult role models. Beyond their family networks, adults in their lives tend to be professional workers.

Whitelion recruited community volunteers to mentor young people - young people respond positively to the concept that unlike the professional workers they meet, volunteers weren't paid to be in their lives. This model allows us work with the concept of pro-social modelling to modify behaviour.

- At risk young people have no control over the childhood trauma or neglect that changes the way their brain functions in relation to decision-making and risk-taking. Those most at risk may be turned away from mainstream support services due to the intractability of their behaviour or complexity of their needs.

In its early days Whitelion picked up young people who were not suitable for mainstream youth support services, in the days before intensive case management was a mainstream practice. This drove Whitelion to develop trauma-informed practice models and to focus on strengths-based engagement.

Milestones

1999-2002, Melbourne

Whitelion was founded by Mark Watt AM and Glenn Manton. Mark was a manager at Parkville Youth Residential Centre and Glenn was a champion AFL player with a passion for inspiring at risk young people. Their shared experience and frustration at the lack of positive supports for young people in the justice system created the vision for Whitelion. Starting with pre and post-release programs for young people in custody, Whitelion initially delivered role model, mentoring and employment programs. A case management service to keep young Aboriginal people out of the justice system came next and our mentoring programs branched out into the Out of Home Care space to target a major risk gateway for young offenders. During these years a young man with lived experience of custody designed a youth leadership program, Young Lions.

2002-2011, taking the model across Australia

Whitelion took its innovative justice intervention programs from Victoria to Tasmania, South Australia and New South Wales.

2011-2016, adapting to a changing environment

The charities and non-profit sector changed rapidly following the global financial crisis and with the introduction of greater transparency with the establishment of the Australian Charities and Non-Profit Commission and greater sector focus on impact measurement. Mergers, for the purpose of creating sector efficiency became a governance focus. Whitelion merged with Open Family Australia in 2011, broadening Whitelion's services to include assertive street outreach to support homeless youth.

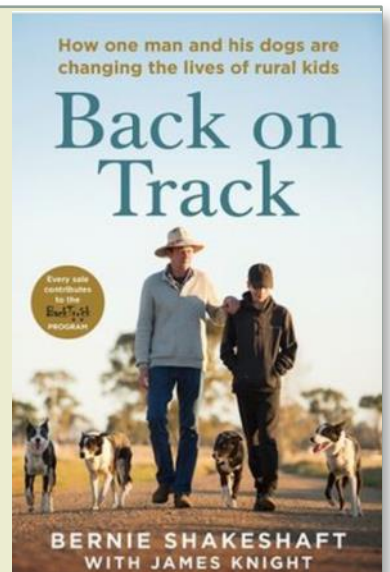
Additional mergers took place with Stride Foundation and Youth Connect, expanding Whitelion's services to prevention programs in schools. The merger Balga Detached Youth Work Project in Perth took Whitelion into the west for the first time.

2016 - 2018, looking to the future

Whitelion invested in social enterprise development to trial alternative funding streams and employment opportunities for youth. As we approached our 20 year anniversary, co-founder Mark Watt stepped into a development and ambassador role and Whitelion recruited a new Chief Executive Officer, Hang Vo, to lead Whitelion on a journey of renewal and growth.

<https://www.whitelion.asn.au>

A thought-provoking and heart-warming story of how one man (and his working dogs) is giving rural kids, on their last chance, a second chance. As a kid, Bernie Shakeshaft's mischievous and reckless behaviour led him to become known as the wild one of his devout Catholic family. Years later, Bernie'd been visiting too many kids in prison and going to too many funerals. He started a youth program called BackTrack, with three aims: To keep them alive, out of jail and chasing their hopes and dreams. Available from good book stores.



Men's Shedding AMSA rep visit



Mel White – in charge of Insurance and Grant funding for the Australian Men's Shed Association dropped into the shed on her tour around South Australian sheds. The blokes put on a nice spread (some cadged from the CWA effort on Monday) and took great pride in showing her around their facilities. This was followed by a Q&A session, which we all found enlightening. Mel is pictured top with Roger (left) and Murray (right).






