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Discontentedly wintering with silver linings

It's been a long, cold and oftentimes unrewarding winter. The footy's a bust and people are still wary of venturing too far, let alone popping interstate on the holidays.

So many events were cancelled this year – and for those of us who normally spend a lot of time in meetings, typing minutes and organising events, it's actually been a bit weirdly restful. Paula and I have spent a lot of time doing those things that we never have time for – in Paula's case it's been finishing off some projects – like clothing and beautiful quilts. I, in the meantime, have found there are a lot of things I'm really not good at – but one or two things I can fake my way through.

And of course, there is - the house.

As most of you are aware, we finally overcame all the hurdles of plans, permissions and money and commenced restoring the façade of our old place.

It's been an interesting journey, and extremely rewarding, with lots of people stopping and passing judgement, making remarks, sharing anecdotes, and in one case, someone passing who used to live here, and she showed us where she and her sister had written something on the wall next to the cellar stairs.

Our builder has been amazing and we've met some lovely tradies, including George and his offsider who are currently rendering the new portico. Just FYI – they are Greek, and although it sounds like they are arguing a lot, I'm sure they are just passing on suggestions... I don't care what they say though, as their work is top notch.

The new arched windows have been delivered and will be installed over the next few weeks – which means that the lounge will continue to feel like a freezer. Another company is making plaster casts for the keystones and surrounds for the windows. The double doors will come after, then the verandah and slate floor. Then – we'll start making plans for a front garden!

When we bought the place, we knew we'd do this, and although it's taken a while, we hope that our community will think it's worth it.



This is what it used to look like in the late 1800's.



Who's Turning 50?

See page 10



Council snippets

Dave's new toy

Thanks to The Barossa Council – and in particular Jo Thomas – Dave Mac has taken delivery of a fab new mower. He reckons it's the bee's knees and says it makes his job so much easier. Previously he'd had a mower probably more suited to a domestic situation, and as the Caravan Park is constantly running on full, it was essential he didn't have to waste a day mowing.

Pictured below is the affable Dave and the Husqvarna model he is now using.



Rate info

For towns throughout The Barossa Council area Council needs money to deliver services and facilities. To that end each year Council needs to adopt a budget and a business plan. This year presented Council with many interesting challenges, accordingly before these were adopted Council endorsed a revised Rates Hardship Policy taking into consideration Covid19 and its impact upon ratepayers.

A little while back the Annual Budget and Business Plan went to public consultation with there being one submission. Consequently the Budget and Business Plan has been adopted. It includes an overall increase to general rate revenue from last year at 1.44% plus growth of 1.09%. What does this all mean? General rate revenue for Council will increase by about \$8K, and for ratepayers there will be an increase in general rates, spread across Council, of somewhere in the vicinity of about \$40.00 per assessment. Considering what Council delivers and the year that it has been through that is a remarkable effort, well done to the Barossa Council and its elected members.

Culture Hub

The Mayor Bim Lange and CEO Martin McCarthy also met recently with Member for Barker Tony Pasin to discuss the unsuccessful Building Better Regions grant application. The Mayor is seeking further feedback as to how the project will progress in the next round of funding.

Hospital changes

Response to COVID-19

Although the situation can change at any moment in response to what is happening, currently this is how things stand at our hospital.

A&E is closed until further notice. Angaston Hospital is open for emergencies, and Gumeracha Hospital will (hopefully) open in mid-August for emergencies.

Clinpath offers a pathology service (blood tests) which only occurs on Mondays, Wednesdays and Friday, between the hours of 8.30am to 12.00pm.

As these conditions may change, and the website isn't as up to date as it could be, please ring the hospital on 85680000 if you have any enquiries.

MPPA Inc.

(Mt Pleasant Progress Association Inc.)

Here is an update overview from the recent Mount Pleasant Progress Inc. meetings held in June and July, 2020.

Business Arising:

- Development on the Showgrounds/Markets ATCO toilets is still ongoing. Costs for asbestos removal has been delivered to the Barossa Council. No further contact from the Council to date. An email will be sent to Rob Nies and Rebecca Tappert re cost of removing asbestos.
- The Draft Barossa Council Services Management Agreement for the Management Services of the Talunga Recreation and Caravan Park has been discussed with Genevieve Hebart, Wendy Harvey, and TBC. Currently being reviewed by all members.
- The 'Project Informed', the MP Information Kiosk structure is ongoing. Paul Johnson met with the Legatus Group who did not seem particularly interested in our project. Grant funding for project may be the only option at this stage. There has been no further action as all new initiatives have been deferred for this year due to COVID-19 Pandemic. TBC has previously indicated there would be no funds forthcoming this year. Further discussion will ensue.
- The SM Hall kitchen upgrade cost quotes came in between \$130k and \$160k., as the use of the kitchen does not warrant this level of expenditure. We will not proceed with the grant application at this stage. We will however, consider a grant application for installation of a lift in the second round of grant applications later this year.
- The Council has decided on the initiatives for \$1m drought funding which include Tourism (town signs), a water supply to Eden Valley, Mt Pleasant and Moculta: Barossa Bush gardens infrastructure and footpaths. There was a lengthy discussion about the appropriateness of these decisions even though they are based on the Federal Government's criteria for funding. The process has not been completed with submissions now needing to be made to the Federal Government for approval. These ideas may still not gain approval. It was agreed that there probably is not anything that can be

mp beat

done at this stage as a “consultation process” has been seen to be done. Wendy Harvey will look through Council information for further ideas.

Finances:

- MP Progress Inc. has \$9,942.97 in its working account.
- Community Dinner has \$9,960.94.
- SALA has \$814.42.
- Insurance payment for MP Progress Inc. body of \$1765.27 has been made.
- It was noted that all areas, SM Hall, Talunga Park and Caravan Park accounts are in the black.
- The 2018/2019 finances have been audited by Karen Hegarty.

