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# Red Cross Garden Party

The Red Cross branch couldn’t have picked a better day, and it appears many people also thought it would be a good day to get out- especially when Sophie Thomson was again our guest speaker! We were overwhelmed with the support we received from the people who chose to join us, and raised a good amount of money for Red Cross.

Our thanks as always go to Hugh and Fiona MacLachlan for their continuing involvement with Red Cross and opening their lovely grounds for our fundraiser. Thank you also to Sophie, who never fails to entertain and educate us.

This last year Sophie has been busy – not that she wasn’t busy before, but crazy busy! When she last spoke to us ,she told us about the immediate effect on our flora and fauna in the aftermath of the devastating Cudlee Creek and Kangaroo Island fires. Her insight into the devastation was eye opening, and the suggestions and hope she offered gave us all something to work for. During this year, she has been heavily involved with revegetating Kangaroo Island – providing and facilitating gardening advice, plants and materials to all those affected, and thereby helping the healing process. She contacted businesses like Balhannah Nurseries who donated fruit trees, and \$70,000 was donated from nursery and allied industries. The Community Garden in Kingscote was re-jigged, one established in Parndarna. She worked with garden clubs to give gardeners what they missed most. Hope.

Sophie is a big proponent of nature’s healing process. During the lockdowns with COVID-19, the statistics of suicide and depression were horrifying. People were unable to access things and people who could support and help them, people who suffer from depression were particularly at risk.

Sophie found herself in the position that as a public speaker, she couldn’t continue her work, as speakers need an audience, and there were no events occurring, so she made podcasts in cooperation with the Mt Barker Council.

[cont’d page 6](#)



# MP Inc

Here is an update overview Precis of the minutes from the recent October Mount Pleasant Progress Inc. General meeting held on Tuesday, 9<sup>th</sup> February, 2021, at the Mount Pleasant Men's Shed.

**Present were:** John Bowd, Genevieve Hebart, Gareth Saunders, Chris Hebart and Tracey Spargo.

**Apologies:** Don Barrett, Wendy Harvey and Pete Stephens.

**Guest Speaker:** Erica from Rural Business Support. This is a free, Government funded, not for profit advisory service for Rural and regional town businesses supporting them in seeking grants and accessing funds. Erica was invited to attend the MP Market on Saturday to meet small business owners.

**Business arising / ongoing:**

The Show building project has been agreed to and extra funding from Barossa Council is available.

Still no further action on the Management Plan.

Genevieve and Wendy attended the Barossa Council workshop and felt that the idea of having a lift in the Soldier's Memorial Hall was well received. Still awaiting formal feedback.

The plaque re trees donations has been finalised but will not be installed until after the removal of the large pine trees.

The pamphlet development working group has met twice. Wendy is to get in touch with a graphic designer. Genevieve to contact local artists.

SM Hall hiring fees for local groups remain of concern. A proposal will be out to the Barossa Council for consideration once fees are announced as part of the Council budget setting process.

There has been no further action on the proposed rebuild of the information bay.

There has been no further action of the issue of firefighting equipment at Talunga Park.

There has been contact with Steve Kaesler re the drainage at the front of the Show Hall and atrium. The works are now to be costed.

The trees are being watered regularly by Steven Anderson. There are another 4 which need to be replaced.

**Finances:**

MP Progress Inc has \$9,144.42.

The Community Dinner has \$10,474.73.

SALA has \$814.42.

The 'Fit and 50s' group are now depositing the money and their annual rent of \$260 has been paid.

The Barossa Council finance reports were emailed to MP Progress Inc. members.

**Correspondence:**

A letter was sent from the MP Progress Inc. body to Rebecca Tappert in support of the grant application for the Caravan Park and equestrian redevelopment.

**Project updates:**

No further issues to date.

**Sub Committee reports:**

**Talunga Park:**

No further issues to date.

**Soldiers' Memorial Hall:**

There have been a couple of incidents of significant flooding in the Hall with recent rains. The issue has been brought up with the Barossa Council by numerous people. Further action awaiting.

**The Community Dinner:**

The Community Dinner will be held again from 6pm on Sunday evening, February 28<sup>th</sup>. and there will only be 4 dinners this year.

**Barossa Councillor Discussions:**

Nothing to report due to Don's absence.

**Risk Management:**

Concerns over the Talunga Park water drainage.

Soldiers' Memorial Hall flooding.

Gareth expressed concern about the train at Talunga Park and the fact that it should be checked regularly for hazards.

**Strategic Plan:**

No report to date.

**New initiatives:**

Nil.

**New Business:**

The vacancy created by the resignation of Paul Johnson needs to be filled. Members to recruit an appropriate candidate from the community.

Gareth sought clarification on the possible impact of the proposed caravan Park redevelopment on the Mt Pleasant Show. No concerns were presented at the meeting.

The meeting closed at 8.30 pm.

The **next meeting** to be held on Tuesday 9<sup>th</sup> March 2021 in the Mt Pleasant Men's Shed, commencing at 7pm.

Gareth Saunders on behalf of the MP Progress Inc.

# Library news



**Home Library Service**  
Bringing the library to you.

Our Home Library Service is available to residents of The Barossa Council who are unable to visit or access our libraries. This includes young families, elderly residents, people living with disabilities, those living with temporary or permanent health conditions who are unable to access the library and/or people who require assistance selecting and transporting library materials. If you feel you would benefit from this service, please contact the Home Library Coordinator on 8543 8440 or email library@barossa.sa.gov.au to see you meet the criteria.



**Save the Date!**  
**Author visits coming up...**  
Bookings essential, via Eventbrite  
Bookings will open during February so keep watch on our Facebook page 'The Barossa Council Public Library' and in our library branches for more information.

 <b>Deborah Rodriguez</b> 10 <sup>th</sup> of March 12noon Peter Lehmann Winery	 <b>Wendy Altschwager</b> 28 <sup>th</sup> of March 2.30pm Barossa Regional Gallery
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See events pages for details

# Talunga Park

## Trees - pruning

Our plane trees in Melrose street are an obvious asset in many ways, contributing to the overall beautification of our main thoroughfare, but if not managed carefully, they can also become a hazard for traffic and pedestrians. Not only can they obstruct the view of road users, but the roots have also caused much damage over the past few decades. Recently council has conducted maintenance on the trees near the showgrounds, and also near Lovell's Bakery, which had made a huge difference.



Pictured above and below are the Plane trees near Lovell's Bakery.



## Trees - removal

Then there was the saga of the pines at Talunga Park. These magnificent trees had been a fixture for some 80 years, but sadly had reached the end of their lives and were becoming a problem. Limbs had been falling – not a good thing when they were near a picnic spot and playground – and an arborist's report concluded they should be removed. Fortunately, there are two sturdy Oaks which had been planted in the area some time ago, which will now have room to grow and provide shade in the future. As far as immediate shade, the council doesn't provide shade for any of its playgrounds, so it may be up to the town bodies to apply for grant funding to ensure kids have a safe environment in which to play.