BE CONNECTED!

free sessions

TOPICS INCLUDE:

-  The absolute basics
-  Getting to know your device
-  Getting started online
-  Safety first
-  More online skills
-  Connecting to others
-  All about data
-  Wi-Fi & mobile networks
-  Online hobbies
-  All about apps



*Next sessions: 12th & 26th August @ 10.00 am
Men's Shed, Talunga Park Rd, Mt Pleasant*

Next session – Projects!

For info:

Tel: GARETH – 0430026993 or SUE - 0403012339

Local Computer Services

Nick Sharp is a local computer tech who has been working in the field for over 23 years. He offers a wide range of services including:

- Home Internet and Wireless set up - including NBN
- Desktop and Laptop repairs and tune ups
- Wireless printer / network printer set up
- Virus removal, Security and vulnerability reviews
- Smartphone set up (Email & Apps) & training

Get help with anything relating to:

- Apps and programs
- Internet
- Email
- WiFi
- New Hardware and security

Keep in contact with Skype / Facebook training.

In home / Onsite support.

Book your PC in for a Pit Stop now!

Nick can give your PC a check over from \$88.

or Turbo Charge your PC with a SSD HDD RAM Upgrade from \$250 including labour.

Call Nick on 0414261986



\$60 P.H.

Extended until August!

Men's Shedding

Healthy Lifestyle program

The Healthy Lifestyle program returns on 6th August. Topic Two - Physical Activity for Better Health What sets this program aside from the rest? Your health care practitioners have aimed this program so you walk away with understanding, knowledge and confidence in your health journey.

Please join Melanie, Melissa, Suzannah and Jess as they help you navigate the path to wellness.

The first session was a bit of an eye opener for some of us, and also didn't seek to make us feel bad for not being as fit as we should be, but instead gave us a few tools to help us live better. Worth popping in to see how it can help you.

It is priced at \$25 per session – but there are rebates for those with Type 2 Diabetes, and with private health funds. You are able to pay on the day.



mt pleasant walkers

8am Mondays, Wednesdays & Fridays

call Murray - 0439 385 291

HEALTHY LIFESTYLE PROGRAM

Next session:

11am, 6th August at the Men's Shed

All Welcome



The Men's Shed is seeking good quality hand tools for use in the shed, such as:

- wood chisels
- wood turning chisels
- hand planes
- saws - especially tenon saws
- brace and bits

We will give them a very good home.

Want a gym in Mt Pleasant?

Contact MPMS or MP Beat –
mtplesantmensshed@bigpond.com or
info@mountpleasant.sa.au

Men's Shedding from p12

Faye talks in circles



Faye McGoldrick from the Mt Pleasant Natural Resource Centre was invited to the Men's Shed to tell the members a bit about what the MPNRM and Recreate does, as well as inform them about a new initiative she is proposing. Repair Cafes have been set up in various places around the world, and we have one in Adelaide at 111 Franklin Street in the Sustainability Centre. Faye's idea is to establish one here – possibly in the new workshop space. Basically, the premise of these initiatives is to break the cycle of use and discard. Too many times we are guilty of throwing away something because it is cheaper to buy a new one –but what if it could be repaired easily? Why not keep it – or at least give it to someone else who could use it. If you are interested, pop into Recreate and have a chat with Faye – she'd love your input.



What is.. Circular Economy

A circular economy (often referred to simply as "circularity") is an economic system aimed at minimizing waste and making the most of resources. ... This regenerative approach is in contrast to the traditional linear economy, which has a 'take, make, dispose' model of production.



Food & Film night

The weather was appalling for our last Social Night – which put a few people off, but the food was excellent and the movie was wonderful.

We welcomed Chris & Genevieve Hebart who joined George in a warming tipple.