Correspondence:

The letter from Light Regional Council re Septic tank for Atco toilets was noted.

It was noted that the Council has been reminded about the \$20k made available to do a feasibility study on the Hybrid power solution for Talunga Park.

The grassed area in front of the Show/Market Hall has been shelved until next year due to costs and requirements of Council.

Sub Committee reports:

Talunga Park:

A new lawnmower has been purchased to be used at Talunga Park and Caravan Park.

Some concerns expressed about the soft ground on the oval and the horse traffic on it.

The Soldier's Memorial Hall:

Noted that the Council require COVID-19 Management Plans and licence agreements prior to anyone re-occupying any of the areas in the SM Hall.

It was noted that there are some activities occurring in the hall and it is not known if permission has been granted by Council. Clarification will be sought.

The Community Dinner:

This will resume on the 26th of July as a Christmas in July dinner. Permission has been gained for this event to occur.

Councillor Discussions:

Upgrade to MP tennis Courts will occur to the tune of \$525,000.

Business and Community Grants (COVID related) will be available soon.

The MP Show Society has received a grant for a new office. Chris Hebart is on the executive committee and will keep us informed of progress with this new build.

New Business:

- The 'Fit and 50s' Group, which has been operating for many years in the Pavilion, has requested that it come under the auspices of the MP Progress Inc. body for insurance purposes. The insurance company has agreed for that to occur, as long as the group becomes a formal sub-committee. It was agreed by the group that this would be a good idea. Genevieve Hebart will write to the group confirming the agreement. Wendy Harvey will formulate a reporting document for them to use.
- Genevieve Hebart has been forwarding the Council COVID-19 plans to all groups in the community.
- It was agreed that the MP Progress Inc. AGM should be held on the 8th September, 2020. Genevieve Hebart will prepare the appropriate paper work.

- The Farmers Market will be using part of the most southern cattle shed for storage
- The email from Regional Development about a volunteer management system has been emailed to members. It was agreed that the capacity of this system was far in excess of the volunteer requirements of this group.
- Gareth Saunders presented the 'My Home Hospital' Information from the Democracy Co. organisation, associated with the SA Health Department, which the Men's Shed, through its president, Murray Henderson, has participated in an initial on-line community seminar session. This is about changes to health and hospital care for people.
- Gareth also presented a document on the SA Govt plan for Ageing Well. Wendy Harvey will investigate this area further.
- John Bowd requested that a brass plaque be installed for those people who have donated towards the planting of the trees at Talunga park. Genevieve Hebart will follow this up. A decision needs to be made as to where this may be placed.
- Support for the Habitat Recovery Alliance (following the Cudlee Creek bushfires) from MP Progress Inc. was noted. There is no cost to MP Progress Inc.
- The MP Showgrounds Shed Mural has been completed and Graeme Westwood has been paid for his work.
- Other ideas for grant funding at the end of the year are for wall lining and a new floor in the catering shed, The CWA Garden, and air conditioning in the pavilion.
- Talunga Park Caravan Park is full.
- The pavilion ceiling has been painted.
- The MP progress Inc. Strategic Plan is on hold.
- Proposed Drainage work in front of the MP Show grounds Atrium is pending.
- Genevieve Hebart talked about discussions she has had with Simon Taylor from the Southern Barossa Alliance about an e-community support system for people within the Barossa area. This would have information on activities, support services, what is open and what is not etc., relating to individual towns. It was agreed that Sue Barrett would be the most appropriate person within the town to manage this. Genevieve will speak with her and refer her to Simon Taylor.

The meeting closed at 9pm. The **next meeting** is to be held at the MP Men's Shed on Tuesday, August 11th, at 7pm.

Gareth Saunders

on behalf of the MP Progress Assoc. Inc.

Opinion

It is sad to note that the proposed upgrade of the SM Hall kitchen has stalled. It's a shame that we couldn't have taken advantage of the lack of hall usage to at least complete a stage of the kitchen, with a chance to add more later.

It is also concerning that no action at all has been taken on cleaning up the CWA Garden, as this issue has been ongoing for years.

Sue Barrett

Show Society receives Federal Grant

In The Leader on 1st July it was reported that the Show Society was to receive a Federal Grant to help them recoup some of the monies lost as a result of the cancellation of our show this year. The amount of the grant is \$124,000, which will be used to build a new administration block – replacing the old and decrepit Atco hut. This will be jointly used by the Show Society and the Pony Club, with the facility also available for hire as a meeting room.

The committee have since been meeting to decide on the final design, and it's hoped that it will be up and running early in the new year.



Pictured above: Vicky Fawcett, Sam Schultz and Neil Kroehn.

Tennis / Netball Courts upgrade formally announced

(From Facebook page of MP Stephan Knoll – Member for Schubert - 3rd July)



MP Stephan Knoll pictured above with representatives from the Tennis and Netball Clubs.

“Very exciting to today announce \$197,000 in Grassroots Facilities funding for upgrades to the Mount Pleasant Netball and Tennis clubs today! The project, worth a total \$525,000, will see six tennis courts upgraded to full size and sports flood lighting installed to increase sporting opportunities in the area. Mount Pleasant Gems Netball Club has gone from strength to strength since being reinvigorated in 2017 after a 10-year hiatus, and these improved facilities will only help it to continue to grow and flourish.

This is backed by the commitment of both the netball and tennis clubs to provide significant financial support to this project, for which they should be highly commended.”

Around MP Graffiti removed

The graffiti mentioned in the last newsletter has been successfully removed from the front of Dot's shop (Just About Everything). No other reports of similar graffiti around the district were reported, so the reason for it remains a mystery.

Mt Pleasant Hotels

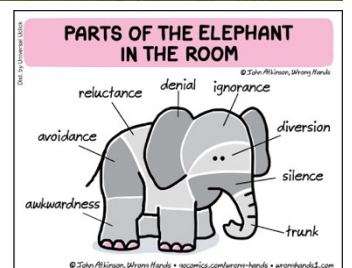
Work is well underway with the refurbishment of the Mt Pleasant Hotel. Not only is the hotel proper being refurbished, but also the motel units out the back. It won't be long until the place is up and running again.