Pictured right, are before and after pictures.

March, 2021



## Showgrounds building

Work has commenced on the new Administration building for Talunga Park (pictured below). This building will house space for the Pony Club and the Showgrounds Committee.



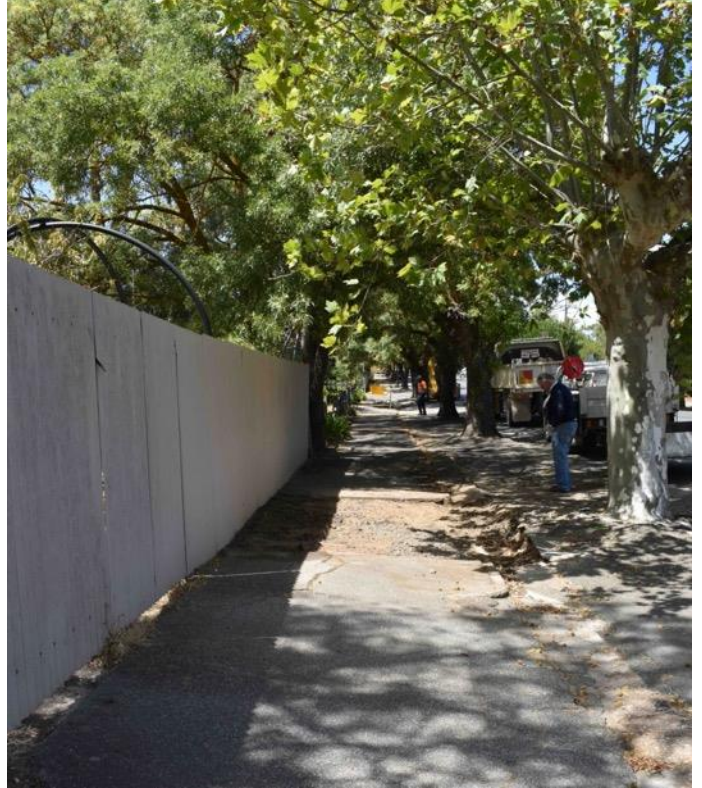
## Tennis Court refurbishment

Crews were out in force during the last couple of weeks, working on drainage and reinforcing to ensure that our tennis and netball players will have a great surface to play on over the next few years. This is a great step forward for our town in that we will be a viable venue in the Tennis and Netball calendars.



## Footpath

Some remedial work has also commenced on the footpath on the eastern side of Saleyard Road. This is the footpath used by children on their way to and from the Primary School and Kindergarten, and has been in a bad state for some time. Hopefully all of the issues with the actual footpath and road edging will be addressed.



## Creative Industries Centre update



Pictured above is council Mayor Bim Lange. Although the headline infers the Creative Industries Centre (formerly the Culture Hub) will go ahead, it has only received development approval. Grant funding still has to be secured.



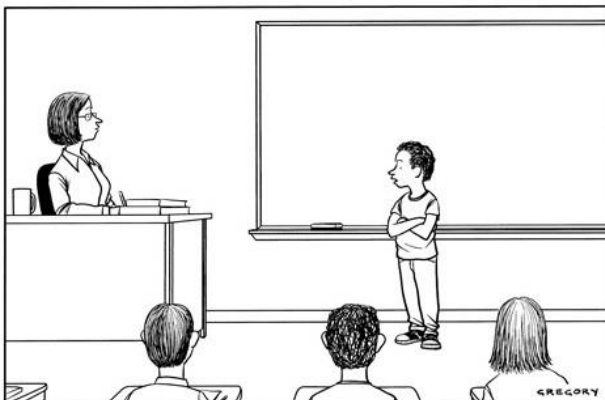
In the Australian legal system, we have what is called a 'presumption of innocence', which broadly means innocent until proved guilty. In other countries, this is not so clear, and in some, it is more like 'guilty until proved innocent'. But no matter what the case - small or large - it all relies on evidence.

Recently on a local Facebook page, there were reports of people receiving what may or may not be legitimate paperwork relating to dog nuisance. If people have issues with dog nuisance, the proper authority to report this to, is the council, unless there is an offence like a dog attack, then it is a police matter. If you are having an issue such as a dog barking and disrupting sleep, being a nuisance or whatever, it is always the best response if you try and have a quiet word with the owner in the first instance. Always try to be reasonable and factual, and take emotion out of the equation. Many times, this can be resolved quickly, and you may have a better relationship with your neighbour in the process. Win, win.

If you didn't get the response you anticipated, then reporting to the council may be the next step BUT - before you do take this further - keep a written log (and copy). Whether it's hoons tearing up the street every Friday night, or a dog barking at all hours, the police or the council will require evidence. Photographic or video evidence is also handy if it is a police or council matter. Metadata on the file doesn't lie, and it can be useful to back up your claim.

No-one will listen if you have some vague account of a dog being a nuisance, the road being dangerous, or footpaths needing repair, if you can't back up your words with evidence. It's also no good just telling someone about the issue - this is not viewed as a formal complaint. Create a paper trail as this will also help your cause. If you have evidence, it may speed things up and facilitate the resolution of your particular issue. Good luck!

### Sue Barrett



"Anyone following me on Twitter already knows what I did this past summer."



# Marketing!

Congratulations to our wonderful Market - Celebrating NINE years of bringing great food to our district, creating wonderful memories and a sense of community!



# Red Cross Garden Party

She is also a vegetable gardener with a patch that was producing lots of produce and nowhere to give it – until she hooked up with a trainer for the Chef’s School who was training international students – who also had nowhere to go, and who were unable to access assistance. The Chef School produced 8 meals a week for the students for three months, giving the students who needed it sustenance, and those who created the meals something to focus on other than themselves.

So many new initiatives came out of what was a pretty bleak time for most of us. Gardening is a way of getting in touch with nature, getting us outside and thinking of something other than not being able to do what we would normally be doing.



Sophie usually brings a large number of plants to illustrate her talks, and this year she had brought quite a few plants that attracted native bees, and while she was talking, some Blue

Banded Bees (pictured above) were busy investigating the flowers, along with quite a few butterflies, which pleased us all no end. Gardening tip: Apparently those bees are particularly good for pollinating tomatoes. After her talk, she spent a long time chatting with gardeners and passing on more tips, while we cleaned her out of plants and almost all her books!

Sophie never disappoints, but I think this was one of her better ones. There was so much more I could add, but I haven’t got the room here. She talked about hope, renewal, getting back to nature, caring and sharing, and it was funny, sad, uplifting and informative – all at once.