Food and Film night



Come and join the usual suspects in a fun and friendly night in the Men's Shed on **9th Aug** from 6pm.

Food by Bowdy and Hendo – Asian finger food and popcorn:

Film by Gareth – "The Quiet Man". Synopsis: *IMDB*. A retired American boxer returns to the village of his birth in Ireland, where he finds love. Stars John Wayne and Maureen O'Hara. A cinema classic.

PS: Bring a cushion.

Pete's Poem

DIARY OF AN ADOPTING DOG

continued...

Springton
Supper Club

My new humans are coming along OK,
They've learned the basic rules of play.
I bring a stick for them to toss,
They quickly realised who's boss.

In the morning, at rise of sun,
They've learned I like to have a run,
Round up the sheep, chase off the Roos,
And race wherever I might choose.

A lap or two around the dam,
Ah yes, I'm happy where I am.
Back home for food, and rest my feet,
Perhaps a snooze, if I feel beat.

I've taught them too, how good I am,
At sleeping in our caravan,
I loved the beaches, and all the walks,
And chasing Seagulls over at Yorkes.

Didn't catch any, sad to say,
When I got close, they flew away.
Still, we're going back in a month or so,
Then I can have another go!

Meanwhile, they bring all I desire,
And moved my night-bed to the fire.
So I sleep warm and snug all night,
'Til I jump on their bed at morning light.

Zeus, Wonder Dog & sometime poet

Translated by **Pete**,
the peripatetic poet.



Once again the Springton Progress Association put on a Supper Club for us – this time it was the two Terrys (T Junction), and we were kept entertained by their vast repertoire from the Stones, through the Beatles to the Eagles. Quite a few of the audience took advantage of the dance floor and showed off their dancing skills, although some might have been cutting moves that were a thing before they were born! It was a great night and the blokes were really entertaining – can't wait for the next one! It was pretty dark – and the dancers kept coming and going, and didn't stand still for long enough – but you get the gist!)





What can you discover at our Farmers Market?
 What's in your market haul?
 Let's unveil the array of produce hitting your fridge and pantry and...
 For your chance to win a 12 month Market membership send us your photos of your market haul to email managermpfn@bigpond.com.au or share to your Facebook Page and/or Instagram.
 Must tag @mountpleasantfarmersmarketau
 Use hashtags: #mymountpleasantfarmersmarkethaul or #mountpleasantfarmersmarket

- Best photo of the week will feature in the newsletter
- Prizes for best photo each week
- One winner of a 12month membership

Competition ends October 2019



Those Barossa Girls visited the Market – checking out the local talent. Rich pickings!



Men's Shed on the gates again!



It is amazing what can happen with a bit of creativity, imagination & rubbish!

For Sale

We stock a range of products to help you kick the disposable plastic habit...beeswax wraps replaces glad wrap, fabric produce bags, compostable dog poo bags, cotton and bamboo dishcloths (work great as face washers too!). But remember you don't have to buy more to reduce your plastic use! Reuse glass jars to store and freeze food, sew your own produce bags from remnant sheets or a pillowcase. What do you do to reduce plastic use and reuse what you already have? Share your tips on the Recreate Facebook page.



Native Plant Sale

Kersbrook Landcare Nursery
Last sale for the season



Sat Aug 3rd 10am-2pm

Most plants now \$1.50

Lots of Bargains

Still many species available but check website to ensure we have what you need - bring boxes

kersbrook.landcaregroup.org.au or Yvonne 0430018007

176 South Para Rd.
Just south of Williamstown on the road to Kersbrook.



Sustainability Centre
111 Franklin Street, Adelaide.



clubs &



By now, all the organisations and individuals who have been previous entrants in the Christmas Street Parade would have received their entry forms, and if there are some who wish to be a part, please contact us via the newsletter and we'll pass one on. Catch us on Facey, Insta & Twitter!

MPCA Inc.



