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History

There is ancient history, old history, recent history, social history. The Mt Pleasant Historical Research Group deals with it all. Social History is what I mainly deal with – like local newsletters and social media where things important to locals are recorded and debated. These are the things that are read about long after we have gone. Recording these events and happenings these days is a lot easier than in the past, and all of the newsletters and all of the photos I've taken may be accessed by anyone who has a need

We recently had another semi-local approach us with some items from one of the shops which is long gone. We look forward to going through and preserving the items, and would urge others who have found anything relating to our past to please bring them to the History Room. Let's have a talk about where it – or a copy - may fit in our collection.

So near – yet so far

Recently we read that Murray Bridge will get an equine refuge. A blow to the Progress Association which has been lobbying for years. See Carla's thoughts on page 2.



Old Council Chambers in use

There are many good things happening in town – apart from the Totty! The Library is being reinvigorated – many thanks again to council and our marvellous librarians - Julie and Deb, also thanks to lobbying by Progress and Sarah McLachlan, the Rattle and Rhyme sessions are up and going. I'm sure there are other things you'd like in the library – speak with Julie and Deb about what you think.

- Lee from CarersSA visits monthly, and has some good news about a workshop.
- Robyn is also seeking expressions of interest with craft sessions see her ad a little further on in the newsletter.

There are still many things we could accommodate in the old council chambers. If you can think of something that may benefit our community, please pass it on – whether to the Council, Progress Association or Community Association – it won't happen of you don't tell anyone.

Show conveners and helpers needed

A shout out to anyone who can help donate a few hours to act as a convener for the Show. Please contact the Show committee via their Facebook page or website.

https://www.facebook.com/mtpleasantshow https://www.mtpleasantshow.com.au





Council notes

While I think it's absolutely fantastic to see this equine refuge project realised, I can't help but think of the missed opportunity.

As someone who has advocated strongly for improvements to Mt Pleasant Showgrounds (aka

Talunga Park) for close to a decade, I am incredibly disappointed that we as a region have missed the boat on this one.

Mt Pleasant has for years been identified (by industry and government) as the perfect site for a state-of-the-art, purpose-built equestrian facility which could also act as an emergency equine refuge. It already hosts many major horse events and is ideally positioned between the Barossa and Adelaide Hills. But lack of movement on the local government front has left us in virtually the same place we were 10 years ago.

Instead of focusing on attracting one or two high level recreational pursuits to the region, we should be casting our net wider.

You can read more about the <u>Horse SA</u> Safer Equine Refuge here <u>www.horsesa.asn.au/events-news/safer-equine-refuge</u> - it really is a fantastic initiative and a great boon for Murray Bridge! What do you think?

From Carla Wiese-Smith – Barossa Advocate



Don't miss out on your chance to declutter and save!

We have two free waste disposal incentives available to Barossa residents, dependent on where you live.

Kerbside collection in townships:

Contact Solo on 8295 5077 between 6 and 17 March to book your kerbside collection.

Rural and township residents who don't secure a kerbside collection:

You are eligible for a \$75 hard waste and/or green organics voucher. Book with us on 8563 8444 from 17 April.

Visit <u>barossa.sa.gov.au/declutter-and-save</u> for terms and conditions, plus find answers to frequently asked questions.



Amy Gillett Bikeway

Cyclists and walkers love it, so here is an update on the Amy Gillett Bikeway compiled by Adelaide Hills Councillor Melanie Selwood. Please feel free to share with your networks.

The Amy Gillett Bikeway is a much-loved part of the Adelaide Hills community. It has increased tourism and provided a safe place for recreation and healthy living. It has even acted as a fire-break in the 2019 fires. These benefits to the community are why I'm advocating for the State Government to complete the last section of the bikeway all the way to Mount Pleasant. The Adelaide Hills Council have funding to progress the bikeway to Birdwood, but need commitment from the State Government to get it done. The deadline is approaching for funding to run out. It was initiated as a State Government project, but over the last few years there hasn't been any funding allocated to its completion. Some Federal funding has been sought, but we need the State Government to step up and commit to building it. We need a commitment from the State Government by April or we face the real possibility it will never be finished.