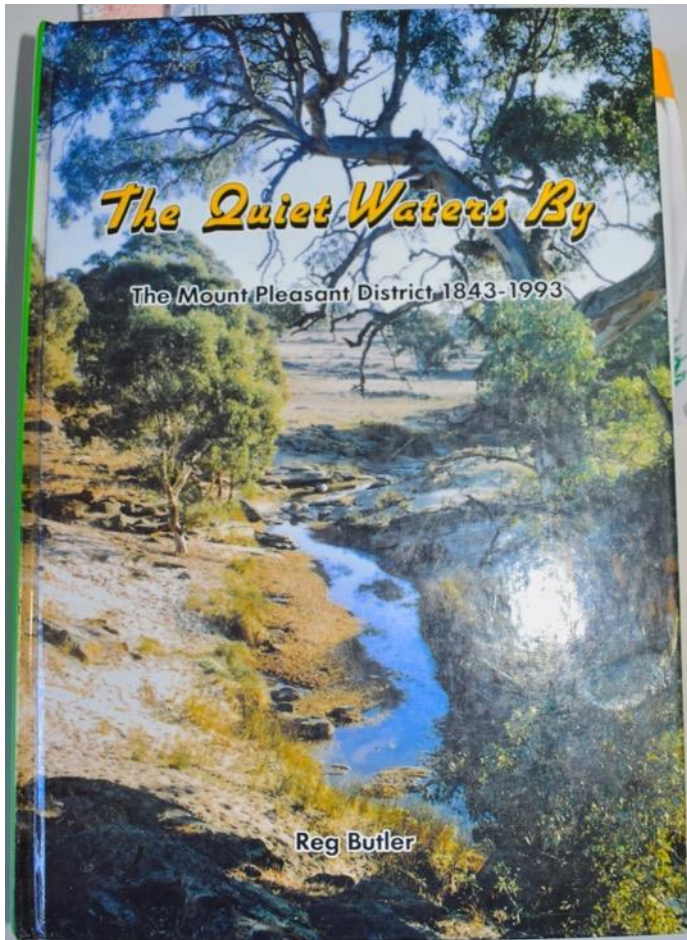
Kath’s already booked her for next year, and we look forward to another great talk.

Pictured below – the helpers! Right top to bottom: Margaret introducing Sophie, Sophie’s talk, Paula with her hats and Jo’s pottery, Sophie’s Quiz and Sophie giving out advice.



# Pleasant History

## 'Quiet Waters By' news



As many locals would know, author Reg Butler was commissioned by the Mount Pleasant Council to write a history of the Mount Pleasant District, which was published in 1993. Sadly it sold out - which was great for Reg - but not so good for people who wanted to buy a copy afterwards. We have been investigating for some time the feasibility of doing a re-print of Reg's work, as he has given us permission to do so. This has been problematical in that the original publisher has a copy of the text, but not the pictures.



A couple of years ago, Sue and I attended a workshop in Nuriootpa, run by the GLAM (Galleries, Libraries, Archives & Museums) and we discovered that the South Australia Police Historical Society owned a sophisticated scanner, that was better than the equipment in the State Library. This got us thinking that we might be able to

approach them and commission a copy that we could reprint. Then 2020 happened, and we put the idea on hold, whilst thinking about how we could fund such a project.

Recently we met with Maxine Harding (pictured below left) from the SAPHS, who has taken one of our precious copies of the book into her safekeeping, and will not only copy the book, but will also do it for free! We were overwhelmed by this kind offer and it makes our search for funding the printing a lot less stressful.

Once we receive the data from Maxine, we will be able to approach a publisher with a view to printing more copies of the book. This will not be an easy - or cheap - process.

What we would like people to do, is register an expression of interest with us, and we might have a better idea of how many copies to aim for.

You can do this by coming into the History Room on Thursdays between 1 and 4, emailing me on [pleasanthistory@gmail.com](mailto:pleasanthistory@gmail.com) or phoning 85682126.

### Paula Bartsch – Historian



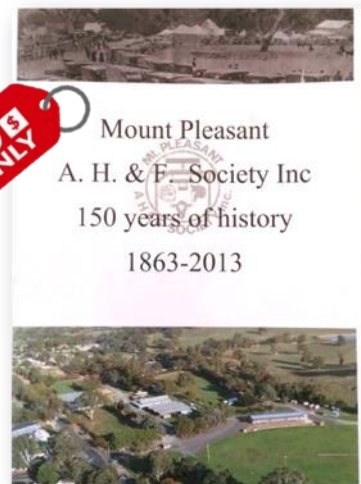
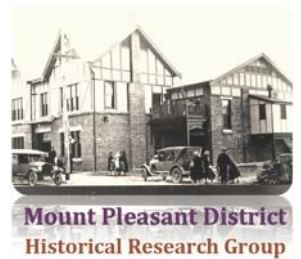
### Mt Pleasant District History

History Room open:  
Thursdays from 1pm to 4pm.

Phone: 85682126

Web: [mountpleasant.sa.au](http://mountpleasant.sa.au)

Email: [pleasanthistory@gmail.com](mailto:pleasanthistory@gmail.com)



Don't forget the Show book is available for purchase from the History Room, special show price of \$10!

Paula's other books are also available –  
'Remember Our Soldiers' @ \$20 and  
'175 Recipes from Mount Pleasant' @ \$10.  
+ 175<sup>th</sup> Muscat - \$20

# Peter's poems

## Australia Day (coda)

Our National Day has come around, and I'm pausing to reflect,  
I can look back on a fortunate life, but who knows what to expect?

I HAVE been extremely fortunate, though at times I just didn't know,  
How truly privileged I have been, how Australia allowed me to grow.

I have welcomed all our migrants, how much they've enriched our lives,  
They gave us pasta and pizza, and a smorgasbord of wines.

My darling, delightful partner, no matter where she came from,  
It happens she's a Cheshire Cat, just one more ten-pound Pom!

What courage, what hopes they come with. How much they've left behind,  
Across the globe to a new world, not knowing what they might find.

So Aussies born, and Aussies by choice, be tolerant, welcoming, kind,  
All of us are newcomers here, try to keep that in mind.



Jamie Fahner and Diana Muchaka – who are both now qualified firefighters!

## The Firebirds

She wears the Fireman's helmet, she wears the fireman's boot,  
And all that comes between the two is feminine and cute.  
Yes, she wears with pride the yellow, the helmet and the boot,  
And in the time of crisis, she sometimes drives the ute.

In the smoke, the dust, the embers, when the brown stuff hits the fan,  
You'll find her there behind the wheel, as sound as any man.  
She's a strong-minded woman, well aware what's what,  
She'll drive it up the gully, where the action's fast and hot.