Meanwhile Jim and Liz have continued touching up the décor in the Totty, and are still serving their great meals. On these cold nights, sitting in a warm and friendly pub, eating a good meal while someone else does all the work sounds good!

Cromer Schoolhouse break in

The Old Schoolhouse was broken into recently. Nothing of any value was taken or broken, but it's disappointing to see that this has happened after all the hard work of the Friends of the Old Cromer Schoolhouse.

The group is still welcoming volunteers – check out their Facebook page.



Pleasant History

Soup 'n Cinema

We decided we'd had enough of COVID-19 so devised a way to hold an event – which we had planned to be part of the History Festival-

After making sure our plans were in place and permissions sought from council, we cooked up a couple of pots of soup and showed 'Robbery under Arms' in the hall. It was an interesting movie and very much of it's time. As Captain Starlight was reported to have at least visited Palmer to sell his rustled cattle, many people believe he popped over the hill to Mt Pleasant. It was filmed largely in the Flinders, and apparently around Palmer, although it was hard to tell where.

We had a small and appreciative group for the showing, and the hall was a great place for it. The blinds blocked out just enough sunlight to make it easy to see the movie, and the air conditioning kept the room at a comfortable temperature. We well remember the days when holding anything in the hall in winter was a no go.

We had plenty of compliments on the soup, so have included the Chicken and Peanut soup recipe after this article. It will also be available on the website.

The next Soup 'n Cinema lunch will be held on the 6th of August, when we will be showing the first part of the Bryan Brown series 'The Shiralee', a wonderful story about the developing relationship between a hard-bitten bloke and his daughter. Set in the 1940's, the story is a classic, and it received great reviews when released in 1987.

Mt Pleasant connection to Simpson

Further to the RSL report (page 13) which includes a reference to Simpson and his Donkey, did you know there was a direct connection with two Mt Pleasant soldiers?

From a 1965 Sunday Mail interview with Corporal Heinrich Drabsch:

"Shrapnel Gully was our highway. We went up it to the line and down it to some sort of rest. I saw a chap with a donkey. I didn't know he was Simpson then. I did wonder now and then how a man could break away from his unit and work alone. Where did he get his rations, and who answered at roll call? But it was every man for himself and if he wanted to do it that way, it wasn't my worry. I passed him one day on his way up Shrapnel Gully, coming down with a man on his donk. I didn't really give him a second glance. Further up I met Murray Bax. He was one of the Last Horse then, as the Light Horsemen who had to leave their mounts in Alexandria called themselves.",
"Did you see Alec?" he asked. "He went down on the donkey. He got knocked."

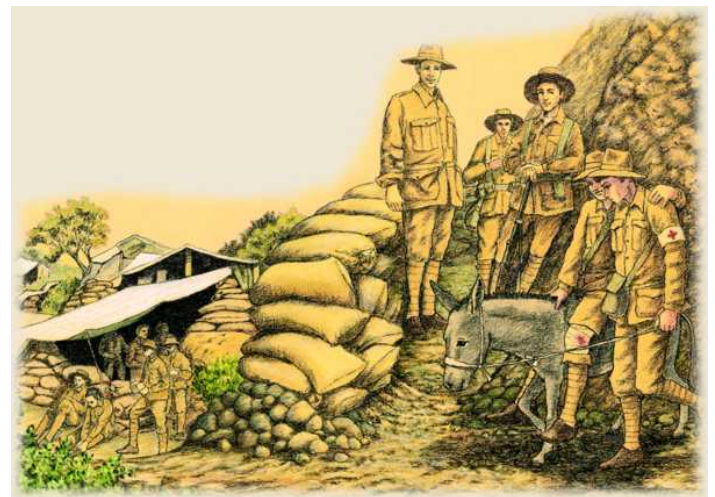
"I could not go to the dressing station to see my old friend. I was on my way up to supports that night. Alec died..."

The rest of the interview may be found in Paula's book 'Remember Our Diggers' available for purchase from the History Room.

Three of the Bax boys (Alec, Murray and Ben) died during or shortly after World War one. Mrs. Bax had hung bags of camphor around the necks of the Mt Pleasant boys (including Heinrich) as they left for the war. Mr Charles Bax worked for Bagot Shakes and Lewis, and they lived in the old Elders house.



Social distancing in the hall, watching 'Robbery Under Arms' – for a couple of hours, the hall went back in time to when movies were shown regularly.



Pictured above is an illustration of Simpson and his Donkey from the Anzac Day Commemoration Committee site.



**Mount Pleasant District
Historical Research Group**

Paula Bartsch
Historian



The Mt Pleasant History Room
Located in the
Mt Pleasant Soldiers' Memorial Hall.
Open Thursdays 1-4
Find us on Facebook or
mountpleasant.sa.au
pleasanthistory@gmail.com

Library news

As of next week, Mt Pleasant Library hours will be back to normal. (Closed during lunch break from 12.30pm to 130pm)

See below for information about other library services.

Weekly Online Programs

RATTLE & RHYME

Songs and stories for babies and toddlers, 0-2 yrs
Monday - 11am

STORYTIME

Preschool & junior primary stories
Wednesday - 9.30am

LEGO CREW CHALLENGE

Friday - 3pm



Find us on YouTube in July:
[The Barossa Council](#)



Find us on Facebook:
[Barossa Council Public Library](#)

Stay tuned for an announcement about the return of our in-library children's programs in Term 3

Start or join a Book Group
Contact Janine
8563 8440 or email
library@barossa.sa.gov.au

Pleasant Prose & Poets
& Mt Pleasant Art Group
recommence in August
Mt Pleasant Library, Ph 8563 8304

SAVE THE DATE: AUGUST

Adult and Children's sessions start again at libraries.