Email your letters to:

Premier Peter Malinauskas - premier@sa.gov.au

Treasurer Stephen Mullighan - treasurer.dtf@sa.gov.au

Minster for Transport Tom Koutsantonis -

Minister.Koutsantonis@sa.gov.au

Minister for Tourism Zoe Bettison -

MinisterBettison@sa.gov.au

Ian Grosser

These are personal views and do not represent Mount Barker District Council

Around the town Mt Pleasant Library news



Many thanks to all those who responded to the latest Library questionnaire. We are awaiting the results, but hope that they will further enhance the facilities. In the meantime, have you thought about volunteering in the Library? There are many ways you can help – either by assisting in keeping the collection in good order, or perhaps by volunteering to run or help with sessions offered. Ask Julie and Deb what you can do to help.

Lee's expanding

Everyone by now has probably noticed the hole where a house once stood – between the Bakery and Lee's.



Construction will now commence on a new showroom – giving Lee room to showcase their brands, and enabling them to stock a broader range of accessories for all machines



and riders, and give buyers more room to browse. They will also be stocking a wider range of

machinery, which will be stored in a much safer place and able to be seen after hours, when before, all the machinery had to be put away. There will be a walk up ramp into shop

space – which will also make it easier to move things around. Meanwhile, the existing building will be a dedicated workshop, with more room for the mechanics to work on the machinery.

Congratulations to Lee and the team – we wish them all the best.



Kel's back!

Star of Fringe and CFS Comedy, Kel Balnaves is back in the area – this time he appeared at the Lobethal Bierhaus. Great venue – and Kel's a laugh a minute.



Sophie at Glen Devon

Sophie never disappoints. Every time she comes to Glen Devon, she has more to teach us – about plants – about the soil – about bees – about the environment.

She reminds us that it's OK to fail. That sometimes – despite our best efforts – plants die. But when something lives and thrives, when birds and insects flock to our gardens, when friends and loved ones tell us how much of an oasis we have created – simply by loving plants, that's a good day.

Gardening brings so many rewards – not only in the way they look, but also in what they give us when we grow veggies, when we sit amongst the flowers, when we revel in the coolness when all around it hotter. That was probably one of the big takeaways from this time. Sophie had a new toy. It was a heat detector. Not one of those big, flash ones, but one that would let you know where the hot spots were in the garden, so you could change the way you do things. One of those might be changing your garden beds. Not only do metal garden beds heat up to the touch, but it means that whatever is growing in them also heats up. Be aware of how your potted plants are coping – especially if they are in black plastic pots.

So much more – including watching Sophie talk surrounded by white butterflies and the occasional curious Monarch (Wanderer). I think they can sense an ally.

We are so lucky to have Sophie – and she is very popular. Sadly, a few locals missed out this year, as numbers are capped at 150, and we reached that number the week before. Tip for 2024 – because Sophie WILL be back – book in January!





Clockwise from left: Red Cross dignitaries with Michael, Margaret, Kath and Sophie: Workers churning out the scones, Emergency Assembly point, Henry, Sophie and the audience.



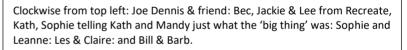














Pleasant History

Grant news

I have submitted many grant applications over the years I have been historian for the community, and most have been successful. As we are a tiny group servicing a small community, and have very limited space, careful thought goes into what would best benefit us. Recent acquisitions have included a camera to take photos of photos, a database program (MOSAIC) which is the most used software for small collections such as ours, we then procured another grant for a laptop on which to store it. Later we purchased a lightbox and scanner to assist with taking photos of the collection, and of memorabilia which was loaned to us to record.

In the middle of last year, I submitted a request for a \$3,000 Community Grant on behalf of the History Room through the Mount Pleasant Community Association.



When the committee met to consider applications, we were hoping that we would be considered favourably.

Last week, Joseph Moore - a journalist from the Courier visited us. The paper has undergone some pretty significant changes during the last few months, and we are hoping that this means more coverage for our district, as it has languished for a time.

