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Jailhouse rocking

We survived another lockdown – well done us!
 Once again, we learned that we can change stuff at a moment’s notice. That we can still keep in touch, and that going hard and going early is pretty much our best bet. Sadly, many of those most affected last time were affected again this time, but every time this happens, I’d like to think that the system is refined and that if we all cooperate, we can do this better and with less impact. Hopefully our governments of all persuasions will also understand that if those most affected (mainly casual workers – hospitality, travel, the arts) are supported financially through this, any monies expended will probably land back in the system five minutes after it’s given out, therefore lessening the impact all round. A gross exaggeration I know, but the recent job keeper experience pretty much bears it out. I also hope that those companies that didn’t give money back after making gains during the lockdowns are penalised, although recent experience tells us probably not, which makes us lose even more confidence in claims of equality. All men are equal – but some are more equal than others....
 Meantime – the rain’s been good – although the wind has been pretty awful. Some of the dams we usually check seem to be filling nicely, and I hope that continues, but conversely, more grass means more fuel in bushfire season. Whatever happened to happy mediums?
 Lots happening – don’t forget to check out the SALA exhibits! And stay warm!

Sue B

Mandatory	Required	Strongly recommended
<ul style="list-style-type: none"> Shared indoor public spaces Passenger transport services Health care services High risk settings Personal care services 	<ul style="list-style-type: none"> Schools (Year 8 upwards) 	<ul style="list-style-type: none"> Indoor workplaces TAFE, University



Census



The Census is a snapshot of who we are and tells the story of how we are changing.

Census data is used to inform important decisions about transport, schools, health care, infrastructure and business. It also helps plan local services for individuals, families and communities.

Your participation is important

The Census provides data on important topics such as populations, rents, mortgages, incomes, religion, languages, housing and more. It helps governments, businesses, researchers, not for profit and community organisations make informed decisions. For example:

- the Royal Flying Doctor Service uses Census population data to determine what health services are required in rural and remote areas
- the Council of the Ageing (COTA) uses Census data to help understand issues affecting older Australians
- Crime Stoppers uses Census data to deliver prevention campaigns that help keep communities safe
- the Wheatbelt Business Network uses Census data to guide how it supports women in business. These services help develop enterprise, support towns and contribute to the economic growth of metro and rural regions.

Letter to the Editor

We often get feedback (mostly good) and welcome that, and occasionally people talk to us about matters of concern within the community. As there are a few people who contribute to the newsletter, we are able to cover a few bases and can sometimes point them in the right direction.

Whilst welcoming the obvious advantages of the commencement of the Talunga Park redevelopment, we are also concerned that it be done in a timely matter, that community concerns be taken into account, and that procedures are followed. To that end, we are happy to print Elisabeth's letter regarding her recent situation.

Thanks to everyone who supported us and let us know that we are members of this community, and expressed their disagreement with the closure of the Caravan Park and for all permanent residents to move out. We were encouraged by some members of the community to get Tenancy Advice and following their recommendations we received advise that long-term tenants (more than 5 years) have different Notice to Leave requirements. We passed this on to the relevant parties and the outcome was that long-term tenants (just 2 sites) have the option to stay at Talunga Park. In the interim we will move to a different area of Talunga Park away from the development and major works and move back to a new site when possible. We will also continue to participate in the community.

Lou, Roy and Elisabeth

August, 2021

MP Inc

Precis of the minutes from the recent July Mount Pleasant Progress Inc. General meeting held on Tuesday, 13th July, 2021, at the Mount Pleasant Men's Shed.

Present: John Bowd, Genevieve Hebart, Gareth Saunders, Don Barrett, Steve Birrell, WendyHarvey, Pete Stephens

Apologies: Chris Hebart, Di Anderson

Minutes of the previous meeting of May were adopted as there was no meeting held in June.

Business arising / ongoing:

- The Show office building is progressing and ongoing.
- It was resolved by the group that Wendy should go ahead and seek an engineeringreport for the proposed lift in the Hall.
- The MP Tourist pamphlet has been finalised.
- It was noted that Community groups are entitled to at least a 50% discount (or more) on fees for hiring theHall, and it is recommended that groups negotiate with the Council when hiring the hall.
- No further action on the re-furbishing the information bay at the side of the SM Hall at this stage.
- A plaque acknowledging community donations for the installation of trees in the Talunga Park has been finalised.
- The SM Hall stairs have been renewed but there are some issues still not finalised e.g.: carpet, handrail and lighting. Don Barrett is to write to the relevant Council officer about this.
- The historical and safety sign has been affixed to the 707 model train next to the Talunga Park Playground.
- Wooden sculptures ready to be relocated and supported off the ground where appropriate. The MP Men's Shed will negotiate with John Bowd when ready. One of the snake sculptures has been wrapped in bunting flags due to safety hazards.
- Steve Birrell has ordered the replacement Oak trees to replace those that have died or been removed. The cost was \$79 plusGST for each tree. Cost to be covered by the MP Progress Inc.
- There is a new caretaker at Talunga Park. Genevieve to arrange a meeting with she and Wendy asap.

Finances:

- Mt Pleasant Progress Inc. has \$7181.63: Insurance and Show donation has been paid.
- Community Dinner has \$9,888.75.
- SALA has \$619.42.
- Fit and 50s have \$528.40.
- \$375 has come in from Fleece and Fibre fair.

Correspondence:

- Nil at this stage

Project updates:

mp beat

- Nil at this stage.

Sub Committee reports:

Talunga Park:

- No further issues at this stage.

SM Hall:

- No further issues at this stage.

The Community Dinner

- The next Community Dinner will be held on Sunday, August 29th, from 6pm.

Councillor Discussion:

- The 2021/2022 Council Budget has been approved.
- The Grant funding for the Caravan Park re-development has been approved.
- \$65k has been allocated for improving the drainage outside of the show/market hall.
- Genevieve and Wendy to meet with Jo Thomas to discuss the issues of procuring some older Nuriootpa caravan park cabins.
- Don is meeting with Football club members and the CFS re the lighting at the Oval.

Risk Management:

- Nil at this stage.

Strategic Plan

- Nil at this stage.

New initiatives:

- Nil at this stage

New Business:

- There was a lengthy discussion about the re-development of the caravan park and concerns from the community about Semi-permanent residents having to move offsite whilst the works were being done.
- The MP Progress Inc. AGM to be held on the 14th September. There are 3 community positions up for re-election.
- Genevieve talked about the Fleece and Fibre Fair and that there were a significant number of bookings for stalls. The CWA will be doing the Moring tea and luncheon and Gareth and Pete are available to be on the door.
- Genevieve mentioned that the friends of the Cromer School house were interested in becoming a subcommittee of the MP Progress Inc. Body. Further discussion will occur.

The meeting closed at 9pm.

The next meeting will be held on Tuesday 10th August, in the Mt Pleasant Men's Shed at 7pm.

Gareth Saunders

For MP Progress Inc.

TAFE JP course	Location	Online
Online TAFE short JP courses are available – one starting in August, the other in October. \$200 - 6 wks	Start Date	Mon 9 Aug 21
	End Date	Fri 17 Sep 21
	Class Times	Self-paced online study
	Student Visa (500)	Current VISA holders eligible
	Contact	☎ 1800 882 661

August, 2021



Advanced notice of the Annual General Meeting

of the

Mount Pleasant Progress Association Inc.