Amongst the rocks and burning trees, in the hell of a Sampsons' Flat,  
The Captain needs a close-up, to know what to combat.  
Though the way's obscured with dust and smoke, hazards at ev'ry turn,  
She gamely drives the hot spots, to see what's left to burn.

The IMT\* at staging, have ordered up a 'reccy',  
And she'd be happy, safe at home, getting the kids their brekky,  
BUT

In the cauldron of the fireground, the smoke, the flame, the spark,  
The fearless Firebird guides the ute, in the danger and the dark.

'Til the job is done, and the Captain's needs at last are fully met,  
"It's time to leave!" he tells her, and she responds "You bet!"  
And ev'ry budding driver now, is trained to doff his hat,  
And pay homage to lessons learned, in the forge of Sampson's Flat.

Give homage too, to the Firebird's grit, courage and dedication,  
To the women who adorn brigades, all across our nation.

To our ladies in Yellow, Thank You from Peter.

\*Incident Management Team

## Peter – the Peripatetic Poet



## Zero Discrimination Day

March 1 is Zero Discrimination Day, an annual worldwide event that promotes diversity and recognizes that everyone counts.

Organisations like the United Nations (UN) actively promote the day with various activities to celebrate everyone's right to live a full life with dignity regardless of age, gender, sexuality, nationality, ethnicity, skin colour, height, weight, profession, education, and beliefs.

Many countries have laws against discrimination but it's still a problem in all layers of society in every country in the world. Many countries have and still use discrimination as a way of governing.

The symbol for Zero Discrimination Day is the butterfly, widely used by people to share their stories and photos as a way to end discrimination and work towards positive transformation.



# CFS news

## Matt finally gets his award!



Young Citizen of the Year Matt Kazla was finally presented with his certificate upon his return from time off.

## Visit by Minister

This afternoon our brigade was treated to a visit from the Minister for Emergency Services, Vincent Tarzia and Commander Brenton Hastie RCO. This was a great chance to talk over issues both positive and negative with couple of 'powers that be'. The proposed shed extension was discussed.



Pictured above: Commander Brenton Hastie, Captain Glynn Jackson, Snr Firefighter Hartley Ramm, Firefighter Tracey Holder, Minister Vincent Tarzia, Firefighter, Bradley Smith, Firefighter Jacquie Roehl, Firefighter Andrew Easton and Firefighter Peter Wilde.

## Pewsey Vale fire

That night Mt Pleasant CFS brigade joined in on the Pewsey Vale fire fight. The fire was declared contained at approximately 9pm. Pictured below is appliance MP24 and its crew working on burning trees and logs. The CFS also attended the fire ground the day after, mopping up and patrolling. Photos by Tracey Holder.



From Facebook

For more photos of CFS incidents, and to find out more about our CFS, visit their Facebook page.





# Recreate

## Workshops return!

Just a little bit excited to announce our workshop program is currently in the works!

Watch this space for workshop details: gardening, making, upcycling, environmental care, kids, adults, custom, and birthdays.

Have a topic or presenter request? Let us know!

## In the nursery

Flowers in the plant nursery available now

The edible and beautiful Wild Rosella Hibiscus sabdariffa, this does well in a large pot so you can easily move or cover to protect from frost.

And big Clivea pots are on special - 4 pots for \$20. Tough, drought tolerant, but all the lush tropical plant feels.



## Basket stack.

These crochet beauties are not only on trend, but useful too!

They feature upcycled fabric that has been eco dyed using native vegetation.

Handcrafted by local @yvonedaltoncreates



## Art journals.

These stitched panels were donated with a box of fabric and a volunteer immediately saw the potential to transform them into beautiful handcrafted book covers. Encasing a selection of fabrics and handmade papers, they are the perfect keepsake for holding artistic explorations.



Recreate is more than a shop. It is an amazing resource for our community, a place to pause and reflect, to join the circular economy, to give back to the community. Come down and speak to those who volunteer - it won't be your last visit! Faye McGoldrick



# Congratulations & Celebrations

## ★ HAPPY ★ BIRTHDAY!



Happy Birthday, Leona Harrison!



Happy Birthday, Wilma de Salis!



*Les & Kath Fisher!*

We hope you have a wonderful day!

Best of luck also to Les, who has been on the sick list.

March, 2021

# Clubs & Committees

## Men's Shedding

### Men's Shed turns 3!

Once again Valentine's Day we celebrated our birthday. It was beautiful weather and we sat out on the verandah and counted our blessings.



### MPMS now a registered charity

Gareth has informed us that the Men's Shed now has charity status, so any donations made are tax deductible.

### Uncle Tom's Cabin

Thanks to the generosity of Tom and Lucia Campaniello, the Men's Shed recently took possession of a large shed that they will re-purpose to expand the range of activities offered at the shed.



Pictured above are Barry and David dismantling the shed so it could be moved easily to the Men's Shed site.

mp beat

## Photography Classes

The photography classes have moved into instruction about portraiture. During the last session the group was divided into pairs and one took a photo of the other. There were some really great results and hopefully, we'll get some of them posted on the Facebook page in the future.

## Women in the Shed

The Sheddors are welcoming women on the first Wednesday in the month at 7pm. They will offer workshops on using basic woodworking tools and equipment. This will be a great chance to learn how to take care of those small jobs around the house that are easily fixed by a handyperson. See the poster at the end of the Men's Shed article for details.

## Health Talking

### Diabetes – with Sara Attwood

Below: Sara Attwood from the Talunga Clinic, with Secretary Gareth.



It was a sombre reminder to Sheddors to take their health seriously, when Sara Attwood for the Talunga Clinic dropped in for the latest free health talk at the Men's Shed. Sara spoke specifically about Type 2 Diabetes, and how - although not curable - it can be managed with diet and exercise. In many ways, the information she shared was not dissimilar to the talk from the Heart Foundation in January. Type 1 Diabetes is a condition where the body produces no insulin, which is essential for the body to function. Insulin is produced in the Pancreas, and assists in moving glucose to the cells. This type of diabetes necessitates injections of insulin - and it was interesting to note how far the delivery of insulin has come. It is much less of an ordeal than it was in the past.

Type 2 Diabetes may be managed through diet, exercise and medication. This type is progressive, and develops gradually. Some people may have had it for 10 to 15 years before side effects are noticed.

Sara stressed that you don't have to cut things out of your diet, just manage them. The thinking is that there is no specific 'Diabetes Diet', more 'Healthy Eating'. To do this, you may just have to reduce the amount you are eating. For instance, if you looked at your dinner plate, it should consist of ¼ meat or protein, ¼ carbohydrates (potatoes, rice pasta),

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and ½ vegetables. It doesn't mean you can't have Tim Tams - if they are your passion - just cut back. Eating in moderation is the way to go.