SHARE YOUR COVID-19 STORIES

In 100 years time researchers will be searching to discover what it was like in 2020 during the COVID-19 pandemic. Be part of history and share your COVID-19 stories of life in the Barossa during lock down & the great toilet paper crisis. Send us your thoughts, photos, artwork, video, signs, business changes, sport restrictions and other memorabilia for our local history collection. We will collect these memories to be available for future generations. Contact Alison Packer at Nuriootpa library 8563 8440 or email library@barossa.sa.gov.au, or drop in your finds at any library.

Frog ID

What's that sound?



Croaks, whistles, bleats and barks - every frog species makes a different sound! By recording a frog call with our new app, FrogID, you can discover which frogs live around you and help us count Australia's frogs!

FrogID Week is Australia's Biggest Frog Count, held annually for Australians to help record frog calls as a measurement of frog health and

distribution around the nation.

It aims to monitor frog distributions over time, helping us to understand how frogs and their ecosystems are responding to a changing planet. Available from the app store or google.

Saw a vegetable being delivered to the local library. That's a turnip for the books.



Recreate

So much community goodness happened on 11th July! We were helping @adelaidehillsgardenrevival distribute plants to Cuddlee Creek Bushfire affected families (and craft kits, and meals, and tree guards and more). This is when our community comes together and builds connection, unconditional sharing and generosity. Thank you to Sophie Thomson for her support, and to everyone involved in making this happen especially the countless hours contributed by volunteers.

Faye McGoldrick
MPNRC



Top (photo by Recreate): Some of the donated goods in Recreate’s workshop.
 Right from top (photos by Sophie Thomson): Sophie in a video which you can find on her Facebook page, Linda Keen who started the Adelaide Hills Garden Revival project (with her friend, Mel). Faye McGoldrick who runs Recreate, and some of the volunteers who are so integral to the project.
 (Facebook: Sophie Thomson
 Website: www.sophiespatch.com.au)





Marketing!

September Spring Garden Fling at Mt Pleasant

Preparation for Mt Pleasant Farmers Markets new initiative the September garden "Spring Fling" is shaping up to develop into a gardener's dream shopping expedition.

With COVID- 19 requiring cancellation of one of the major events in the market calendar, the SA Spring Garden Festival - Mt Pleasant, management has thought 'outside the square' to support those garden festival stallholders. The initiative will give stallholders an opportunity to recover trade impacted by the festival's cancellation.

Spring Fling Project Officer, Terese Stephens said, "Every Saturday in September in conjunction with the Mt Pleasant Farmers Market, the outdoor area leading to market hall will be filled with a different & diverse range of all things garden. Stallholders range from garden tools, one off garden metal/timber art pieces, garden care products and plants, plants and more plants."

"The challenge for shoppers will be what Saturday or Saturdays in September they will be able to attend. Every Saturday there will variation in stallholders, each with their own diverse range."

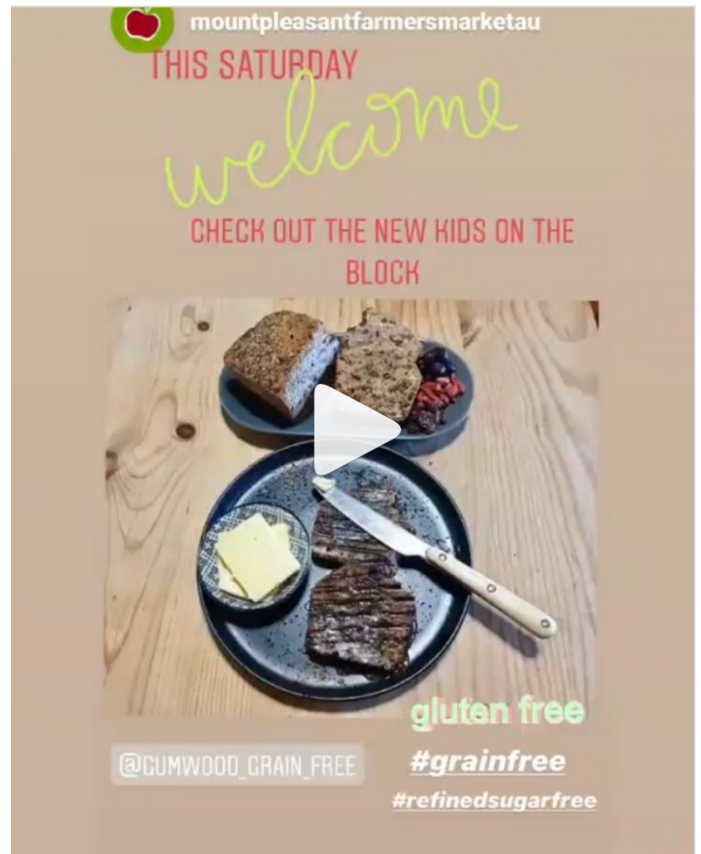
The Farmers Market will run in conjunction with the "Fling" and will trade to 1pm on every Saturday in September. The market hall will be brimming with local producers, the best from the region, providing a diverse and expansive range of fabulous foods.

"It will be an opportunity to discover or re-discover the farmers market, with the added bonus of the Spring Fling thrown into the shopping mix."

For a comprehensive list of both Farmers Market and Spring Fling stallholders for the month of September, visit www.saspringgardenfestival.com.au

The Mt Pleasant Farmers Market is open every Saturday at the Mt Pleasant Showgrounds, from 8am - 12 noon with COVID-19 safety precautions in place.

For more information please phone Terese Stephens 0418 301 121.



ONLINE MARKET STORE

Three Options to support the market and to make your busy lives EASIER!