Imagine our surprise when Joseph (pictured below – taking photos of us) informed us that we didn't receive the grant, and that we'd have to re-submit as the application had lapsed after it was laid on the table last year. At the time of printing, we haven't received official notification from the Barossa Council.

We were disappointed, as it is the first time we have applied to council for a grant, but we are already pursuing some other options.



In essence, the grant would have assisted us in establishing the Mount Pleasant Photo Bank, a free resource for our community.

Good quality, artistic photos of buildings, businesses and landmarks would be available for not only an historic record for the MPDHRG, but also for any business wanting to use the photos for their advertising, and any group wishing to use the photos to promote tourism in the area.

The project was initially for use as an historical resource – so people could see the difference between then and now, with our historic buildings and landmarks. Having them taken over a year would also give a snapshot of all our events (Show, Fleece and Fibre, SALA, Markets, etc.), and all the seasons, providing an invaluable record of our unique town and district.

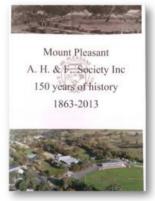
We would also be able to use the photos to illustrate the town walking trails, as we are in the process of adding to them and revamping the original one. We are hoping to add information that would be available via a QR code, similar to the Heritage App, but including new initiatives, events and businesses such as the Market and Recreate.

So – watch this space! And if anyone has anything to add, or wishes to contribute to the Photo Bank Project, we'd love to hear from you.

Show Book

There are still copies of the Mt Pleasant Show book available for purchase in the History Room.

Paula Bartsch - Historian



History Room
Open every Thursday
From 1pm to 4pm
Soldiers' Memorial Hall



Everybody, Anybody, Somebody and Nobody

Once upon a time there were four people named Everybody, Anybody, Somebody and Nobody. When there was an important job to be done, Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. When Nobody did it, Everybody got angry because it was Somebody's job. Everybody thought that Somebody should do it. But Nobody realised that Somebody would do it. So, it ended up that Everybody blamed Somebody when Nobody did what Anybody could have done in the first place.

Totty Tales

Things are ramping up!

Below is the newly installed ceiling in the great room (formerly the Dining Room), below is the almost finished Bottle Shop and amazing ceiling.

Bottom is Stef sprinkling grit on the new driveway surface.



See: Totness Inn Facebook page -

but also: Can't Wait for the Totness Inn Hotel to Open!

Pinterest: @TotnessInnHotel Instagram: Totness_Inn_Hotel

Pete's Poem

Advice for happy living

So - all you young husbands and lovers
Be still, and listen to me.
Think once, then think twice, here's some advice,
Like lots of advice, it comes free.

The Creator, in His infinite wisdom, Working his cosmic plan, He created woman, with infinite care, As a bonus, He threw in a man.

Such a quirky sense of humour, Now listen to me and believe. He put them together, in private and said -"Hey Adam, you need to meet Eve".

And as it has been since creation, Now, just as in times of old, Eve will do whatever she wants, And Adam will do as he's told.

There's no magic trick, you young husbands, To avoid matrimonial strife, Live by the well proven motto, Happy wife - Happy life.

So never succumb to temptation, No need to stick your neck out, Just treat your lady as though she's a queen, And the rest will simply work out.

Don't waste time and effort Hoping you might understand, You just don't have the credentials, Remember, you're only a man!

And if by some whimsical myst'ry, You do work out how this can be, Be a mate, it'll be great, If you'll please pass it along – to ME.

Peter, The Peripatetic Poet

14/02/23 - That's right... VALENTINE'S DAY!





Marketina

Market closures March and April

Attention market family, we have a couple of Saturday's coming up where the market will be closed.

18th March - no market due to the Mt. Pleasant Show being held at the Showgrounds

8th April - the Easter Twilight Market is on Thursday 6th April from 4-8pm, so the market will be closed Easter Saturday

Just a little head's up for you all.

Also – Kerryn from Dairy Tree will be away on the 4th – back on the 11th.