Sara's talk was enlightening and interesting, and there are far too many details to mention here, but if you suspect that you may be heading towards these conditions, there is some great information available on the [diabetessa.com.au](http://diabetessa.com.au) website. Here you will find a list of signs and symptoms and help with living with diabetes. If you are experiencing any of the symptoms listed - and there are a few - please make an appointment with your doctor soon. The sooner you start managing the symptoms, the sooner you can get on with living a full and productive life.

Sara's talk was really challenging, confronting and helpful, and in many ways more positive regarding how people may help themselves.

## Gareth Saunders - Secretary

MPMS  
MT PLEASANT MEN'S SHED  
**Woodworking  
for Women**  
FIRST WORKSHOP  
WEDNESDAY, 3RD MARCH, 7PM-9PM  
(THEN MONTHLY WORKSHOPS)  
LEARN HOW TO USE BASIC  
WOODWORKING TOOLS  
AND EQUIPMENT  
\$5 PER SESSION  
LIMITED NUMBERS  
GET IN EARLY  
CONTACT GARETH FOR MORE DETAILS  
MOB: 0430 026 993  
OR EMAIL: MTPLEASANTMENSSED@BIGPOND.COM



**If you have a little bit of time to spare,  
volunteer to help at the Show**

## SACWA

### Market Tea Rooms

Work has commenced on upgrading some of the cupboards in the Tea Rooms, which will be very much appreciated. The last couple of years have seen some welcome replacements and purchases and we continue to look for improvements.



### The Craft Group

Craft meetings are always a lively affair and this month was no different. Some of us not-so-handy crafters struggle with the projects, whilst other, more experienced crafters breeze through them. A reminder that you don't have to be a member of the SACWA, or even experienced with crafting – just come along and have a try – you'll be most welcome. The second and third Tuesdays in the month from 9.30am.



Pictured above – the craft group sharing a laugh.

## Stitch Sew & Share

At SACWA – Mary Walker House

10am till 3pm.

Donations always welcome.

Morning and Afternoon Tea supplied.

BYO Lunch.

Dates for 2021:

27<sup>th</sup> Feb, 27<sup>th</sup> Mar, 24<sup>th</sup> Apr, 22<sup>nd</sup> May, 26<sup>th</sup> Jun,

24<sup>th</sup> July, 28<sup>th</sup> Aug, 25<sup>th</sup> Sep, 23<sup>rd</sup> Oct & 27<sup>th</sup> Nov.



Above is the information for craft sessions at SACWA Headquarters – Mary Walker house, Dequettville Tce.

### Marketing news

The results are in for the Adelaide Arcade Pop Up shop, and they are really pleasing, although not quite as much as the show, we had a fantastic response – firstly from our branches in supplying the handicrafts and jams and pickles, and also from the general public, who were overwhelming in their support. Many have asked if we can do it all again, but it will depend on a lot of factors, not the least being a suitable (and cheap or free venue!). The Trading Table Trail was also a

March, 2021

major fundraising success and we WILL be doing it all again this year. The Country Woman Magazine continues to grow in subscriptions and we thank all those who continue to support it. It is available to members and the general public.

Kath Fisher - Secretary SACWA

## Red Cross

### Branch news

The last meeting was a debrief on the Garden Party at Glen Devon. This was so well patronised that we ran out of scones! We raised a substantial amount for Red Cross and are hoping to do just as well for next year – with more scones! Thank you to everyone who came and supported us.

### New members

We welcome Joan Riley back to our branch, and also Bethany and Henry. Red Cross is an old and essential worldwide organisation, which is there in any emergency. If you would like to join us, new members are always welcome.

Kath Fisher – Secretary

## Friends of the Mt Pleasant Hospital

### Next meeting

Our next meeting will be held on the 9<sup>th</sup> March in the Mt Pleasant Men's Shed at 10am



Friends of Mount Pleasant Hospital

where we will discuss arrangements for the Show. If you or anyone you know would like to join our group, please come long. Our President Virginia Carnell and members will make you very welcome.

## RSL Report

### Branch news

#### Presentations

At the recent Mount Pleasant RSL sub branch Social Night in February long time RSL Social Officer Meralyn Schaeffer received a Certificate of Appreciation from Vice President Tim Sutcliffe. Meralyn has worked



tirelessly for the members of the sub branch where her work is very much appreciated.

Another recognition of service was a framed print of a WW 2 Spitfire fighter aircraft presented to Peter Kaines.

mp beat

Peter's father served with The Royal Air Force as part of aircrew flying Catalina aircraft based in Singapore. Catalinas were used mostly for Anti-Submarine warfare and Mine laying. He also served in China as aircrew on Liberator Bombers based in China attacking Japanese Forces. He was also attached to The Flying Tigers, a United States force.

### Memorial

### Arch

### Centenary

RSL members Tim Sutcliffe, Liv Anderson & Steve Hughes represented Mount Pleasant's RSL at the Birdwood Commemorative Arch on February 18<sup>th</sup> with His Excellency the Governor Hieu Van Lee AC. Bob Brooksby from Gumeracha RSL was also there, with a Catafalque Party from Keswick.



The Birdwood Arch in the school grounds of Birdwood High School was built in Commemoration of those who sacrificed during WW1. It was opened by General William Ridell Birdwood who was a British Commander of Australian and New Zealand Imperial Forces during WW1 on March 15, 1920. The names of the fallen from Mount Pleasant and surrounding areas of WW1 and WW 2 are listed on the Memorial.

### RSL at Show

It is anticipated that Mount Pleasant RSL will be catering at the upcoming Mount Pleasant Show on March 20. They will also have an Army tent with a display of Military memorabilia.

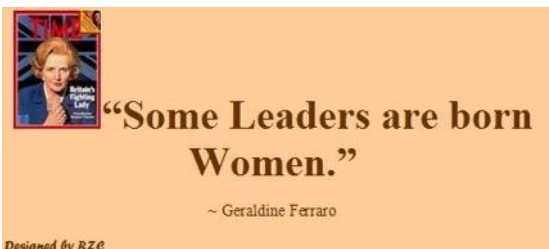
### Next Social Night

The next social night at the Mount Pleasant RSL is on Tuesday 2<sup>nd</sup> March at 7pm. Visitors welcome to come along and join in with the social activities.