To be held on the 14th September 2021 at 7.30 pm

in the Mt Pleasant Men's Shed

Positions are available on the Management Board

3X Community Positions for 2 years

Nomination forms are available from and are to be returned to the Admin Desk at the Mt Pleasant Farmers Market, on Saturday mornings or the Admin desk at the Library in the Natural Resource Centre from 9am to 5pm. Monday to Friday

Members of the community may nominate for those positions

A retiring member shall be eligible to stand for re-election without nomination (Mt P Inc. Constitution.)

Nominations in writing must have been received by 5pm on Friday 13th August

Hills JP dinner

Recently the Hills Group of Justices held their annual dinner at the Gumeracha Hotel – another great night.



Joan Playford OAM

Congratulations were also in order for local Kersbrook JP Joan Playford (below) who received an OAM in the Queen's birthday honours.

Joan Playford of Kersbrook, founder of the Kersbrook Resident's Association and town neighbourhood watch was awarded an OAM to acknowledge her ongoing efforts and service to the Kersbrook community.



Pleasant History

Expressions of interest

What better way to plow through this latest bout of bad weather and COVID than by heralding a new season with another ShOPportunity event?



**We are planning an OP-SHOP-
Opportunity – called**

OP-SHOPPORTUNITY

Would you like to be involved?

This is an OPPORTUNITY
to BRING – BUY – SELL

To book you stall or make enquiries call Paula on
8568 2126 or Sue on 0403 012 339

Books, clothing, bric-a-brac, fabric, knitting yarn, magazines... would you like to 'bring and buy' or simply bring and sell some of your good quality items that may appeal to others?

WHEN? - on Saturday 13 November 2021, from 11am to 3pm

COST? - Stall fee - \$20 – we provide a table and chair, indoors

Free for shoppers

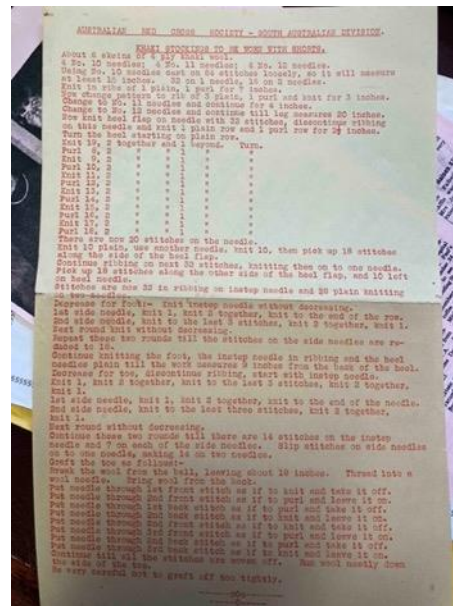
VENUE? – Soldiers' Memorial Hall, 61 Melrose Street, Mount Pleasant SA 5235

Kanga Café will be open providing light luncheon and afternoon tea

Is it important?

We have had quite a few visitors pop in over the last year or so, donating items for our collection and passing on information regarding times and peoples past. If you have a collection of memorabilia – whether it be ephemera (paper items like posters, flyers, docketts, receipts, invitations that were never meant to last beyond the event or transaction they represented), or photographs, minute books, ledgers, etc. – please think of bringing them into the history Room. If you aren't sure whether they are important to our collection, please let Paula make the judgement. Even the smallest details may be the last piece of a puzzle we are assembling – you never know. We are happy to take scans of precious family photographs and documents so you can keep them in the family, and if you need advice on how best to store them, Paula would be pleased to assist you.

Visit the History Room on
Thursdays between 1 & 4.
email pleasanthistory@gmail.com,
or phone 85682126.



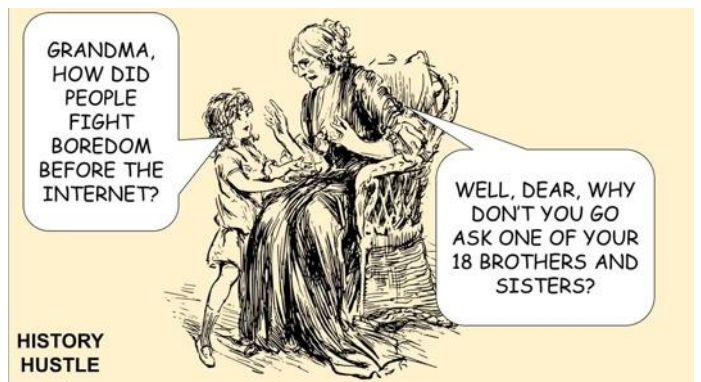
Found in the collection – Instructions for knitting socks for servicemen!

These gems are the types of things that we find really interesting and they help build a picture of life as it was back then – quite different to nowadays, when the socks are more likely to come from China.

mountpleasant.sa.au

Paula has been busy updating the History Group website, adding more information on not only the families of the district, but also the public and historic buildings, past and present. What she has designed is a comprehensive tour through the history of our district, adding little known facts and photos of the area from the earliest days.

Paula Bartsch – Historian



HISTORY HUSTLE

Recreate

We're open!

Well done SA! We are back open Wednesday to Saturday 10 till 3.

Remember: please use our hand sanitiser on entering, QR code check in, respect physical distancing. And if you are feeling unwell, please stay at home. Look forward to seeing you again soon!



Marketing!

Advance Notice of the Annual General Meeting of the Mt. Pleasant Farmers Market Inc.

To be held at 6.30 pm on Monday 16th August 2021 at the Wisteria Atrium, Talunga Park

Positions are available on the Management Board.

2 Community positions for 2 years:

Positions held by Ashley Dent and Maxine Bartlett, who may wish to nominate again

1 Stall Holder position for 2 years:

Position currently vacant due to a resignation.

Nomination forms available from the Admin. desk on Market day or at the front desk, Natural Resource Centre, Mt Pleasant (Mon - Friday 9-5)

- Only a member of the association can nominate a person for a position.
- A retiring member shall be eligible to stand
- for re-election without nomination

Nominations in writing must have been received by 12midday on the 16th July 2021.

We're back!

We are excited about being back this week!

There are two options to support local producers & shop at the market this week

See you at the market OR

Purchase through our online farmer's market!

Drive through and pick up available!

Or delivery within Mt Pleasant township (Cost \$10)

Information for shopping in person at our Market

For the market to trade and have a safe shopping environment we must follow the directives from the SA Health:

- If you are unwell please stay at home
- Masks are a requirement (You must be able to show exemption paperwork if you cannot wear a mask).
- Single shoppers only (if possible)
- # check in with QR Code
- Use hand sanitiser upon entering.
- Maintain 1.5m at all times
- Only touch what you buy.
- Queue courteously.
- Be kind

See you there!