Option One

DELIVERY now available in Mt Pleasant Township order through online market or phone 0418 301 121

Option Two

Free Drive-thru & pick up at market Saturday between 9.30 am - 12 noon

Orders placed by midnight Thursday 30 July can be picked up or be delivered THIS Saturday 1 August

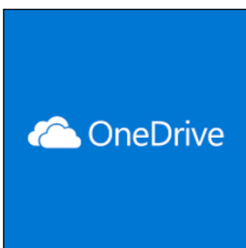
Shop <https://mt-pleasant-farmers-market-inc.myshopify.com/>

MEMBERS DISCOUNT CODE FOR THE Month of July/August **DUKKAH/PASSATA**

OR

Third Option

The good old fashioned way Come to the market ! !!!!



Can you help?

Do you have a good knowledge of the Microsoft OneDrive?
Would you like a free breakfast in exchange for a OneDrive coaching session with Farmers Market staff? Interested?
Please give Terese a call 0418 801 591

WE DONT HAVE ANY VEGETABLE JOKES YET



SO IF YOU DO LETTUCE KNOW

Peter's poem

The unsung volunteer

On a CFS campaign



Not all who wear the Yellows ride the fire-truck up the street.
 Not everyone's a hero, they're just local folk you meet.
 Not all the service rendered, gets The Public's eyes and ears,
 And a lot of unseen toilers back the local volunteers.
 It's obvious, and stirring when the sirens wail and sob,
 But it isn't just the Fireys who contribute to the job.
 When it's two a.m. and weary legs are standing at the sink,
 And the radio is going mad, and you're too damned tired to think.
 When the fire-truck and the heroes are at last back in the shed,
 It's the un-sung late shift cleaning up, when the rest are home in bed.
 And it's catering, raising dollars, It's the Christmas street Parade,
 It's helping out at the local show, where the unseen effort's made.
 So when the fire-truck thunders past, with the crew and gear on show,
 There's a whole brigade at work, unseen, but you'll prob'ly never know.

Peter – the Peripatetic Poet

CFS News

BREAKING

**Save the Date:
17th October!**

Mt Pleasant CFS Fundraiser COMEDY NIGHT

Is back for its 5th year!!

An Entertaining and Hilarious evening with 4 of Adelaide's best award winning comedians to beat the COVID blues.



KEHAU JACKSON

Tba

Tba

Tba

October 17, 2020 @ Mt Pleasant Soldiers Memorial Hall commencing 7pm

Tickets available after 14/9/20 online at ticketbo.com.au/mtpleasantcfs

Or Mt Pleasant Post Office.

\$30 per person. BYO drinks & nibbles. Tables of 8 can be booked.

Raffles and special prizes – bring your coins ☺

** Rated M 15+ (strong language)



BUSHFIRE SURVIVAL PLAN

WORKSHOP

Every year the CFS asks that you have a written (& practiced) Bushfire Survival Plan for you and your family. Often the hardest part is putting pen to paper so, we'll help fix that!

By the end of this session we guarantee YOU WILL HAVE A WRITTEN PLAN to take home to discuss with your loved ones.



WHEN & WHERE

Sunday August 23rd 2020, 1pm to 5pm
Lyndoch Hall

Registrations for this event are essential due to COVID-19 restrictions. Please register your attendance by Wednesday August 19th 2020

FURTHER DETAILS:

For further information and to register, please contact Community Engagement Officer, Kelly McMiles at kelly.mcmiles3@sa.gov.au or 0457 101 696



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WHEN & WHERE

Sunday August 30th 2020, 1pm to 5pm
Eden Valley Institute, Eden Valley

*Registrations for this event are essential due to COVID-19 restrictions. Please register your attendance by Wednesday August 26th 2020

FURTHER DETAILS:

For further information and to register, please contact Community Engagement Officer, Kelly McMiles at kelly.mcmiles3@sa.gov.au or 0457 101 696

Congratulations & Celebrations

Dave Mac!

Dave celebrates a very significant birthday this month - yep, he's 50. Who would have thought? Tried to keep it quiet - but there are no secrets at Talunga Park! Congratulations and Best Wishes, Dave. Your blood's worth bottling!



Happy Birthday!

Barrieie!



Mt Pleasant blow-in, wit and raconteur - Barrie Mills - celebrated a birthday recently!

He's pictured above with Anne, enjoying the atmosphere at the Community Dinner. Barrie and George (Harrison) were fixtures at the dinners, and often bought leftovers to take home so they wouldn't have to cook!

RUOK?

A conversation could change a life.

Thursday 10th September

Have you heard of any upcoming significant events? Would you like us to add your event?

Please let us know via the contact details on the back page.

AGMs



Advanced notice of the Annual General Meeting of the

Mount Pleasant Progress Association Inc.

To be held on the 8th September 2020 at 7.30 pm
in the Mt Pleasant Men's Shed

Positions are available on the Management Board

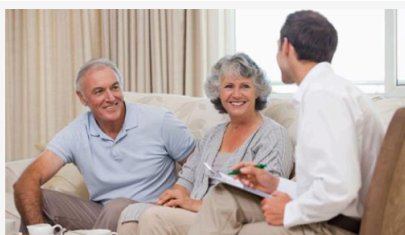
2 X Community Positions for 2 years

Nomination forms are available from and are to be returned
to the Admin Desk at the Mt Pleasant Farmers Market,
on Saturday mornings or
the Admin desk at the Library in the Natural Resource Centre
from 9am to 5pm. Monday to Friday

Members of the community may nominate for those positions

A retiring member shall be eligible to stand for re-election
without nomination (Mt P Inc. Constitution.)

Nominations in writing must have been received
by 5pm on Wednesday 12th August



Role and Operation of Powers of Attorney

We want your views on how the law in
South Australia can be improved to
better protect both the most vulnerable
and their appointed attorney.

Closing: Friday 4 September

MT PLEASANT FARMERS MARKET INC.

ANNUAL GENERAL MEETING 2020

August 17 • Monday • 6.30 PM
Mt Pleasant Natural Resource Centre
132 Melrose St. Mt Pleasant
Supper will be provided

With Guest Speaker

Kim Thompson - Environmental Connections

From an organisation that connects people with their
environment.