AGM 13th August @ 7pm. SM Hall

bits & bobs

Mt Pleasant Fleece and Fibre Fair

August 10 @ 10:00 am - 3:00 pm

Mt Pleasant Fleece & Fibre Fair is an annual event run by SA Coloured Sheep Owners Association. Gold coin donation on entry. Home made soups, cake and Devonshire Teas.

STRATHALBYN
A SECRET WORTH SHARING

2019
STRATHALBYN
ANTIQUES & COLLECTABLES FAIR

In the beautiful and historic town of Strathalbyn, S.A.

Antiques and Collectables Halls
High Street and Russell Street
Home-style Catering
Antique and Collectables Shops

SATURDAY 17TH AUGUST 10am to 5pm
SUNDAY 18TH AUGUST 10am to 4pm
ENTRY \$10. UNDER 18 FREE.

TREASURE MARKET AT THE OVAL
SUNDAY 18TH AUGUST 8am to 4pm
ENTRY \$5. UNDER 18 FREE.

Fair enquiries: 0427 674 620 Treasure Market: 0429 699 078
Email: convener@sifa.asn.au



Friends of the MP Hospital



The Friends of the Mount Pleasant Hospital had a table at the Shopportunity, selling their handmade goods, and Virginia and Paul once again were on hand to do the honours. Planning is underway for the Garden Fete at the end of the year – stay tuned for more information. More about the Friends in the next newsletter.

Please note that the AGM will be held on the 13th August. All welcome.



Del Henderson

Del Henderson who is a member of CWA and Friends of the hospital has been unwell for some time and is receiving care in the MP Hospital. After the 90th celebration, State President Roslyn Schumann visited her in hospital, taking with her the beautiful arrangement by Jan Gardner. Members of Del's family have been visiting from New Zealand and are keeping her company. Our thoughts and good wishes are with Del and her family at this time. (Del pictured below centre)



bits & bobs



Torrens Valley Community Kindergym

Come join the fun!

Kindergym is lots of fun for all involved. We have so much fun climbing, jumping, hanging and swinging, balancing, sliding and crawling. Come and join us for our next class.

Monday
Kindergym 0-5 years
10:00am - 11:00am

Monday
Junior Gym 3-5 years
11:30am - 12:30pm

Gumeracha Town Hall

During school terms only

REGISTER YOUR INTEREST

E: info@tvkindergym.org.au
M: 0423 225 941
W: www.tvkindergym.org.au

 Find us on **Facebook**



YOGA CLASS

Springton Hall 7pm - 8:15pm
Wednesday nights \$12
Beginners welcome
pm/txt/call Helen –
0472 539 403

ROUND SHE GOES MARKET

A curated event for women's pre-loved + vintage fashion @ Goodwood Community Centre
Saturday 3rd August : 10am-3pm : \$2 entry



local markets

Lyndoch Community Market



10th Aug

The Market is held on the 2nd Saturday of each month from 10am-3pm. It features a

wide variety of goods on offer including papercraft supplies, handmade greeting cards, fiction and non fiction books, plants, bakery items, jewellery, wooden items, chopping boards, sausage sizzle, freshly baked scones, candles, hand sewn items and entertainment by Sounds Familiar. Stalls change every month to ensure there is always something new for visitors. Tel: 0412 219 742 or email:

lyndochcommunitymarket@yahoo.com.au



4th Aug



Mannum Riverside Markets is an outdoor market and can be found on the first Sunday of the month at Arnold Park near the ferries from 9am till 2.30pm in Mannum.

The market has an eclectic mix of over 30 stallholders, showcasing the best that our region has to offer. You will find delicious food, artisan jewellery, fine local handcrafted items, plants, candles, fresh produce and much more.

Come and meet the people who make the products. Enjoy the atmosphere, chat to the locals, watch the buskers and then grab something to eat and relax on the lawns by the river.

The Mannum Riverside Market is proudly brought to you by the Mannum Visitor Information Centre.