WHAT GOES IN YOUR FOOD & GARDEN ORGANICS BIN

- ✓ Lawn clippings
- ✓ Leaves, weeds, garden prunings
- ✓ All types of food scraps/waste
- ✓ Tea bags and coffee grounds
- ✓ Meat & seafood bones (cooked or raw)
- ✓ Egg shells and cartons
- ✓ Pet excrement (& 100% paper cat litter)
- ✓ Tissues and paper towels
- ✓ Hair, fur and nail clippings
- ✓ Shredded paper / cardboard
- ✓ Wood shavings
- ✓ Compostable bags must contain this symbol:



barossa.sa.gov.au/waste



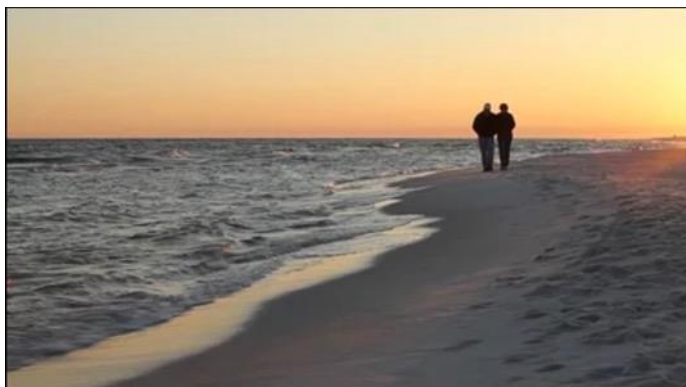
Peter's poem

Walk With Me

Well met, my lovely lover,
 With your enigmatic smile,
 And those mischievous hazel eyes,
 Will you walk with me a while?
 For I have loved unwisely,
 And I have loved too well,
 Perhaps this chance to love again
 Will cure me, who can tell?
 Well met, my lovely lover,
 Come and join your fate with me,
 And we, perchance may find a world,
 We never hoped to see.
 Walk with me a golden path,
 Take me to your heart,
 Who knows, we may find happiness,
 And paths that never part.
 Take my hand, and take my love,
 Take all that we can be,
 And we shall walk, hand in hand,
 Beside a sparkling sea.
 Well met, my lovely lover,
 Best thing that's come to me,
 For I have been a captive,
 Until your love set me free.
 Walk with me forever' til
 The sands of time run cold,
 Let us live and love together,
 Until we both grow old.
 Without you, I am nothing,
 But your love redeems my heart,
 And, with you beside me,
 I won a whole, new start.
 So share with me the evening calm,
 The new morning's promise bright,
 And walk with me, in harmony
 On to the peaceful night.



Peter – the Peripatetic Poet



CFS



Training and Trees

During training we finally had the opportunity to put our new appliance MP34 through pump and hose practice along with pumping water into 34 from MP24P. It was all very well done by those stalwarts in attendance on a cold night. We even used the front and also crew deck monitors.



Picture courtesy Glynn Jackson

And still the trees keep falling down. A reminder with this one to watch for trees that have rotted from the inside and if you have any on or next to your property, have them regularly checked. Pictured below are Dave Kuchenmeister, Bradley Jamieson, Bonnie Skein and Bradley Smith



Focus

This month's message is pretty clear – look after yourselves.



Comedy Night news

Tickets are on sale on 2nd July, 2021 at 9am via ticketebo.com.au/mtpleasantcfs. They will also be available at the Mt Pleasant Post Office (Cash only payment available) From Facebook



South Australian Country Fire Service

MOUNT PLEASANT COUNTRY FIRE SERVICE

Mount Pleasant CFS is a great community service.
 Tungkillo is within their call out zone
They are Recruiting now!

Want to meet new people? Want to learn new skills?
 Want to give something back to your community?

Join the Country Fire Service and start helping now!
Mt Pleasant CFS Captain Glynn: 0490 143 514

The CFS offers a range of roles including:

Firefighter - Radio operations - Catering
 Administration support - Operational support
 Community education - Fundraising



Congratulations & Celebrations

Happy Birthday to.....

George Anne Keynes

George Anne has been involved with the RSL for many years and also makes fabulous



John Cussadia

The bloke to go to when you want a friendly smile and chat - and a great book! John slipped into life at Mount Pleasant like

Dave Mac

Mt Pleasant's 2021 Citizen of the Year, Dave has changed jobs but still remains on of our gems - Happy Birthday, Dave!



Les Fisher

Les has contributed to so many groups in Mt pleasant over the years, and is currently slacking off whilst recovering from surgery. Hurry up and get well, Les - your country town need you!



They never really left!

Elisabeth Hakkarainen (and Roy) were able to stay after all - and those of us who know Elisabeth from the many groups she is involved with are very relieved!



Well Done, Kyle!

Kyle's quest for love ends

Mount Pleasant's Kyle Blaize was eliminated from Channel 9's Beauty and the Geek on Sunday night.

The 22-year-old military history buff was originally paired with fellow South Australian, Ms Jess Heatley, however was repaired on episode three with Victorian dental receptionist, Ms Leticia Llanos.

Mr Blaize and Ms Llanos were the fourth pair to be sent home from the seventh season of the show, eliminated on episode seven.

At the elimination, Mr Blaize said the show was "an unbelievable experience".

"I've learned to delve head first into things, even if there are consequences behind them," Mr Blaize told the show's host, Ms Sophie Monk.

"Leticia definitely taught me that. "She's really brought out a side in me that's just gone, yeah let's be silly and goofy."

"I don't think I would have gotten this far without her."

The show's winning couple will share in \$100,000, with six couples remaining, all vying for the top prize.



Mount Pleasant's, Mr Kyle Blaize was eliminated from Beauty and the Geek on Sunday night.

Courtesy The Leader

Gareth Saunders

Newsletter contributor (and secretary) for the Men's Shed, and the Progress Association - and also running the Photography classes, Gareth has plenty to occupy his days - Happy



Please let us know of any Celebrations coming up -

Not sure about the headline - it's only ended on the show! Good Luck for the future, Kyle, and good on you for having a go!

Earth Overshoot Day

Earth Overshoot Day marks the date when humanity's demand for ecological resources and services in a given year exceeds what Earth can regenerate in that year. In 2021, it fell on July 29.

It can be overwhelming to think about the various impacts of global ecological overshoot such as climate change, biodiversity loss, and extreme weather events (to name a few). However, thriving lives within the means of our planet are not out of reach.

Explore Solutions to #MoveTheDate

Thriving lives within the means of our planet are not out of reach. Plenty of solutions exist in five major areas for improving sustainability: planet, cities, energy, food, and population.



PLANET
How we help nature thrive



CITIES
How we design and manage cities



ENERGY
How we power ourselves



FOOD
How we produce, distribute, and consume food



POPULATION
How many of us there are

<https://www.overshootday.org>

Habitat Recovery Alliance

A project of the Upper River Torrens Landcare Group in partnership with

UPPER RIVER TORRENS LANDCARE GROUP

Mount Pleasant Natural Resource Centre

Mount Pleasant FARMERS MARKET

Seeding Natives Incorporated

Barossa Bushgardens

MOUNT PLEASANT

Live local... plant local

Upper River Torrens Landcare Group Inc.

What a busy year we have had in 2020-2021. We have worked very hard in bushfire recovery for the second year following the 19/20 Cudlee Creek bushfires.

We have successfully completed another project: 'Restoring Habitat in the Adelaide Hills', supported by WIRES and Landcare Australia Limited.

This project has focused on increasing biodiversity and habitat values by reducing woody weeds, increasing plant diversity through planting and hand seeding and installing nest boxes across approximately 50Ha in the fire scar around Gumeracha.

We have facilitated workshops in seed collecting, nursery work and hosted six planting events. We have enjoyed partnerships with Nuriootpa High School and Seymour College boarders who collected seed, grew tubestock and then came out on site and planted. In summary we met and worked alongside over 170 volunteers and contributed in excess of 600 hours to this project, valued at an amazing \$27k - a huge effort!

We are very proud of our achievements, but recognise that our volunteers and our partners are a significant part of that success. We take this opportunity to thank them all for their

contributions and hope that they will continue to be part of our Landcare community in this coming year.

Discussions are happening now to determine what we will be doing in this coming year and we hope to be able to make some announcements soon. Our website is currently being updated, so most of our 'news' is on our Facebook page: 'Upper-River-Torrens-Landcare-Group-Inc.'