Kim Thompson is an inspirational speaker, her work at the grass-roots level within the
local community in land & natural resource management has been evolution of her life
long, and innate love for all creatures great & small. Kim has been involved in rescuing,
rehabilitating and releasing injured wildlife for over 30 years. Kim's enthusiasm &
passion for the planet will shine as she talks about her amazing journey to fulfil her
vision.



Advanced Notice of the Annual General Meeting of the
Mt. Pleasant Farmers Market Inc.

To be held at 6.30 pm on Monday 17th August 2020
at the Mt Pleasant Natural Resource Centre
Melrose Street, Mt. Pleasant

Mt Pleasant

CFS Brigade

AGM

Wednesday 12th August,
2020.

7.30pm at the station.

Super provided.

All welcome.

Clubs & Committees

Men's Shedding

Some important events coming up soon – the St John's First Aid course is open to all community members – but numbers ARE limited. Take advantage of this great offer as the course is heavily subsidised.

Also in September, we welcome the Psychs on Bikes – a group of Psychologists and Psychiatrists – who just happen to ride bikes! The MPMS is dedicated to improving Men's Health and wellbeing, and we urge people to take advantage of this great session. As is always the case, this session is open to ALL community members.

Please contact Gareth to book your place for either or both of these events – details on the posters.



FULL DAY (8.30AM TO 4.30PM)

ST JOHN SA FIRST AID COURSE

WEDNESDAY, 12 AUGUST AT MPMS

BOOKINGS AND 50% DEPOSIT ESSENTIAL


MEN'S SHED MEMBERS SUBSIDISED: \$20 (\$10 DEPOSIT)
COMMUNITY MEMBERS: \$40 (\$20 DEPOSIT)

APPLY ASAP AS NUMBERS STRICTLY LIMITED

CONTACT GARETH ON: 0430026993 OR
EMAIL: MTPLEASANTMENSSED@BIGPOND.COM

mental health & wellbeing session


PSYCHS ON BIKES



JOIN US FOR A ONE HOUR SESSION. ALTHOUGH FOCUSING MAINLY ON MEN'S ISSUES, WE WELCOME ALL MEMBERS OF THE COMMUNITY

9TH SEPTEMBER
10 AM - 11 AM
AT MP MENS SHED

For details, call 0430 026 993





Dad Jokes

When does a joke become a dad joke?

When it becomes apparent!

Yesterday, I ate a clock. It was very time consuming.


Especially when I went back for seconds.



Dad Jokes Hall of Shame houtsbeaded.com

What's the difference between a piano, a tuna and glue?

Son: What?



You can tuna piano, but you can't piano a tuna.

Son: What about the glue?

I knew you'd get stuck there.

Dad Jokes Hall of Shame houtsbeaded.com

Why don't crabs give to charity?

Because they are shellfish.



MyPostcard

For information regarding the Men's Shed please contact:
Chairman – Murray – 0439385291
or Secretary – Gareth – 0430026993
or email -
mpmensshed@bigpond.com




Find us on facebook.

CWA

Well, once again it's time to update the Mt Pleasant SACWA activities. Time has flown, and with COVID-19 restrictions still in place, but slowly easing, the COVID-19 Plan paperwork has been completed and passed on to SA Health and The Barossa Council, and several office bearers meetings, it's looking very promising for our branch to resume meetings on 1st September, depending of course upon restrictions.

Trips to Mary Walker house (SA CWA headquarters) have been noted, and very well received. Our branch has purchased Apple Recipe books, Tea Towels and a few of the CWA Roses for purchase by anyone who wishes to, and this way we will be supporting out organisation.



Some of our members make welfare checks on other members following the SA CWA motto of 'sharing and caring with action', providing friendship and valuable contact for those who are isolated even more because of the current situation, as well as passing on information to other rural and metropolitan areas.

The Craft Group

Craft Officer Jan Bransbury has proposed that we re-start gatherings on 18th August, depending upon restrictions. By September, she is anticipating the craft meetings will be on the 1st and 3rd Tuesdays of the month. After the success of the first meeting, Jan is very keen to welcome not only SA CWA members, but any members of the public who wish to join us. Numbers will of course be limited, and social distancing rules will apply. Please contact Kath (details at the end of the article) if you'd like to join us.

Sue Barrett recently attended a Marketing Committee meeting and has been asked to join. This is a good thing for our branch as it keeps Mt Pleasant updated with the activities SA CWA are holding. After the Royal Show was cancelled, the much-needed funds usually raised via the Tea Rooms and Marquee were not available this year, so we are looking at other ways to raise those funds. All SA CWA branches will pull together to achieve this with the support of our communities.

In other branch news, some members had put their names down for the Men's Shed First Aid course which had been postponed. This will now resume in August, with three of our members attending.

SACWA news

As well as being an Australia-wide lobby group for women, SA CWA have many ongoing projects which continue despite the restrictions, these include Emergency Aid, Baby Parcels and the Dorothy Dolling Memorial Trust. SIFFT (Social Issues Fact Finding Team), Stitch, Sew and Share, the Floriculture and Handicrafts Committees, ACWW (Association of Country Women Worldwide) - which benefits from 'Pennies for Friendship'. SA CWA also offers some great accommodation opportunities in the city and in country areas - not only for members, but also for the wider community. SA CWA is a very versatile group!

Kath Fisher

Secretary SACWA - Mt Pleasant Branch

Tel: 85 682 294



We are also selling some beautiful handmade macramé plant hangers - which come with their own pots and plants. Please see Jan in the Bohemian Garden.

Our group is still knitting scarves, beanies and gloves for those who need them, even though the 'Pay it Forward' drive has finished, as there are still people in our area who need these, and we are donating to Fred's Vans'. We are also knitting and crocheting blanket squares to make into larger blankets, as the cold weather will be with us for some time yet.