### Care to join us?

Members of the public are reminded that it is not necessary to have a Military background to become an Affiliate Member. Community-minded residents are welcome to join. Contact Mike Williams on 0419 863 574 or Tim Sutcliffe on 0407603081

### Roger Benton



March, 2021

## Community Dinners return

The dinners made a welcome return in 2021 on the 28<sup>th</sup> with a large gathering. During the night Genevieve outlined plans for using the money raised – including materials for the BBQ in the picnic area of Talunga Park. Cr Barrett remarked that the Barossa Council has plans for replacing the Gazebo that was removed a few years ago – before the end of June. Genevieve also said that now that the pines have been removed, plans are underway for a plaque with donor names (for the trees that have been planted) to be installed. Stephen Anderson has been looking after the trees and notes that some have been lost, including one that was run over recently. These will be replaced.

There is approximately \$10,000 available and the group is looking for more projects. These can be anywhere in Mt Pleasant.



# Cromer news

Can you help with some jobs at the Old Cromer School building?

Some jobs that need doing include:

- Gyprock repair to walls and ceiling,
- manhole installation,
- large window surround repair and
- outside wood replacement.

Volunteers can help but we need expertise in these areas.



Thank you, Dave Bradley for your suggestion and offer of collecting and delivering! We now have \$180 to add to the kitty thanks to the donations of scrap metal Dave kindly took to the salvage yard with the old tank! (Picture below)



Thank you, Janine for your donation of a very useful and perfect piece of furniture - a kitchen island bench (pictured below).



We are also thinking of having a 'UFO' session – Un-Finished Objects project. More about that later.

**Pauline Williams**  
Friends of the Old Cromer Schoolhouse

# Tungkillo news

## Tungkillo Soldiers' Memorial Hall Services

Tungkillo Community Post Boxes.

Are you are in need of a post box?

We have boxes available as part of the Tungkillo Community Mail Service.

Speak with Joyleen, she will be more than happy to help you find the size you need.

## Printing

The Tungkillo Soldiers' Memorial Hall has a printer for the community to use. The Printer can also scan and copy, however it is not suitable for large numbers.

Black & White – 5c per page

Colour – 10c per page

A4 paper supplied

## Hall Hire

Did you know that you can hire the hall? It could be the perfect place for your next event or function! Contact us to book your date!

Please note any current bookings must follow current COVID-19 Federal & State Government Restrictions.

## EXPRESSIONS OF INTEREST

Do you have a business, service, community group or even looking at expanding your hobby and looking for somewhere to call home?

With Stage one of the Mannum Institute redevelopment almost complete, Mid Murray Council are calling for Expressions of Interest for the shared use of Room 5 (Red Carpet room / Library) and Room 6 (Supper Room).

Applications close 26 February 2021.

More information can be found on Council's website - [www.mid-murray.sa.gov.au/ community/mannum-institute](http://www.mid-murray.sa.gov.au/community/mannum-institute) or call Community Services on 8569 0100

**Jacqueline Francis,**  
Editor, the Tungkillo Gazette

**GET INVOLVED!**

Have an idea for the Tungkillo community?

Want to be part of an event or project in your home town?

Contact us to be part of to get involved or volunteer with the committee and the projects we have planned!

**Tungkillo Progress Club Inc. Committee Meetings**

Committee Meetings are held on the first Monday of the month unless changed due to public holidays or unavoidable conflicts.

Monday 1<sup>st</sup> March 2021  
Tuesday 6<sup>th</sup> April 2021  
Monday 3<sup>rd</sup> May 2021



**Community Meetings**

A special meeting will be held on Monday the 3rd of May at 6:30pm.

This meeting will be open to the community for consultation on the Tungkillo Progress Club Constitution.

# Sport



**WE WANT YOU!**

MT PLEASANT NETBALL CLUB ARE LOOKING FOR JUNIOR BOYS & GIRLS, MUM'S & AUNTY'S TO COME AND PLAY WINTER NETBALL WITH US THIS SEASON.



GAMES ARE PLAYED @ WOODSIDE NETBALL COURTS ON A FRIDAY NIGHTS & SATURDAY'S MORNINGS/ARVO'S PLEASE CONTACT TAM 0432666739 AMY 0433365919 FOR MORE INFORMATION WE HOPE TO SEE YOU OUT THERE!!

## BIRDWOOD

### NETBALL SEASON 2021

#### JUNIOR PLAYERS WANTED

**UNDER 9** (Born 2012 & 2013—Girls & Boys)

**UNDER 11** (Born 2010 & 2011—Girls & Boys)

**UNDER 13** (Born 2008 & 2009)

**UNDER 15** (Born 2007 & 2006)



New Players are always welcome.

Don't miss the opportunity to get involved with a great Family friendly and supportive club.



Please email your interest or questions to:  
Sherrie Dedman—Junior Netball Coordinator  
sherriededman@gmail.com or bfnfootball@outlook.com



**MAKE FRIENDS. BURN ENERGY. PLAY NETBALL.**

BIRDWOOD FOOTBALL & NETBALL CLUB WILL BE CONDUCTING NET SET GO SESSIONS

For girls and boys 5 to 7 years of age, the NET SET GO Program is a fantastic way for children to make new friends, introduce them to ball skills, footwork, fun activities and learn about the great game of netball.

**When:** Starting Wednesday 28<sup>th</sup> April until 30<sup>th</sup> June (10 weeks, Term 2) From 5.00pm to 6.00pm

**Where:** Birdwood Netball Courts, Torrens Valley Road

Registrations are now open – All Enquiries to:  
Birdwood Junior Netball Coordinator - Sherrie Dedman  
sherriededman@gmail.com

\*\*Cost involved & Sport's Voucher can be used. Free T-Shirt & Netball included in registration



#### Seeking Head Trainer

The Torrens Valley Football Club is seeking a Head Trainer for Season 2021. If you would like to be an important part of this vibrant and growing Club, then contact:  
Shannon O'Shea – President  
0407 931 516  
(Remuneration available upon negotiation)



## The Thursday Fitness Group

is back for 2021!

Meet at Talunga Park at 10am every Thursday.

### Mt Pleasant Bowling Club

## Night Owls

#### Thursday Nights

Come and enjoy an evening of fun and activities.

Raffles and prizes to be won.

Great music to help you cheer on the bowlers.

Full Bar facilities available.

Have a try, you may even win a prize.

\$5 includes:

- Great BBQ meal with Salad
- Light Supper, Coffee & Tea
- Bowls and friendly coaching

#### All ages welcome

Players need to wear flat soled shoes

Meals to be ordered by 6.30pm and Bowlers start at 7.15pm

Presentation of prizes and light supper after the game.

For more info, please phone Bo Hambly on 0417 047 812

COVID rules apply.

See you there!

## Mt Pleasant Golf

The new practice green is coming on and could be ready in March. Also in March the new holes at 4 and 13 are to be trialled and ready for official opening on May 2<sup>nd</sup>. Be ready for a special 18month membership deal to celebrate the opening of the new Par 72 layout for both Men and Women.