Annual membership (1 July 2021 - 30 June 2022) Fees:

Single - \$10

Family (2 adults + children under 18) \$20

Upper River Torrens Landcare Group Inc.

torrenslandcare@gmail.com

Rural Doctors

The issue continues to be of concern in our community. Below is an article from this week's Courier:

Attracting young doctors to regions key to Hills health service

By Anna Christian

Health services in the Hills will decline if the State Government doesn't attract young doctors to the regions, according to the Rural Doctors Association (RDA).

The Government has rejected a remuneration package put forward by the State branches of the RDA and the Australian Medical Association, which was designed to address the dwindling number of doctors taking up positions as GPs in the region.

The number of rural GP registrars in training will drop from 72 this year to 68 next year.

RDA SA president Dr Peter Raschleith and the current system of pay, training and support made positions in city hospitals more attractive.

As sub-contractors being paid under a 'for service' model based on Medicare rates - which have not increased in line with inflation - rural GPs do not have sick leave, maternity leave or holiday pay and lack training support income.

"GPs who also provide care at hospitals - whether it be for urgentist care, emergency, anaesthetic, obstetric, or surgery - have been offered a reversal of employment contracts that are less favorable than just about any other medical role in the State," Dr Raschleith said.

According to Dr Raschleith the only way to stop the decline in rural doctors is to make regional positions attractive.

Dr Peter Sargeant of the Mt Barker Medical Centre also works in obstetrics at the Mt Barker Hospital and said many of the practices suggested in the RDA package were already in place.

"At Mt Barker the writings have been on the wall for some time and the fee for service is not used much," he said.

But smaller hospitals like those in Gumeracha, Mt Pleasant and Strathalbyn have struggled to fill rosters, causing closures of some services and a reliance on more expensive locums to cover shifts, Dr Sargeant said.

"Older doctors that have been working under that (fee for service) model for a long period want to withdraw from the heavy after-hours work and the young doctors are looking at it going 'that doesn't suit us'," he said.

Dr Sargeant added that hospital services also required more credentials than private practice but young doctors didn't see the benefits of extra training because private practice offered better pay and better hours.

The RDA is now waiting on the Government to produce a solution to attract GPs to the regions.

Health Minister Stephen Wells did not respond to questions about why the RDA package was rejected or whether he considered there were issues in the rural GP workforce.

My Home Hospital

We bring the care to you.

Wellbeing SA

Government of South Australia

My Home Hospital brings hospital-level care straight to you

With My Home Hospital you now have the choice to receive your hospital care in the comfort and privacy of your own home. The service is available for a range of conditions, for which in-home hospital care is considered safe and appropriate. Benefits include more time with your loved ones and pets, plus access to the food you like and the familiarity of your own bed.

My Home Hospital brings care in the form of doctors, nurses, allied health practitioners, some x-rays and blood tests, medication and other support services such as meals and personal care, if necessary. Remote monitoring technology is also used, helping you to feel safe at home knowing that nurses and doctors are monitoring your progress and can intervene if your condition worsens.

Clubs & Committees



Men's Shedding

George's Bench

The Shedders got together to remember their dear friend George. After a great meal – and an appropriate toast,



George's daughter Leona, son Adrian and grandson Brodie were on hand to try the seat out with President Murray. It's a great memorial to a great bloke – and a permanent reminder of his contribution.



Women's Workshops

Women's only woodwork sessions are continuing every first Wednesday in the month from 7 - 9pm for a \$5 cover charge.

Community

Workshop progresses

The Shedders are currently exploring more avenues to increase their engagement with Mental Health issues.

MPMS
MT PLEASANT MEN'S SHED

Woodworking for Women

WORKSHOPS FROM 7PM TO 9PM
FIRST WEDNESDAY EACH MONTH

LEARN HOW TO USE BASIC
WOODWORKING TOOLS
AND EQUIPMENT

\$5 PER SESSION

LIMITED NUMBERS
GET IN EARLY

CONTACT GARETH FOR MORE DETAILS
MOB: 0430 026 993
OR EMAIL: MTPLEASANTMENSSED@BIGPOND.COM

Steamranger Trip

A couple of weeks ago a group of us jumped on the Steamranger for a trip to Victor – and we had a luvly day! Lunch at the pub and a little walk around, then back on the train for the leisurely trip home, arriving in Mt Barker just after sunset.



Photography

The last Photography session was postponed because of the lockdown and will resume in August. Gareth meanwhile has been gathering photos for possible inclusion in a photographic competition. The next session will be on Tuesday, 10th August from 9.30 - 11am for a \$5 cover charge. Bring your happy snaps!



Gareth Saunders –Secretary

SACWA

Special General Meeting

At our Special General Meeting, we welcomed the new SACWA year with elections of Office Bearers as follows:

- President: Heather Reekes-Parsons (also Catering officer)
- Vice President: Jan Bransbury
- Secretary: Kath Fisher (includes Birthdays)
- Minute Secretary: Merry Schaeffer
- Treasurer: Doreen Kuszczakowski
- Assistant Treasurer: Jean McQueen
- Handicrafts Officer: Jan Bransbury
- Floriculture Officer: Jan Gardner
- Competition Office: Claire Simounds

Thank You

The Branch would like to than immediate Past President Diane Anderson for all her support and efforts over the time she has been in office. A great effort, especially in these trying times.

Also thank you to Jean McQueen, immediate Past Vice President, who convened many of the last year's meetings. She will be assisting Doreen as we do some restructuring of the way the Treasurer's job is done.

Cancellation of Table Day

Once again, we have experienced a lockdown and as a consequence, our branch Table Day including Handicrafts, Cooking and Floriculture was cancelled. Many of our group had gathered in the Hall the day before and set up all the spaces for displays and judging, only to find out that the lockdown would commence. I am sure there would have been some amazing entries, but we will do it all again next year, and I'm sure it will be even better. Pictured below are examples of the food up for judging - A Yule log, Rum Balls and Christmas Biscuits.



Donations

As the weather has been especially cold and we have experienced some very wild winds, the request has gone out to our knitting and crocheting groups - including SACWA, Red Cross, Friends of the hospital and our local community - for beanies, scarves, blankets and mittens. The demand for these items has increased dramatically and if anyone in the community would like to assist us, we would welcome them. If you can't knit or crochet, perhaps you could donate wool that you aren't using for other projects. Contact me if you can



help. (Details end of article). Pictured below are some of the items sent this month to the APY Lands.



Foodbank

The United Church Birdwood's Foodbank collection is also in need of donations. There is a drop off point in the Mt Pleasant Post Office, and we thank Anne and Rose for their continuing support. Thank you also to anyone who has contributed in the past, you can rest assured that your donations were gratefully accepted, as the need has only increased over the last eighteen months.

Royal Show

At this stage The Royal Adelaide Show is still going ahead and the SACWA Country Café and Merchandise Tent will again be providing massive amounts of scones and Tea and Coffee, as well as thousands of handmade items for sale. This is our major fundraiser for the year and all the proceeds go towards supporting ongoing community projects. Please call in and say hello as some of our members will be there.

Citrus time

Are your fruit trees loaded with ripe fruit?

Citrus season is here! Pick any ripe and fallen fruit at risk from fruit fly to break the life cycle and stop female fruit flies laying eggs.