Mannum Craft Fair

10 August - 10am - 4pm



at Mannum
Leisure Centre
\$2.00 entry
tel: 0407 605 487

community
events



Check out the specials at the

MP Hotel

Just the thing for these cold, winter nights!



Pizza Night - Fridays from 4-9!

Pizza/wine/banter.

Cellar Door weekends

From 11-5 offering: wine, pizzas / platters & tastings. And during this cold winter, what is better than warming up in front of a blazing fire?

(25th August) The last Sunday evening of every month is **Rizz 'n Fizz!** An evening of step-by-step creative flow! All supplies & guiding artist onsite... includes take home canvas & complimentary platters.

Edenmae wine is available by the glass/bottle!

No artistic skill required :) \$45

We love functions and take private bookings for groups all the time. We even take private Rizz 'n Fizz bookings if folks can gather ten or more in a group :). See Michelle and her friendly staff at: Edenmae Estate – Eden Valley Rd, Springton. Tel 0409493407

Dulcie Dates August 19

Sunday 4TH
GILLES @ THE GROUNDS
WAYVILLE SHOWGROUNDS
10AM-4PM

Friday 9TH
WALK A MILE IN MY BOOTS
FINISH LINE
ADELAIDE PARKLANDS
7.30 AM- 10AM

Sunday 25TH
CREATIVE LIFESTYLE MARKET
PLANT 4 BOWDEN
9AM-3PM

Friday 30TH
UNTIL SEPT 8 TH
ROYAL ADELAIDE SHOW
WAYVILLE SHOWGROUNDS
10AM-7PM
UNTIL LATE FRI&SAT



3rd August

With the weather decidedly wintry of late what better way to celebrate all things great about winter in the Hills? Warm up around our fires (inside or out) with a glass of red in hand and charcoal spit roast dinner? Join us for our August Saturday Sessions dinner on the 3rd of the month at our Mt Pleasant cellar door with live music by talented local musician Ben Povey. Indulge in a glass of our award-winning wine on arrival and graze on platters of local produce to start. We encourage everyone to come together around communal tables and share in conversation and a meal of spit roasted meats, vegetables and salads.

Places are limited, as we need to accommodate for all to be seated inside our intimate cellar door in case of wet weather, so be sure to book your spot quickly. Bookings are via our website or by calling us at cellar door on 08 8568 1900. \$40 for adults, \$20 for children 12 & under.



Mt Pleasant Tennis Club



AGM end August. Practice starts in September.



community events

Sunday ^{the next} at the Barn 4th August



*open mic - light meals available
licensed bar - from 11am*

191 Bank Road, Sedan

We host our OPEN MIC events the first Sunday of every month. The audience will be responsive and warm... usually around 100 people at our open mic events. All genres, bands, trios, duos & soloists – something for everyone & all welcome! Remember, no cover charge, just come and have a great day. If you'd like to perform and have a preferred time you'd like to play, please let us know on Facebook or call or text Julie on 0413 314-749, or just come and register with our MC. We have a promotion table for you to sell your CD's.



Palmer Hotel Open Mic

Aug 17 & Sept 21

Open mic's are an excellent opportunity for amateur and experienced artists to perform in front of a live and supportive audience. Everyone is welcome – 'thank you' drink for all performers. Free camping available.

Mt Pleasant Dance Group

Next event:
August 11th. 1:30 to 5pm
Soldiers' Memorial Hall



For information:

Community Card Luncheon



THURSDAY, 15TH OF AUGUST

LUNCH AT 12 NOON

Join us at the Tungkillo Hall for lunch and an afternoon of cards

Afternoon tea is served to finish the day, after the games are over.

All welcome!

RAFFLES GAMES & FUN!

Cards begins at 1pm

\$12 per person



SATURDAY, 24TH OF AUGUST

EYES DOWN AT 7:00 PM

Join us at the Tungkillo Hall for a night of BINGO!