Stallholders wanted

Are you a grower, primary producer or maker of beautiful food or beverages with an emphasis on South Australian ingredients? Are you looking to sell your products directly to customers, in a place that values community and sustainability? If your answer is yes, then you should consider having a stall at the Mount Pleasant Farmers Market.

We have a large variety of fabulous vendors, and we're always on the lookout for new stallholders that share our values. We're seeking stallholders that can supply fridge and pantry staples, such as eggs, on a consistent basis, but also specialty foods such as gluten free, vegan, and gourmet products.

Our market runs every Saturday morning from 8am-12pm, and our location is nestled between the Adelaide Hills and the Barossa Valley, and benefits from visitors to both regions. with many of our wonderful customers being loyal members and regulars to the market every week.

We also have several notable events that take place throughout the year that are very well attended and provide an opportunity to get your products in front of a large crowd. For example our S.A. Spring Garden Festival last year was attended by over 3,000 shoppers, and this year it's going to be even bigger and better.

Our new Artisan Market, MAKERS on MELROSE, runs once a month alongside the Farmers Market from September to May, and also brings even more people through the gates.

As part of our market, your business will be promoted in our weekly newsletter, on our website and on our social media platforms, which have thousands of followers.

Our stalls are available weekly, fortnightly or monthly, so if you'd like to become a valued part of our market family, click the link below. And if you know someone that would be interested in becoming a stallholder, please share this post with them and let them know that we'd love to hear from them.

We hope you'll join us!

https://mtpleasantfarmersmarket.com.au/.../become-a...



Recreate

Recreate at Glen Devon

This year we were able to join Sophie at Glen Devon for the Red Cross Garden Party. It was great catching up with friends, and people who know us from Sophie's Patch, and also being able to show others about the concept of the circular economy.



our amazing volunteers and maker.

Senorita Conchita

Our new member of the recreate team... "Senorita Conchita"

She has been our "Bouncer" at the door where she had an eye on everything. Feel free to pop in and meet her and those knobbly knees!!

Upcycled from fabric scraps. We love helping the planet.



Grow Free Fridge Bok Choy seedlings! Thanks to a lovely donation. Help yourself Bec Lane - Coordinator







March, 2023 8

People



Happy Birthday!



Happy



Equine Therapy

Genevieve Hebart



Do you know of any special days coming up? Please let us know so we may spread the love!



Augn. is a registered focus Weeker, who has a backelor of Transforg and a Graduate Certificate in filer Therapy. In addition to having nighteen years of expensions supporting stations and their families. Augn also has bred expension beautiful the properties processing the programment of the procurativers install, and having these points occuminates of thislines occuminates.

Ange offers geetle controlling and support to letp achoes reminional and proteinings and proteining and proteining and proteining and proteining and proteining and appetite themales, of all ages, to evidents their smanning strengths while discovering, developing and nonrotting their true authentic self.

Ange Moters of Change in neutralization of Strongs, Support is greatly, claim following the Strongship launch terrogish launch fernione take place on a tiem, corrounded by animals and nation Children are offered apportunities for place in a sociousy fromotify evisionment or they can selfue the unimal mention for support.







NDHS (plan and self managed) and private clients welcome

For more selected on places contact days Warrent and Try III. The Management of the Age of the Contact of the Cont





Equine Therapy Service offered by Ange Mauviel – Social Worker and Counsellor

I am delighted to have Ange Join us at Mt Pleasant Library @ Carers SA Mt Pleasant Peer Group Meeting Next Wednesday March 1st at 9:30 am For Coffees and General Chat. 10:00 am For Ange's Sharing Session

Manes of Change, a horsemanship / equine therapy practice has recently joined forces with Ange to provide therapeutic children and young people's counselling, play therapy, and support services for children and their families.

Ange has been a social worker / counsellor for over 18 years and has worked in lots of different areas relating to children; varying from child protection to school counselling.

Being neurodiverse herself, as well as having three young children, two whom are also neurodiverse, Ange comes with a great deal of lived experience as a parent of children who are neurodiverse.

Ange also has a great understanding of NDIS and can provide support here too.