## mt pleasant walkers

8am Mondays, Wednesdays & Fridays

call Murray - 0439 385 291



# Bits & Bobs

**DONATE YOUR CAR®** **KIDS UNDER COVER**

100% of profits help prevent youth homelessness

- Easy & fast
- Tax deductible
- We pick up

## Donate Your Car

Help end homelessness.

<https://www.kuc.org.au>

Although the date has passed, you can still contact the AHAAF, if you are interested.

## Jobs website:

<https://www.barossaplainsjobs.org.au/>



## Census

### 2,665 jobs available

### 2021 Census Field Manager

\$36.90 per hour (incl 25% loading) + super

(Contract/Temporary)

Roles start from May 2021

Earn extra income

Apply now: [censusjobs.adecco.com.au](https://censusjobs.adecco.com.au)

**Adecco**

**APPLICATIONS OPEN!!** From 1 Feb to 31 March 2021

The Barossa Council's **NEW** Youth Leadership Program

Learn new skills, motivate others and develop yourself as an effective leader!

**It's FREE!**

- Giving back
- Mental Health
- Skill development

**Ages 15 to 22**

To apply please visit The Barossa Council website [barossa.sa.gov.au/](http://barossa.sa.gov.au/)  
For more information contact Brooke Chinner on 8563 8415 or email [bchinner@barossa.sa.gov.au](mailto:bchinner@barossa.sa.gov.au)

The Barossa Council Barossa Youth Leadership

**MAKE YOUR MARK**  
Youth Parliament 2021

#YP2021

YMCA South Australia Youth Parliament is a non-partisan program providing a platform for young people aged 15-25 to voice their views on important issues, build leadership skills, parliamentary understanding, and learn about democracy. The program focuses on personal development, empowering young people to seek change by connecting youth voices and opinions with politicians and decision makers.

A program run by young people for young people, it's an unmissable opportunity for under 25's to express their views on issues they are passionate about, develop confidence and leadership skills, and explore new opportunities in a safe and supportive environment.

Participants take part in a two (2) day Training Weekend where they learn essential parliamentary and leadership skills to use during a six (6) day Parliament Week in July.


our sponsors

ECSS Government of South Australia Department of Social Services The Y Foundation

When: March to July 2021  
Where: Nanyara Conference Centre & Parliament House Adelaide  
Who Can Apply? South Australian residents aged 15 - 25 years old  
Cost: There is a participant fee of \$460 per person which covers meals, accommodation and transport during Parliament Week  
Sponsorship: Participants can receive assistance to seek external sponsorship for participant fees  
Rural & Regional Scholarships: Travel Scholarships Available


APPLICATIONS CLOSE MARCH  
For more information or to apply visit [sa.ymca.org.au/youth-parliament](http://sa.ymca.org.au/youth-parliament)

Study a short course at TAFE SA to grow your opportunities, knowledge and skills.



### ARTS & DESIGN

- Take your DSLR Camera off Auto
- Fashion Stylist
- Introduction to Interior Design



### BEAUTY

- Back to Basics: Day and Night Make-Up ...
- Lash Lift
- Eyelash Extensions



### BUILDING & CONSTRUCTION

- Solar Accreditation Training ...
- White Card - Prepare to Work Safely ...
- Licence to Operate a Forklift Truck




### BUSINESS

- Plan Small Business Finances
- Establish Legal & Risk Management ...
- Managing Customer Behaviour



### HOSPITALITY

- WSET Level 1 Award in Wines ...
- Become a Pasta Maker
- Spanish Heat



### INFORMATION TECHNOLOGY

- Cisco\_CCNA Cybersecurity Operations
- Microsoft Office Specialist ...
- MTA: Introduction to Programming ...

If you'd like to discuss your study options with us, please free call 1800 882 611 to speak to one of our friendly staff or email.

Professional Development

Hobby Courses

Online Courses

Short Courses

\*Some of our short courses might include accredited units. Check the website for further details.

## Air Force Cadets

**Adelaide Hills Australian Air Force Cadets Interest Night**  
**Friday, February 26 from 7pm**  
We welcome any enquiries from young women & men who turn 13 in 2021 and under the age of 16 who think the AAFC could be for them.  
If interested, please register your interest with [602sqn@airforcecadets.gov.au](mailto:602sqn@airforcecadets.gov.au)

Although the date has passed for the Interest night, you can still use the contact details if you are interested.



Elaine Miller & Simon Gould

## Open Doors

Old Police Station  
& Melrose House



23rd May, 2021

Mt Pleasant District  
Historical Research  
[mountpleasant.sa.au](http://mountpleasant.sa.au)

## Markets

**EASTER POP-UP  
MARKET**



**SATURDAY, MARCH, 27<sup>TH</sup>**  
**BIRDWOOD INSTITUTE**

Join the fun! Help raise funds for our Institute.

Face painting. Raffle. Music. BBQ (sausages, bacon & egg sandwich).

**STALLS**

Including: candles, sun-catchers, cards, essential oil products, baby/children's clothes, accessories/ jewellery, biscuits, jams, plants, secondhand goods, fabric/knitted craft, handmade products.

**FRIENDS OF THE BIRDWOOD INSTITUTE**

### Mannum Riverside Market

Sunday, 7 March 2021 from 09:00 -2:30  
Mannum Riverside Markets are held on the first Sunday of every month at Arnold Park, Mannum.

### Lyndoch Institute Market



**Saturday 13th March**  
**10am-3pm**  
**Lyndoch Institute**

Enter through front door      MyGov sign in on front verandah

Saturday, 13th March 2021 from 10:00-15:00  
Begin the day with a hearty egg and bacon sandwich cooked fresh by Community volunteers followed by a browse through the many stalls, both outside and inside. Products include handmade greeting cards, books, jewellery, biscuits, plants, scones (including lactose free), knitted items, wool, buttons, charms & beading supplies, cardmaking and scrapbooking products, slices, jams, cupcakes, embroidered items, woodware, paintings, giftware, candles, terrariums, garden art and linen.

### One Tree Hill Country Market

# COUNTRY MARKET



• CRAFT • COOK • GROW • FRESH

Saturday, 6 March 2021 from 08:30 -12:30 at One Tree Hill Institute

### Market Meeting Place



Saturday, 27 February 2021 - 9:30 am - 1:00 pm  
Coulthard House 71 Murray St, Nuriootpa,  
Locally made products goods and products on our shady grounds with live music.

MOUNT PLEASANT MEN'S SHED PRESENTS

## LIVE WELL AT HOME



MPMS



FREE HEALTH EVENT - LIGHT LUNCHEON AFTER - ALL WELCOME



Presented by Uniting Communities, a talk on how you can be supported to live in your own home and maintain independence, and live your best life.