Find out what to do in your garden. If you live in a red fruit fly outbreak area, you can cook, preserve or juice your fruit and then share it with friends, family and neighbours. Do the right thing and place unwanted at-risk fruit and vegetables in your kerbside green bin (do not compost or bury). If you do not have a green bin service, seal the fruit in an airtight plastic bag and contact the Fruit Fly Hotline on 1300 666 010 to arrange collection.

<https://fruitfly.sa.gov.au/outbreak-restrictions/home-garden>

Next Meeting:

3rd August at 1.30pm in the SM Hall.

Kath Fisher - Secretary SACWA



mp beat

Red Cross

AGM

The Red Cross AGM was held on the 24th June, and the elected Office bearers are as follows:

President: Margaret Seager
Vice Presidents: Kim Yap & Heather Reekes-Parsons
Secretary: Kath Fisher
Treasurer: Liv Andersen



Mrs Seager thanked all members for their support during the year, as it has truly been a team effort. Sadly, we farewelled Janelle Bishop and John Hausler who have moved to another town, and former Treasurer, Elisabeth Hakkarainen. Their contributions and willingness to help will be sorely missed not only from our little team, but also from SACWA and Recreate. In a small community, volunteers are hard to come by, and these people have made an impact whilst they have been here.

Fundraising

Several fundraisers were discussed, as well as a raffle and visit to the Angas Valley Red Cross Op Shop. The date for the visit has been confirmed for 23rd August. Plans are also underway for us to take part in the Spring Garden Fling and the Twilight Christmas Market at the Mt Pleasant Farmer's Market.

New members

If you would like to join us, new members are always welcome.

Next meeting: 1.30pm, 26th August, SM Hall.

Kath Fisher – Secretary

Mt Pleasant Community Association



The next meeting of the Community Association is at 4pm on 23rd August in the history Room. This will be for last discussion about arrangements for December, and fulfilling requirements. All welcome. Please contact Sue or Paula if you have any questions. (Details on back page.)

Friends of the Mt Pleasant Hospital



Meeting news

At the last Friends' meeting our guests Dr Bryan Goh and nurse manager Carol Palard spoke about several issues regarding community services at the Hospital.

Two lifelike animals – a dog and cat – used to assist dementia residents, were donated by two members of the Friends' group. The Friends' also donated three games for the Tovertafel table, enabling residents to participate and gain personal contact and social interaction.

An Open Garden will be held at Roger and Barbara Beveridge's home on the 9th and 10th of October., from 10.30 to 3pm. Tea, Coffee and biscuits will be available, and they will also have some plants for sale. A toilet will be available for visitors.

Next meeting: 10th August – all welcome.

Kath Fisher
Publicity Officer

RSL Report



Proposed kitchen upgrade

At the Mount Pleasant RSL bi monthly meeting which was attended by 10 members, it was proposed by Roger Benton and endorsed by members that we would endeavour to pursue a grant from Department of Veterans Affairs or the Federal Government and any other interested parties to upgrade the RSL kitchen. Donations are more than welcome.

The kitchen is 65 years old and in urgent need of modernising as there is no access to hot water, or modern appliances. There are many other Occupational Health Issues which the Committee hope to resolve. A sub-committee will be formed to formulate budgets, designs and ultimately the purchase of equipment and fittings.

Proposed Submarine Corporation visit

Representations are under way to enable Navy Veteran Steve Hughes, (pictured below with ex Royal Marine Brian Watkins) and Army Veteran Tim Sutcliffe to visit The Australian Submarine Corporation.

Get Well soon!



The members wish a speedy recovery to those members of the Mount Pleasant Sub Branch who have had operations recently, and those who are on the sick list.

Next Social Night

The next social night at the Mount Pleasant RSL is on Tuesday 3rd August at 7pm. Visitors welcome to come along and join in with the social activities.

Care to join us?

Members of the public are reminded that it is not necessary to have a Military background to become an Affiliate Member. Community-minded residents are welcome to join. Contact Mike Williams on 0419 863 574 or Tim Sutcliffe on 0407603081.

Roger Benton



Sport

Mt Pleasant Bowls

Invite all members to attend a
SPECIAL GENERAL MEETING
On 8th August 2021 at 1pm

Agenda item 1:

Amendments to the Constitution

(Copies of the Constitution and proposed amendments
available at the club)

Agenda item 2:

Team and Delegate nominations for the 2021-2022 season
and update of our transfer to the B&LBA

Agenda item 3:

Approval in principle of items in the Business Plan
(Copies of the Business Plan available at the club)

MT PLEASANT BOWLING CLUB



MT PLEASANT BOWLING CLUB INC is starting a new era
and joining the Barossa and Light Bowling Association!!!

We are looking for new players to join us.

New member subsidies for fees and uniforms apply.

The new season and new era starts in October, and we
encourage everyone - male/female - aged 8 and upwards
to join us for this exciting time.

Come and try the game during the off-season with our
Wednesday social games (1pm game start).

Not sure? Join as a social member whilst you learn the
game. Contact the people below for more information:



Bo Hambly (President) 0417 047 812

Noelene Birt (Secretary) 0409 681 901



Bo Hambly - President

Mt Pleasant Gems Netball

Donate to our fundraising page Mental illness doesn't
discriminate – and that includes our sporting communities.
Players, teammates, coaches, support staff and volunteers.
Our friends and family on the sidelines.

We're proud to be taking part in the Breakthrough
Community Round supported by @Fleurieu Milk Company.

You can make a donation to support @Breakthrough Mental
Health Research Foundation by visiting our club's
fundraising page at:

<https://breakthroughcommunityround.com/mt-pleasant-gems>

Mt Pleasant Golf Club



TEE OFF between 8.15 and 9.00.

If you hold an official GA Handicap and are
a member of a Golf Club, you can join our
Competitions for \$20 which includes your comp fee and
green fee. A win/win, we reckon. Please pass on to fellow
golfers and help us to grow the game up here.

Contact Dave on 0438095231 to ensure a spot in our field.
(Mixed competitions on both days)

Dave Swann – President

New Beginnings

Introductory offer

\$500

**Includes Membership until
September 2022 + 2 Lessons with
Golf Professional Warren Symons**

LIFT YOUR GOLFING EXPERIENCE BY JOINING MOUNT PLEASANT GOLF COURSE
(PAR 72 - ARGUABLY ONE OF THE BEST LAYOUTS IN SOUTH AUSTRALIA
— ADVERTISER'S TOP 25 GOLFING EXPERIENCES IN SA)
WITH 2 LESSONS FROM A GOLF PROFESSIONAL TO BRING DOWN THOSE SCORES..... *the pot of gold is there for the taking*

The Thursday Fitness Group

Meet at Talunga Park at 10am every Thursday.

mt pleasant walkers

8am Mondays, Wednesdays & Fridays
call Murray - 0439 385 291

Cromer news

Friends of the Old Cromer Schoolhouse

Hoof Care Workshop

Cherie O'Dea is another wonderful Springton artist who will also be exhibiting again at the Springton SALA.



Since overseas travel plans were cancelled in 2020, her focus has

returned to more local environs, including southern coastal regions and the beautiful backyard of the Adelaide Hills. Devastating bushfires impacted my focus on depicting native wildlife and domesticated animals. Cherie endeavours to push the boundaries between drawing, painting and printmaking. She loves experimenting with a range of media, surfaces and layering techniques to capture the energy of line, pattern, colour and texture without compromising the illusion of depth.

You can find Cherie on Facebook, Instagram or email cherieodea@gmail.com

Show & Shine

We're looking for expressions of interest from businesses in the local area for Sponsorship of the Springton Progress Association Show & Shine.