Ange is based on a farm in Upper Hermitage, where animal mentoring, play therapy, time and counselling for children and or families are undertaken in the outdoors amongst the animals.

For families where this is not an option, Ange can offer a more traditional play-based counselling service in a mobile / outreach capacity to meet children at school, home or alternate location of their choice.

She is able to work with private clients and those who have NDIS (self or plan managed.)

Ange can assist with talk or play based counselling, developing social and or communication skills, developing strategies to assist with executive functioning, sensory and emotional regulation, making and keeping friends, understanding new diagnosis and /or navigating NDIS, building self-esteem and confidence - and so much more.

All Welcome

Please RSVP to Lee: 0455 445 524

(If you see this article too late to join in, please contact Lee to find out more)

Clubs & Committees

Incidents

13th Feb: Busy day with crew on Mt Pleasant

34 involved with the Williamstown fire. Then at 4.30pm we

were asked to cater for 120 hungry firefighters by 6pm. To the rescue came the legend herself, Karen Jamieson and the ever reliable BBQ chef himself, Peter Phaup. The food was picked up to go to the fire ground at 5.50pm!! Well done you two, 20kgs of sausages and 15 loaves of bread later. Here is Karen doing the cooking.



had a very pleasant visit from Glenn Lewis of The Police Credit Union. On behalf of the CFS Foundation and The Police Credit Union, Glenn delivered us a Nescafe Coffee Machine that the brigade won in a draw back in November. Thanks Glenn, It will surely get good use here at our station.

Photo of Glenn Lewis of PCU, Karen Jamieson, Jacquie Roehl and one of our newest members, Sam Grieve



14th Feb: During the morning a crew from Mt Pleasant CFS attended the Williamstown fire ground for blacking out duty. In the light of day, the difficult terrain could be seen. Really shows the difficulties in access faced by crews the previous day in fighting this fire. The value of the air support was invaluable in bringing the fire under control for ground crews to be able to perform the 'mopping up'.

Well done to all involved.

(Williamstown image credits: Kym Loechel & Glynn Jackson)

15th Feb: Around 5 pm in the evening Mount Pleasant CFS joined with Birdwood CFS to fight a fire on Lucky Hit Road at Cromer. Fortunately, a farm Fire unit was on scene very quickly and was able to hold the front of the fire until both appliances arrived. The fire was quickly contained and mopped up and then totally blacked out in preparation for the next day, of extreme fire danger, which happened to be the 40th Anniversary of the Ash Wednesday tragic fires... Images from Glynn Jackson - Mount Pleasant CFS showing the mopping up and blacking out process being performed by Mount Pleasant CFS and Birdwood CFS.



Station upgrade

3rd Feb: After 2 years I can now say that the station modifications are now complete. The carpet layer finished carpeting the training / meeting room this morning and also the lino tiles inside the kitchen doorway. Thanks to Wilma for being at the station at the right time to give the carpet layer some old tiles left over from the original kitchen lay and so will more closely match the existing lino tiles.

All that remains now is for the brigade to fit out the training room with chairs & tables etc.



March, 2023 10 Thank you everyone who has been involved in this project for your assistance and patience (sometimes - hahaha)

I especially want to thank you, our community, for supporting our fundraising efforts so much over the last few years. The Hot Spud Stalls, catering at events, Mt Pleasant Farmers Market Gates, the annual Comedy nights and all manner of donations. Not only have you allowed us to purchase invaluable equipment such as mini cutters for road crash rescues, Portable lighting, a Defibrillator, some advanced resuscitation equipment, and some not so minor contributions to enabling us to have this project completed. There will be an official launch to open the station modifications at the end of the fire season. Watch this space for details. (more pics on Facebook page)

Heavy Rescue Vehicle

12th Feb: Last Thursday evening a few brigade members joined in with members from other brigades to view the state's first dedicated Heavy Rescue Vehicle out at Region 2. This appliance will service the Adelaide Hills and will be based at Lobethal CFS station. Also on view was an example



Australia Day Award

At our Barossa Group meeting on 30^{th} January, we were able to acknowledge former long serving Lyndoch CFS Captain, Neville Kies for his Australian Fire Service Medal award in this years Australia Day Honours list. This is the first time it has been awarded to a member of Barossa Group.