BINGO Markers & Soft drink for sale on the night.

Admission is free!
Tea, coffee and cake provided.



All welcome!

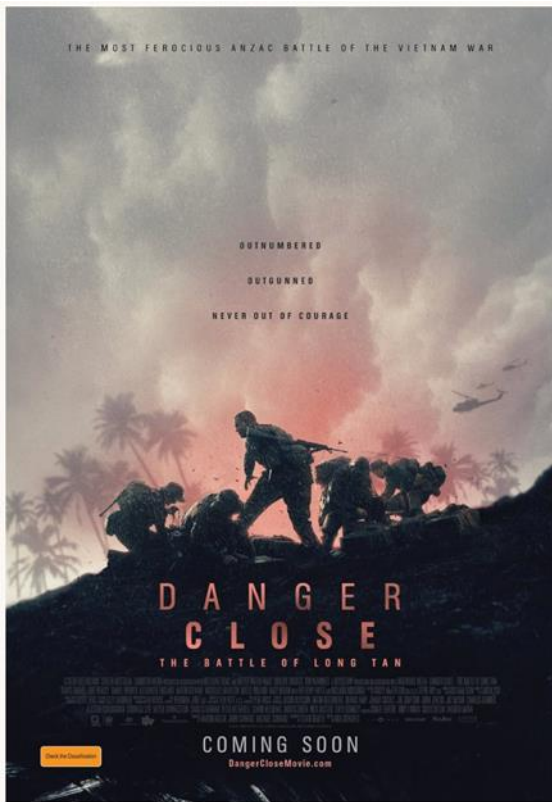
Caller: Mandy Lintern

B.Y.O. Drinks and Nibbles.



RAFFLES GAMES & FUN!

other



Vietnam Veterans Day



Sunday 18th August 2019
53rd Anniversary Commemoration Service of the Battle of Long Tan
18th August 1966

To be conducted at the Murray Bridge RSL from 11 am in memory of those who fought at Long Tan, and all those who served during the Vietnam War. Medals as awarded to be worn. All veterans, especially Vietnam veterans and their families, plus interested members of the community are invited to attend. Light refreshments after the service.

Please contact the RSL's David Laing for further details on 0407791822 or c2murray@rslsa.org.au

LEST WE FORGET



RSL news

16 August: Mental Health Seminar. Register 03 9035 5599. Venue: RSL Care, Myrtlebank - 11am to 2pm.



MOUNT PLEASANT SHOWGROUNDS
 Melrose St, Mount Pleasant

8am-3pm
ENTRY: \$5/person
 CONCESSION: 03 | CHILDREN: FREE

Explore a great range of stalls featuring quality plants, garden furniture, decor and garden care products. Meet our guest speakers and uncover the secrets to a successful garden!

For more information or to become a stallholder, contact us:

- 🌐 saspringgardenfestival.com.au
- ✉ managempfm@bigpond.com
- 📱 like us @saspringgardenfestival
- 📺 follow us @springgardenfestivalsa
- ☎ 0418 301 121

The SA Spring Garden Festival is proudly sponsored by and will be run in conjunction with the

MOUNT PLEASANT FARMERS MARKET INC
WWW.MPFM.ORG.AU

Supported by:



Mt Pleasant CFS Comedy Night

7.00pm on Saturday 14th September at the Soldiers Memorial



Rich Naberhood



Jason Chong



Mickey D



Kel Balnaves

Due to popular demand, it's back, the funniest show in Mt Pleasant!!

Get your friends and come and laugh the night away as 4 of Adelaide's multi award winning comedians keep you in stitches. Be entertained by Mickey D, Rich Naberhood, Kel Balnaves and Jason Chong

*** Rated M, not suitable for Children under 15 years due to language and adult content ***

Tickets just \$25.00. BYO drinks and supper. Tea and coffee provided. Tickets from <http://www.ticketebo.com.au/mtpleasantcfs>, or at the Mt Pleasant Post Office



Mt Pleasant CFS Comedy Night

7.00pm on Saturday 14th September at the Soldiers Memorial Hall

August calendar

Want a Gym in Mt Pleasant?