If you own a business in the area and would like to sponsor the event, please contact Matt at springtonpa@gmail.com or message us through Facebook.

Springton news

SALA

SALA in Springton opens in two weeks at the Springton Hall. The exhibition is free to all, and will be open on Saturdays and Sundays from 10am to 4.30pm. There will be 15 artists exhibiting including Rosie Trennery and Cherie O'Dea.

First up is Rosie Trennery who has been the backbone of the development of Springton's SALA exhibitions, and this year will be one of the artists with her stunning jewellery. Whilst making jewellery has been one of her interests for some time,

she started Silver Jewellery classes around 6 years ago and found it intriguing. In 2019 Rosie participated in the Springton SALA exhibition as an exhibitor for the first time with a collection of handmade jewellery.

In 2021 her participation is purely as an exhibitor, and a small collection of hand-crafted Sterling Silver and mixed metal pieces feature a variety of finishes and textures including some achieved by the varying use of heat including a process known as reticulation. (Pictured above is a hand-crafted reticulated Sterling Silver pendant featuring a bezel set Moonstone.)



Springton Progress Association SHOW & SHINE

HORPS PRIZES ACROSS MULTIPLE CATEGORIES

- Best Classics Pre 1919
- Best Car 1919 - 2008
- Best Car 2009 - 2014
- Best Muscle Car
- Best Restored
- Best Hot Rod
- Best 2 Wheels
- Best Truck

24th OCTOBER 2021
10:00 AM till 3:00 PM
SPRINGTON OVAL, GRAETZ TERRACE, SPRINGTON
CONTACT US ON FACEBOOK FOR MORE INFO

Tungkillo news

BINGO

SATURDAY
7TH AUGUST, 2021

Hall open at 6.30pm
Eyes down at 7pm **SHARP**
Bring nibbles and drinks.
Raffle prizes.
Cost is \$5/book

Community Card Luncheon

19th August 2021
At the Tungkillo Soldiers Memorial Hall

The Tungkillo Progress Club invites you to join, for an afternoon of **lunch & card games!**

Lunch at 12 noon - Cards begins at 1pm
Afternoon tea is served to finish the day, after the games are over.

Please be advised that the Tungkillo Progress Club Inc. Special meeting and AGM

will be held on Monday 1st November at 6.30pm commencing with the special meeting and the AGM to follow.

Nomination and membership forms will be in August, 2021 gazette.

Tungkillo Progress Club Committee Members

President	Edith Matheson	0473 485 865
Vice President	Tony Farrow	0417 807 763
Secretary	Joyleen Burton	0409 067 714
Treasurer	Glenda Rogers	0414 536 561
Council Representative	Cr. Peter "Beachy" Raison	08 8569 0100
Committee Members		
Anne Burgess	Robert Guthrie	Martyn Hockham
Alan Lintern	Stephanie Rollond	Kirsten Thirlwell

The Tungkillo Gazette

Classifieds

Jobs website:

<https://www.barossaplainsjobs.org.au/>

ACTING TO WELDER CERTIFICATIONS (AND EVERYTHING IN BETWEEN)

tafesa
Government of South Australia

SHORT COURSE BIG FUTURE

Make the most of the indoors by studying a TAFE SA short course. With short courses offered in just about anything from [accounting](#), [beauty](#) and [first aid](#) through to [video editing](#), [wine and spirits](#) and more we are sure you can find a course that is right for you.

A TAFE SA short course can provide you with the opportunity to update or retrain in a new area through a [professional development short course](#), learn a new skill through a [hobby short course](#) or you can choose to study select [online](#) short courses. July is a busy month with many short courses on offer.

HOUSE FOR



RENT

House available for rent in Mount Pleasant as of next week. 3 bed, 1 bath, 1000sqm. Not fenced for outdoor pets. Must have references and stable income. Phone 0434868727.

Bits & Bobs

COVID-19 Disaster Payment



The COVID-19 Disaster Payment is now available to eligible people who couldn't work due to the recent lockdown from 21-27 July.

You could be eligible for this payment if you:

- aren't already getting an income support payment from us.
- have lost a full day's work or more and have

lost income because of the lockdown.

- you didn't take paid leave, such as annual leave, sick leave or any special pandemic leave throughout the lockdown.

There's no need to call or visit us. You can claim this payment online through myGov. **You have until 17 August to claim.**

For more information go to our website:

<https://www.servicesaustralia.gov.au/.../who-can-get-it>

mp beat

Bits & Bobs cont'd

Local Author's latest book

Local Kersbrook author Pam Warner has published a work of romantic fiction. On these long, cold nights, what could be better than snuggling up with a feel-good book?

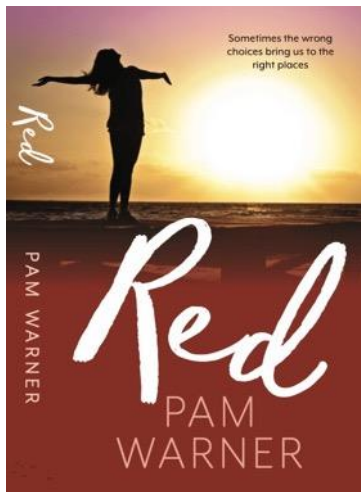
Red

Katriana Sophia Eliza O'Shea could be any one of us. Seemingly dumped by her soulmate Michael she heads off alone to find a better life. Along the way she learns that sometimes the wrong choices bring us to the right places. This is a book you won't want to put down. It's not a true story but it could be. Imagine being alone and scared or feeling so loved that your heart could burst.

Take a deep breath and know that life's too short to wear boring clothes.

Copies available now from the author @ \$25 per copy. Email pamwarner888@gmail.com

Or catch up on Facebook and message for details of payment and post or pickup.



River Murray Dark Sky Reserve

The River Murray International Dark Sky Reserve is Australia's first.

It joins an elite group of remarkable dark places around the world. The Reserve includes some 80 kilometres of the magnificent River Murray, small townships, Conservation Parks, farmland, and some of the darkest skies on the planet. At just 90 minutes from the South Australian capital Adelaide, the Reserve is readily accessible to visitors.

Covering more than 3,200 square kilometres, the River Murray International Dark Sky Reserve is known for its dry climate and cloudless skies. Measurements have shown exceptional darkness right across the region, and SQM readings of 21.9 are common.

The Reserve received accreditation from the International Dark-Sky Association (IDA) in October 2019.

The River Murray International Dark Sky Reserve is an initiative of Mid Murray Landcare SA working closely with the Mid-Murray Council and aims to raise awareness of the problems of light pollution and its impact on Australia's unique nocturnal wildlife.



Facebook Group for MP Mums

Mount Pleasant & Surrounds Mums (Adelaide) – private

<https://www.facebook.com/groups/516559182693429/>

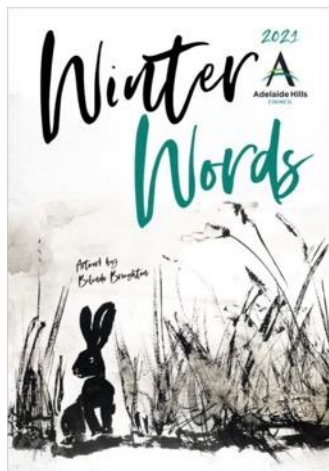
Facebook Group for Hobby Farmers

<https://www.facebook.com/groups/166195258042203>

Winter Words

We don't let the chill of winter get us down, we use it to inspire - and you're invited to join us.