**12PM, WEDNESDAY 24TH MARCH, 2021**

FOR MORE INFO, CALL GARETH ON 0430 026 993

We also have an area for a Car Boot Sale if anyone is interested

# Events



Saturday, 6<sup>th</sup> March – 11am to 6pm.  
 Show Admission:- Adults \$10, Children 7-15 years \$2,  
 Pensioners \$5, Children under 7 FREE



FRI/SAT MAR 12/13 @ 7pm



The Barossa Council Public Library  
 barossa.sa.gov.au

**MEET THE AUTHOR**

**An afternoon with Wendy Altschwager**  
 commemorating 10 years as an accidental author and the re-release of her first two books; 'Runaway' and 'Edwina Downs'

Join us for a Q&A session with afternoon tea  
 Sunday 28 March 2021  
 2.30pm - 3.30pm  
 Barossa Regional Gallery

With special guest television & radio personality Michael Keelan

**FREE EVENT**  
 Bookings Essential via Eventbrite

The Barossa Council Public Library

**MEET THE AUTHOR**

**In conversation with Deborah Rodriguez**  
 LIVE from Mexico discussing her latest book 'The Moroccan Daughter'

Wednesday 10 March 2021  
 11.45am for a 12 noon start  
 Peter Lehmann Wines

\$10 including a light lunch  
 Wines available to purchase

**Bookings essential via Eventbrite**

barossa.sa.gov.au

# Events

## the next Sunday at the Barn 7th March

*open mic - light meals available - licensed bar - from 11am*

191 Bank Rd, Sedan  
Sunday, 7 March 2021 at 11:00 UTC+10:30  
TABLE BOOKINGS ESSENTIAL: You're invited to come along to our next "Sunday at the Barn" OPEN MIC. We always have an interesting variety of quality live music, with The Rockin' Dally Roo's, and special guest Johnny Florence as the feature act. We have a licensed bar and offer light meals, so come and join us for a special treat and just relax for the day. Entry is FREE!  
To book your table, or if you'd like to perform, please let us



know via Facebook or call or text Julie on 0413 314-749. Presented by Global Citizen and RESULTS Australia, we will be honouring International Women's Day virtually in 2021, supported by UN Women and The Asia Foundation. Speakers include Natasha Stott Despoja, Global Citizen Australia Board Director and Australia's Representative to the Committee for the Elimination of Discrimination against Women (CEDAW) and Jane Sloane, Senior Director, Women's Empowerment Program, The Asia Foundation. Lots more to be announced!



March, 2021



Join us as we hear from women sharing their experience of being on the front line of COVID-19 in the Pacific and here at home in Australia.

Acoustic Night featuring Sam Brittain. Our Kersbrook Hill Acoustic Night is back!! Join us for a night of music, drinks and food on Saturday March 20 being headlined by Sam Brittain. We would be grateful if you could pre order your food for the evening. Spaces are limited, so please book early to avoid disappointment. To book please select 1 ticket option per person. The per ticket price is \$10 per person, with food orders additional. We can't wait to see you!  
Saturday, 20 March 2021 at 18:30 UTC+10:30

## Coming Events

The Top of the Torrens Theatre Group is currently in rehearsal with



the twice postponed Love! Love? Love... Third time lucky? Dates when we have them.



# March calendar

Want to help with the Show?

Get in touch with Vicki

via the website:

<https://www.mtpleasantshow.com.au>

or phone: 8568 2303

The Show Society welcomes new members and helpers.



## Events

Date	Event	Details
6, 13, & 27 ALSO ONLINE	<b>MP Farmers' Market</b> <b>NO MARKET 20<sup>th</sup> March</b>	8-12, Saturday @ Talunga Park
7, 14, 21 & 28	Live Music @ Mt Pleasant Hotel Motel	2-5pm
7 & 13	Country Markets	Palmer & Lyndoch (see Markets section)
6	Mannum Show	Mannum
7	Old Barn Open Mic	Sedan (see Events page)
20	Mt Pleasant Show	See ad above.

## Meetings

Committee / Group / Organisation	Details
CFS Training	Every Tuesday @ 7pm
CWA	1 <sup>st</sup> Tuesday, 1.30pm @ Soldiers' Memorial Hall
CWA Craft Group	1 <sup>st</sup> and third Tuesdays, 9.30am to 12.30am @ Soldiers' Memorial Hall
Friends of the Mount Pleasant Hospital	10am, 2 <sup>nd</sup> Tuesday in month
Men's' Shed	Open Monday & Wednesday from 9am. Social distancing rules apply
MP District History	1-4pm, every Thursday @ History Room, SM Hall
MP Farmers' Market	8-12, every Saturday @ Talunga Park (unless otherwise advertised)
MP Inc	6.30pm, 2 <sup>nd</sup> Tuesday @ SM Hall
MP Fitness Group	Talunga Park Pavilion - Thursdays
MP Photography Group	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays - 9.30am @ Men's Shed- \$5 a session
MP Show Society	2 <sup>nd</sup> Monday @ Talunga Park
MP Spinners & Craft Group	St John's Church Hall, 10-3 on Wednesdays (0448 150 015)
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Pleasant Painters	2 <sup>nd</sup> & 4 <sup>th</sup> Friday from 10am-2pm, @ MP Library
Red Cross	Bi-Monthly, 1.30pm, 4 <sup>th</sup> Thurs @ SM Hall
RSL Social	1 <sup>st</sup> Tuesday - Social gathering
RSL Meeting	Alternate month, last Sunday - Bi-Monthly meeting
St John's Card Group (500)	1 <sup>st</sup> Thursday every month. 12 noon start. \$10 for 2 course meal + beverages.
Writers' Group	Please email: <a href="mailto:mrdonblataceaser@gmail.com">mrdonblataceaser@gmail.com</a>

### Newsletter:

Newsletters are published at the beginning of every month, and generally available in the Wisteria Atrium at the Market, Star Books & the Post Office. If you'd like a hard copy, please ask Anne or Rose @ the PO to reserve one.

Online @ [mtpleasantbeat.org](http://mtpleasantbeat.org) (click 'subscribe' on the latest newsletter page)

Editors: Sue Barrett & Paula Bartsch



### Contact us:

Contributions may be emailed to: [mtpleasantbeat@gmail.com](mailto:mtpleasantbeat@gmail.com)

If you wish to be notified when the newsletter is available online, please contact us via clicking 'subscribe' on the website, [mtpleasantbeat.org](http://mtpleasantbeat.org) t: 0403012339 or

e: [mtpleasantbeat@gmail.com](mailto:mtpleasantbeat@gmail.com)

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Facebook: [mpbeat](https://www.facebook.com/mpbeat)