Contact the Mt Pleasant Men's Shed or this newsletter to register your interest.

mtpleasantmensshed@bigpond.com

info@mountpleasant.sa.au



Gawler Show

The 163rd Gawler Show will be held at the Gawler Showgrounds on Saturday 24th August and Sunday 25th August 2019, with all the horse action being held on Friday 23rd August 2019. Fireworks Saturday night and a full weekend packed with entertainment galore, special and new events. Running times and the Entertainment Program released soon!

Event

| Date | Event | Details |
|--------------------|-----------------------------------|--|
| 3, 10, 17, 24 & 31 | MP Farmer's Market | 8-12, Saturday @ Talunga Park |
| 3 August | August Saturday Sessions Dinner | 5 to 9 @ Elysian Springs, Springton Rd |
| 4 August | Sunday @ the Barn - Open Mic | From 11am, Old Barn @ 191 Bank Rd, Sedan |
| 4 August | Mannum Riverside Markets | From 9am, Arnold Park, Mannum |
| 10 August | Mannum Craft Fair | Mannum Leisure Centre |
| 10 August | Lyndoch Community Market | 10am-3pm, Lyndoch Institute |
| 15 August | Tungkillo Community Card Luncheon | Noon - Tungkillo Hall |
| 17 August | Palmer Hotel Open Mic | Palmer |
| 24 August | Tungkillo Bingo | 7pm - Tungkillo Hall |
| 25 August | Rizz 'n Fizz - Edenmae | (see Community Events) |
| 25 August | Community Dinner | From 6pm, Talunga Park Pavilion |

Meetings

| Committee / Group / Organisation | Details |
|--|---|
| CFS Training | Every Tuesday @ 7pm |
| CWA | 1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall |
| CWA Craft Group | 1 st Tuesday, 10.00am @ Soldiers' Memorial Hall |
| Community Dinner Group | 1 st Tuesday, 6.30pm @ Soldiers' Memorial Hall |
| Friends of the Mount Pleasant Hospital | 10am, 2 nd Tuesday in month - AGM |
| Men's Shed | Open Monday & Wednesday from 9am. Social Night - second Friday in month |
| MP District History | 1-4pm, every Thursday @ History Room, SM Hall |
| MP Farmer's Market | 8-12, every Saturday @ Talunga Park |
| MP Inc | 6.30pm, 2 nd Tuesday @ MPNRC |
| MP Show Society | 2 nd Monday |
| MP Spinners & Craft Group | St John's Church Hall, 10-3 on Wednesdays |
| MP Table Tennis | 7.30pm, every Wednesday @ BHS Gym |
| Playgroup | 9.30-11.30am, every Friday @ MP Kindy |
| Pleasant Painters | 10-2, 2 nd & 4 th Friday @ MP Library |
| Red Cross | Bi-Monthly, 1.30pm, 4 th Thurs @ SM Hall |
| RSL Social | 3 rd Tuesday - Social gathering |
| RSL Meeting | Alternate month, last Sunday - Bi-Monthly meeting |
| SM Hall VAC | 7.30pm, 4 th Monday @ SM Hall |
| Writer's Group | Please email: mrdonblataceaser@gmail.com |

Newsletter:

Newsletters are published at the beginning of every month, and generally available in the Wisteria Atrium at the Market & the Post Office. If you want a hard copy, please ask Anne or Rose @ the PO to reserve one.
Online @ mountpleasant.sa.au
Editors: Sue Barrett & Paula Bartsch



Contact us:

If you wish to be notified when the newsletter is available online, please contact us via -
t: 0403012339 or
e: info@mountpleasant.sa.au
mountpleasant.sa.au or
mpbeat on Facebook