Red Cross



The Mt Pleasant Red Cross branch is still in limbo in regards to meeting up again, but at this stage it looks like meetings will resume on 24th September at 1.30pm in the Mt Pleasant Soldiers' Memorial Hall.

Hoping to be able to do some fundraising soon as a request has been sent from Head Office for some rugs. Members are already knitting and crocheting, and have accumulated quite a bit of stock and when we have enough, we will be forwarding them on to head office for distribution.

Kath Fisher - Secretary Red Cross

mp beat

Friends of the Mt Pleasant Hospital



Because many of the people we deal with are in the vulnerable category, meetings are still on hold until further notice.

Street Party Group



As the situation with COVID-19 drags on, the committee are hesitant about holding an event this year. We are aware that this may disappoint many people, but feel that there is a strong possibility that it may not be permitted anyhow. To that end, we are thinking of having a meeting to discuss our options.

There will be a daytime meeting at 4.30pm on Tuesday 11th August. We are happy to hear any feedback or suggestions.

RSL Report

The Mount Pleasant RSL has welcomed the return to some normality with a well-attended, bi-monthly meeting on Sunday, 19 July, 2020.

Due to COVID-19 restrictions the full support for Anzac Day was reluctantly scaled back and after following the guidelines issued by The Barossa Council our Social nights on the first Tuesday of the month was reintroduced.

Mount Pleasant RSL is going from strength to strength with membership now at 41 financial members as well as three lifetime memberships.

The enthusiasm of the Committee consisting of President Mike Williams, Vice President/Treasurer Tim Sutcliffe, Secretary Liv Anderson, Social Officer Meralyn Schaeffer and Committee members, Roger Benton, Kym Yap, Dennis Rockley & Steve Hughes are to be congratulated as they have steadily built up membership and made the RSL hall easily identifiable.

It must be mentioned that Immediate Past President Wally Birch and Secretary/ Treasurer Marie Birch did a great job of building the RSL membership to what is now recognised as one of the leading RSL clubs in the Adelaide Hills.

The latest addition of Simpson and his donkey silhouetted against the white wall of the neighbouring property instantly draws attention to the facility.

For your information Simpson was named John Kirkpatrick Simpson, and he was born in Tyne Dock County Durham UK on July 6 1892

In the first world war he was attached to the 3rd Australian Field Ambulance during the Gallipoli Campaign.

Simpson used donkeys to get wounded soldiers to medical help for 3 weeks but was tragically killed in action by machine gun fire at Gallipoli on 19 December, 1915.

For his actions he was Mentioned in Dispatches, and his donkey Murphy was awarded a Purple Cross by the Australian RSPCA.



Many attempts were made to get Simpson a VC but it was deemed he did nothing more than many others who risked their lives getting first aid to the wounded.

In June the facility was used for a three-day training course by the District CFS under The Barossa Council COVID requirements. They are looking forward to conducting further training sessions there. They were very impressed by the Military collection.

Mount Pleasant RSL members are looking forward to reintroducing the Friday sausage sizzle outside the Mount Pleasant Post Office in the near future, and are also scheduled to attend The Farmers Market Gate in November.

Mount Pleasant RSL welcomes new members and to remind people that it is not necessary to be serving or former-military to join the RSL anyone of the community can join.

Contact Mike Williams on 0419 863 081 or Tim Sutcliffe on 0407 603 081.

You are also welcome to drop in at 156 Melrose Street, Mt Pleasant at 7 pm on the first Tuesday of the month.



Roger Benton

Community Dinner

Community Dinners resumed on Sunday night (26th July) with a great turnout for 'Christmas in July'. On offer was traditional Christmas fare with hot roasts and vegetables with Christmas pudding for dessert. All the usual suspects turned up, with the exception of our dear friend George, and we all took a minute during the proceedings to remember him.



Top: Leona and brother Ray Harrison – Right: Kevin Doran – providing some great live music for the occasion. Bottom: a very different layout to accommodate social distancing.



Bits & Bobs

Soup n Cinema Recipe

This is the recipe I use for the soup I made for the luncheon. I got the idea from Murray Henderson, although his uses a big dash of sherry! I also only add half a teaspoon of Cayenne Pepper, as some people may not like it so hot – this makes it warm enough to be spicy, but nowhere near hot enough to make your lips tingle. And note that Cilantro is indeed, Coriander. (Even though I like Coriander, I often don't add it as some people think it tastes like poison!)

West African Peanut Soup with Chicken



When you make this, start at least 2 hours before plan to eat. There is not a lot of active time, but the stew needs time to simmer. If you prefer a vegetarian version of, swap in vegetable broth and perhaps kick up the spice.

Prep Time	Cook Time	Total Time
15 mins	1 hr 20 mins	1 hr 35 mins

[Print Recipe](#)

Course: Soup Servings: 10 people

Ingredients

- 1 tablespoon coconut oil or olive oil
- 1 large onion
- 2-3 inch piece of ginger peeled and minced (a microplane makes quick work of this)
- 5 large cloves garlic peeled and minced
- 2 large sweet potatoes scrubbed and diced (peeled if you like)
- 1 28 ounce jar chopped tomatoes with juice (or can)
- 4 cups chicken stock
- 1 cup chunky peanut butter
- 1 tablespoon ground coriander
- 1 teaspoon cayenne
- 14 ounce can coconut milk (I used full-fat)
- 2 pounds boneless, skinless chicken thighs cut in half lengthwise
- salt and freshly ground black pepper
- 1 cup roasted peanuts for garnish
- fresh chopped cilantro for garnish

Instructions

1. Heat oil in a soup pot over medium heat. Add onion; cook and stir for 3-4 minutes until translucent. Add ginger and garlic; cook and stir 30 seconds, just until fragrant. Add the next 7 ingredients – sweet potatoes through coconut milk. Stir until well combined and peanut butter is distributed. Stir in chicken thighs to and bring to boil. Reduce heat and cover; simmer for one hour.
2. Remove the chicken thighs and set them aside for a few moments until they're cool enough to handle. Use two forks to shred chicken, then return to stew.
3. Add salt, freshly ground black pepper, and more cayenne to taste. Ladle into individual soup bowls and garnish with peanuts and cilantro. Serve.