Winter Words is a celebration of poetry, prose, storytelling, and meaningful conversations appropriate for all levels of creative experience. Learn, Share, and Perform this winter, and discover your inner muse.



<https://www.ahc.sa.gov.au/>

Adelaide Hills Council



Markets

Farm Gate Garden



806 Springton Road, Mt Crawford.

Lyndoch Institute Market



COUNTRY MARKET



● CRAFT ● COOK ● GROW ● FRESH

Sat, 6th August, 8:30 - 12:30 at One Tree Hill Institute

Please check the Facebook page as we were unable to confirm before we went to print.

Mannum Riverside Market



Arnold Park – 1st August

Hahndorf Pop Market



15th August - <https://popmarket.net>



CASH AUCTION
Mount Pleasant Showgrounds, under cover.
TUESDAY, AUGUST 3
Start 9.15 a.m.
Bring your unwanted goods and turn them into cash. Tool's, building materials, china, bric-a-brac, Plants and antiques. Contact Peter on 0412 910 803.

Gawler Repair Café

Please note new location: Evanston Gardens Community Centre, 65 Angle Vale Rd, Evanston Gardens

Date: Sat 21 August 2021

Time: 9.30am-12.30pm

Bookings

essential: <https://www.eventbrite.com.au/e/gawler-repair-cafe-tickets-165219354537>

*Covid restrictions will apply, we will provide updates re any major changes.

Repair Cafes provide a free meeting space where community members can work with skilled volunteers to repair items that would otherwise go to waste. Our volunteers have skills in electrical repairs (small appliances), jewellery repairs, sewing and mending clothing, general repairs (mechanical/woodwork) and bikes. Services are provided free of charge but customers can choose to make a small donation to support the service if they wish.

Most attendees get to see a repairer straight away but coffee, tea and cake are provided to keep you occupied if you do need to wait.

Events SALA

SALA in the Wisteria Atrium

Local Mt Pleasant artist Joe Dennis' art will be showcased for SALA festival (South Australian Living Artists) in the community wisteria atrium for the month of August. Every Saturday Joe will demonstrate art in all types of mediums.

Every Saturday 8am – 12pm



Flourish

SALA

SPRINGTON GALLERY
Graetz Terrace, Springton SA 5235
OPEN 10am - 4.30pm Saturdays and Sundays in August

Creativity certainly flourishes in and around Springton. Returning for the seventh time, this year's SALA exhibition encompasses richly diverse genres and features artists who have joined Springton SALA in the past, as well as a number who are new to exhibiting here.

Card payments accepted for artwork sales and the artists' gift shop in the foyer.

For more information:
Facebook: SpringtonPA/events
Email: Springtonprogressassociation@gmail.com
Brought to you by Springton Progress Association Inc.

Flourish
@
SPRINGTON GALLERY
Graetz Terrace, Springton SA 5235
OPEN 10am - 4.30pm
Saturdays and Sundays in August

SALA

Featuring works by:
Michelle Barr, Moira Brennan, Annette Dawson,
Talia Dawson, Joe Dennis, Frances Griffin, Gareth
Kelsey-Evans, Barry Liddicoat, Viv Liddicoat,
Simone Linder-Palton, Cherie O'Dea, Mike Painter,
Alana Preece, Rose-Anne Russell, Rosie Trennerly



BAROSSA Medieval FAIR 2021

21-22 August - Heinemann Park

August, 2021

MT PLEASANT FLEECE AND FIBRE FAIR

Saturday 21st August 2021

10am to 3pm

Mt Pleasant Soldiers Memorial Hall

Admission

GOLD COIN

Spinning And Weaving,
Woolen crafts, dyes,
Felting, Alpaca fleece
wool yarns,



Devonshire Tea & coffee
Soup and crusty bread



Contact

Genevieve Hebart

0458884439



This Is Our Eden

[A Little More Barossa]

15 August ~ 11am to 4pm

Secret lunch location and rove tasting
Set in a rustic, rural location amongst the majestic gums, vineyards and farms of **Eden Valley**, only 70 minutes from Adelaide CBD
Eight **passionate** family-owned Wine Producers
Gourmet **feast** featuring local produce
Warm heartfelt ambiance of a genuine country welcome

Wines by Brockenchack - Edenmae - Evandale
Henschke - Hutton Vale Farm - Heathvale - Poonawatta
Max & Me - **Food** by Eden Valley Hotel featuring
produce from Gumshire Pork - The Bucket Project
Micro Herbs - Hutton Vale Farm Relish - Max & Me Olive Oil

This Is Our Eden \$50 + booking fee
Bookings: henschke.rezdy.com/448398/this-is-our-eden





Embroidery: Oppression to Expression

17 June – 25 September
Featuring exquisite
embroideries from across
four
centuries, Embroidery:
Oppression to
Expression embraces

contemporary textile practice in Australia and traditional European styles. Travel from Georgian England to William Morris and forward to the internationally renowned couture of Paolo Sebastian created right here in Adelaide. Enjoy an extensive display of samplers, religious works, Regency silk pictures, and Victorian Berlin work animals. Embroidery in fashion and the unique contribution this art form makes to contemporary Australian art further enriches the diverse material on display in the exhibition.


Details: The David Roche Foundation House Museum
17 June to 25 September 2021

Tuesday to Saturday 10AM – 4PM. No booking required.
Entry: \$12 adult. \$10 concession. Children under 12 free.



**MT PLEASANT CFS FUNDRAISER
COMEDY NIGHT**

**BACK AGAIN!! OUR 6TH ANNUAL NIGHT OF
HILARITY & COMMUNITY SPIRIT. GET YOUR FRIENDS
AND COME LAUGH THE NIGHT AWAY.**



KEHAU JACKSON KEL BALNAVES BEN DARSOW GORDON SOUTHERN

SATURDAY, SEPTEMBER 18 2021
MT PLEASANT SOLDIERS MEMORIAL HALL
DOORS OPEN 7PM

**TICKETS AVAILABLE AT MT PLEASANT POST OFFICE
AND ONLINE \$30 PER PERSON (TABLES OF 8)**
WWW.TICKETEBO.COM.AU/MTPLEASANTCFS

BYO DRINKS \$ NIBBLES & COINS.
GREAT RAFFLE PRIZES AND SPECIAL PRIZES
****RATED 15+ (STRONG LANGUAGE)**

SA CIRCUS CENTRE, THE HOME OF CIRKIDZ PRESENTS

CIRKIDZ SATELLITE



THE WORKSHOPS
Satellite Circus participants will be focussing on developing a variety of fundamentals in various circus disciplines including tumbling, juggling, acrobatics, balance and more!

Satellite Parkour students learn the basics of this movement discipline from SA Parkour Association accredited Parkour instructors.

Every Thursday from
22 July to 23 September, 2021

Satellite Circus	Satellite Parkour
1 hour class	1 hour class
4pm - 6 to 8yo	4pm - 6 to 8yo
5pm - 9 to 12yo	5pm - 9 to 12yo

PRICE
10 week term: \$150
(\$15 a session)

VENUE
John McVeity Centre
182 Peachey Rd
Smithfield Plains SA 5114

FOR BOOKINGS, CONTACT
circus@cirkidz.org.au
8346 5753
or book now at cirkidz.org.au

\$100 Sports Voucher
Available for all primary school students







Coming Events



EVERY SATURDAY IN SEPTEMBER

8am-1pm

ENTRY: Gold Coin Donation

MOUNT PLEASANT SHOWGROUNDS
Melrose St, Mount Pleasant

The SA Spring Garden Festival has changed format this year to a month long **SPRING FLING!** Every Saturday during September, you'll find a great range of stalls featuring quality plants, garden furniture, decor and garden care products together with our regular farmers market fare.