GYM OPEN VIA APPOINTMENT

WE'RE OPEN

RING AHEAD, BOOK YOUR SESSION AND SWEAT IT OUT.

0407 679 387



Events



Barossa Support Group

Meets 6pm-8pm in the Barossa Council Library Meeting Room, Barossa Valley Way, Lyndoch.

Entrance from the Car Park behind the Lyndoch Hall.

- July 14, 2020
- August 11, 2020
- September 8, 2020
- October 13, 2020
- November 10, 2020

Contact Sally Glover on: 0490536989

www.fds.org.au

BAROSSA FAMILY DRUG SUPPORT GROUP RESTARTS

Are you struggling with another person's drug and/or alcohol use? You can get support and assistance from our Family Drug Support group that has recommenced meeting 2nd Tuesday, each month.

Family Drug Support offers non-religious, open support groups in various locations.

- ✓ Opportunity for you to talk about issues in a safe and supportive environment.
- ✓ Benefit from experience and collective wisdom of other group members.
- ✓ Receive useful information regarding establishing boundaries, dealing with conflict, effective communication & coping strategies.
- ✓ Keep up to date with Family Drug Support events and courses.

If you have any COVID-19 Symptoms, please do not attend and seek medical advice/COVID testing.

FOR 24/7 SUPPORT, PLEASE CONTACT THE FAMILY DRUG SUPPORT TELEPHONE SUPPORT LINE ON 1300 368 186.



EVERY SATURDAY IN SEPTEMBER

8am-1pm

ENTRY: Gold Coin Donation

MOUNT PLEASANT SHOWGROUNDS

Melrose St, Mount Pleasant

The SA Spring Garden Festival has changed format this year to a month long **SPRING FLING!**

Every Saturday during September, you'll find a great range of stalls featuring quality plants, garden furniture, decor and garden care products together with our regular farmers market fare.

For more information or to become a stallholder, contact us:

- saspringgardenfestival.com.au
- info@saspringgardenfestival.com.au
- like us @saspringgardenfestival
- follow us @springgardenfestivalsa
- 0418 301 121

Proudly Supported by:



Now that some events are back on, please check sites like Weekend Notes and Facebook Events.

As the situation is evolving, we probably won't be putting too much in the newsletters as it will be out of date by the time readers get it.

The SA Govt YourSAy website has a range of topics which the public are invited to comment upon. Check it out – there may be something there you feel passionate enough about to engage with.

yoursay.sa.gov.au

YourSAy



Valuing Our Food Waste

How can we reduce food waste from households and businesses and divert this material from landfill?

Closing: Friday 14 August



Draft South Australia's Waste Strategy 2020-2025

Help us develop the next waste strategy to build on South Australia's achievements in recycling, resource recovery and the circular economy.

Closing: Friday 14 August

Training and Skills Development Amendment Bill

We want your feedback on the proposed changes to the Training and Skills Development Act 2008 to help develop a more responsive training system for apprenticeships and traineeships.

Closing: Thursday 20 August

Draft Local Design Review Scheme

We want your input in the new Local Design Review Scheme for South Australia which will provide new opportunities to support high-quality design.

Closing: Friday 21 August

August calendar

As you can see below, some groups and organisations have resumed. If in doubt – please contact committee members or office bearers to find out the state of play for your group.



7.30pm SAT 21st, FRI 27th, SAT 28th
2pm SUN 22nd, SUN 29th NOVEMBER 2020
 Mt Pleasant SM Hall, 61 Melrose St, Mt Pleasant
 Adults \$25, Concession \$20, Students \$10
Book at www.trybooking.com or 8568 2281
 Cabaret Seating **Bookings open September 12** BVO drinks & nibbles



Events

Date	Event	Details
1, 8, 15, 22 & 29	MP Farmers' Market – ALSO ONLINE	8-12, Saturday @ Talunga Park
30	Community Dinner	6pm in the Talunga Park Pavilion.

Meetings

Committee / Group / Organisation	Details
CFS Training	Every Tuesday @ 7pm
CWA (resuming in September)	1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall
CWA Craft Group (resume 18 th August)	1 st and third Tuesdays, 9.30am to 12.30am @ Soldiers' Memorial Hall
Friends of the Mount Pleasant Hospital	10am, 2 nd Tuesday in month
Men's Shed	Open Monday & Wednesday from 9am. Social distancing rules apply
MP District History	1-4pm, every Thursday @ History Room, SM Hall
MP Farmers' Market	8-12, every Saturday @ Talunga Park (unless otherwise advertised)
MP Inc	6.30pm, 2 nd Tuesday @ SM Hall
MP Show Society	2 nd Monday @ Talunga Park
MP Spinners & Craft Group	St John's Church Hall, 10-3 on Wednesdays
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Pleasant Painters	2 nd & 4 th Friday from 10am-2pm, @ MP Library
Red Cross	Bi-Monthly, 1.30pm, 4 th Thurs @ SM Hall
RSL Social	1 st Tuesday - Social gathering
RSL Meeting	Alternate month, last Sunday - Bi-Monthly meeting
St John's Card Group (500)	1 st Thursday every month. 12 noon start. \$10 for 2 course meal + beverages.
Writers' Group	Please email: mrdonblataceaser@gmail.com

Newsletter:

Newsletters are published at the beginning of every month, and generally available in the Wisteria Atrium at the Market, Star Books & the Post Office. If you'd like a hard copy, please ask Anne or Rose @ the PO to reserve one.
 Online @ mtplesantbeat.org (click 'subscribe' on the latest newsletter page)
 Editors: Sue Barrett & Paula Bartsch



Contact us:

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