For more information or to become a stallholder, contact us:

- 🌐 saspringgardenfestival.com.au
- ✉ info@saspringgardenfestival.com.au
- 📱 like us @saspringgardenfestival
- 📺 follow us @springgardenfestivalsa
- ☎ 0418 301 121

Proudly Supported by:



Our Next Show
The World Premiere of
the Comedy With Music

99 Years Young

By Kate Farrer

Fri 19, Sat 20, Sun 21
Sat 27, Sun 28 Nov. 2021



garyvarvel.com

WILLIAMSTOWN AMATEUR PLAYERS
Presents
A PANTOMIME
The Winter Queen



Fun for all Ages

**Tickets \$14.00 Adults
Children \$7.00 16 & below**

Williamstown Memorial Hall

Friday 8th & 15th October
@ 8pm

Saturday 9th & 16th October
@ 2pm & 8pm

Bookings : 0422 353 898

Find us on

williamstownamateurplayers@gmail.com

MT PLEASANT
**CHRISTMAS TWILIGHT
FARMERS MARKET**
★ **Thursday 23 December**
5pm - 9pm

Dinner Stalls
Music
Father Christmas
Easy Parking
Friendly Stall Holders

Fresh Fruit & Veg, Meat & Seafood, Milk & Cheese,
Bread, Cakes & Pastries, Wine & Beer, Honey, Jams
& Olive Oil, Chocolate & Dried Fruit, Plants & So
Much More.....



www.mtleasantfarmersmarket.com.au
[@mtleasantfarmersmarketau](https://www.instagram.com/mtleasantfarmersmarketau)



Winter fun

Song titles

Can you name the performer/s?
(Answers at the bottom)

1. Winter in America
2. A Winter's Tale
3. A Hazy Shade of Winter
4. Winter Things
5. Baby It's Cold Outside
6. Cold Weather Blues
7. Cold As Ice
8. Winter Time
9. Ice Ice Baby
10. She's So Cold
11. Freeze Fame
12. Cold, Cold Heart
13. Winter Wonderland
14. Fire and Ice
15. Ice
16. Ice Cream
17. Ice
18. Winter Winds
19. Warm Winter
20. Cool Kids

One of the coolest bands ever – Daddy Cool created the Aussie anthem Eagle Rock.

ANSWERS:

1. Doug Ashdown
2. David Essex or The Moody Blues
3. Simon and Garfunkel
4. Ariana Grande
5. Esther Williams & Ricardo Montalban or Frank Sinatra & Dorothy Kirsten (also Lady Gaga & Joseph Gordon-Levitt, etc)
6. Muddy Waters
7. Foreigner
8. Steve Miller Band
9. Vanilla Ice
10. The Rolling Stones
11. J. Geils Band
12. Hank Williams
13. Michael Buble (or Perry Como, Human Nature, etc)
14. Pat Benatar
15. Sarah McLachlan
16. Sarah McLachlan
17. Kelly Rowland (feat. Lil Wayne)
18. Mumford & Sons
19. Seth Sentry
20. Echosmith

Wally's winter wonderings

My goal for 2021 was to lose 10 Kilos. I only have 14 to go.

I ate salad for dinner. Mostly croutons and tomatoes. Really just one big round crouton, covered with tomato sauce, and cheese. FINE, it was a pizza.... OK, I ate a pizza! ARE YOU HAPPY NOW?

A recent study has found women who carry a little extra weight live longer than men who mention it.

Chocolate is God's way of telling us he likes us a little bit chubby.

I may not be that funny or athletic or good looking or smart or talented. I forgot where I was going with this.

We all get heavier as we get older, because there's a lot more information in our heads.

I love approaching 80, I learn something new every day and forget 5 other things.

A thief broke into my house last night. He started searching for money so I got up and searched with him.

Senility has been a smooth transition for me.

Just remember, once you're over the hill you begin to pick up speed.

It's weird being the same age as old people.

I'm at that age where my mind still thinks I'm 29, my humour suggests I'm 12, while my body mostly keeps asking if I'm sure I'm not dead yet.

I see people about my age mountain climbing; I feel good getting my leg through my underwear without losing my balance.

It's probably my age that tricks people into thinking I'm an adult.

When I was a kid, I wanted to be older...this is not what I expected.

You don't realise how old you are until you sit on the floor and then try to get back up.

I'm at a place in my life where errands are starting to count as going out.

Never sing in the shower! Singing leads to dancing, dancing leads to slipping, and slipping leads to paramedics seeing you naked. So remember, don't sing!

If you can't think of a word, say "I forgot the English word for it." That way people will think you're bilingual instead of an idiot.

I don't always go the extra mile, but when I do it's because I missed my exit.



August calendar



Thank you,
Mona Vale Hospital



Events

Date	Event	Details
7, 14, 21, & 28 ALSO ONLINE	MP Farmers' Market	8-12, Saturday @ Talunga Park
18 Aug	Vietnam Veteran's Day	
21 Aug	Fleece & Fibre	

Meetings

Committee / Group / Organisation	Details
CFS Training	Every Tuesday @ 7pm
CWA	1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall
CWA Craft Group	1 st and third Tuesdays, 9.30am to 12.30am @ Soldiers' Memorial Hall
Friends of the Mount Pleasant Hospital	10am, 2 nd Tuesday in month
Men's' Shed	Open Monday & Wednesday from 9am. Social distancing rules apply
MP District History	1-4pm, every Thursday @ History Room, SM Hall
MP Farmers' Market	8-12, every Saturday @ Talunga Park (unless otherwise advertised)
MP Inc	6.30pm, 2 nd Tuesday @ SM Hall
MP Fitness Group	Talunga Park Pavilion - Thursdays
MP Photography Group	2 nd and 4 th Tuesdays - 9.30am @ Men's Shed- \$5 a session
MP Show Society	2 nd Monday @ Talunga Park
MP Spinners & Craft Group	St John's Church Hall, 10-3 on Wednesdays (0448 150 015)
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Pleasant Painters	2 nd & 4 th Friday from 10am-2pm, @ MP Library
Red Cross	Bi-Monthly, 1.30pm, 4 th Thurs @ SM Hall
RSL Social	1 st Tuesday - Social gathering
RSL Meeting	Alternate month, last Sunday - Bi-Monthly meeting
St John's Card Group (500)	1 st Thursday every month. 12 noon start. \$10 for 2 course meal + beverages.
Writers' Group	Please email: Dwainecelie@gmail.com

Newsletter:

Newsletters are published at the beginning of every month, and generally available in the Wisteria Atrium at the Market, Star Books & the Post Office. If you'd like a hard copy, please ask Anne or Rose @ the PO to reserve one.

Online @ mtplesantbeat.org

(click 'subscribe' on the 'Latest Newsletter' page)

Editors: Sue Barrett & Paula Bartsch

Printed by the Mt Pleasant Men's Shed



Contact us:

Contributions may be emailed to:

mtplesantbeat@gmail.com

If you wish to be notified when the newsletter is available online, please contact us via clicking

'subscribe' on the website, mtplesantbeat.org

t: 0403012339 or

e: mtplesantbeat@gmail.com

w: mtplesantbeat.org or

Facebook: [mpbeat](https://www.facebook.com/mpbeat)