Pictured here with Barossa Group Officer - Jason Sabeeney (L) and Lyndoch CFS Captain - Shane Emms (R), is Neville Kies ASFM.

Glynn Jackson – Captain



Friends of the Mount Pleasant Hospital



News

Meetings are now being held back in the old meeting room, this has proved to be very successful enabling, Lisa and Deb to attend so they can keep us up to date on things like the leisure activities offered to the Aged Care residents.

MP Show

The Friends will again hold a stall at the Mt Pleasant Show, and we would appreciate any donations for this.

New members

We welcome any people who are interested in contributing to and aiding our local hospital – please contact Virginia Carnell on 0400275602.

Next meeting

10am, 11th March at the MP Hospital Meeting Room.

Kath Fisher – Publicity Officer

Men's Shedding News



Some excellent news on the Hobby/Metal Work Shed front, the shed was fortunate to receive a Community Assistance Scheme Grant from The Barossa Council, thank you to Council. Whilst the grant is yet to be received work has progressed on the Hobby/Metal Work Shed with concrete paths, shed floor and apron being laid – the shed is getting closer to being officially opened and operational.



MPPS engagement

With school going back, the men of the shed have resumed their woodworking lessons with the Primary School students. During the month of February two projects were completed, a candle stick holder (top) and a lolly dispenser (bottom).



Women's Workshops

The next Women's only woodwork session is on the first Wednesday in March If you have a project you are working on and need some guidance, or even if you want to try something new, come along and take advantage of the blokes' expertise and willingness to lend a hand.

Photography

Gareth will be sending out assignments for participants – homework! Gareth on 0430 026 993.

Next Meeting

8th March at 9.30am.

Gareth Saunders - Secretary: 0430 026 993



Join the Shedders - Mon & Wed from 9. ALL WELCOME!

MP Community Association Inc Grant news

Unfortunately, we have learned that our Community Grant application to establish a Mount Pleasant Phot Bank was unsuccessful.



We will be pursuing other avenues in the hope that this may still occur.

MPCAInc meeting

At our February meeting we dealt with Australia Day and Street Party issues. Nicole reported that they had a great turn out for the event, with some new stall holders, and she is already taking bookings for this year! Thank you again to all who helped, and to our wonderful sponsors.

Monies raised from this and other Community Association events will be used for future Street Parties, Australia Day breakfasts and other improvements, which this year will include the establishment (at last) of the Reflection Bench. We also would like to thank those other community groups which have made contributions towards this.

As Paula is eager to hand over the reins of the association, we have had word that Kayla Starkey is willing to step up into the role, and we thank her for her offer. Kayla is an

enthusiastic go-getter, and has many strings to her bow – we all look forward to working with her.

New members

If you'd like to be a part of the Community Association, please contact Paula at the History Room on Thursdays. We have lots of plans and would welcome your input.

Paula Bartsch - Chair

MP Community Dinner

Here are some photos from the January dinner we didn't get in time for the last edition. Welcome back, Syd!



Next Dinner

The next Community Dinner will be held at 6pm on the 26th March in the Talunga Park Pavilion. All welcome! The Community Dinners are a great way to meet people especially if you are new to the district.



MP Progress Ass'n



Board meeting held on Tuesday 14th Feb 2023 at 7.00 pm.

- The bases for the new cabins have been installed. The road between the Market/Show Hall and the new toilets has been kerbed and spoon drains done.
- The trees have been replaced and fertilised. They are now being watered weekly. Special thanks to John Bowd and Peter Wilde for the continual work being done at the park with the trees and playground. Thanks also to Gen and Chris for taking on the regular watering of the trees.
- It was noted that there has been extra bark placed under the swings in the playground and that one of the child seats has been replaced albeit with the same style of seat as before.
- Gareth has developed an application form with photos for the school children to name the Rex Amber animals. This has been sent to the primary school and kindy for distribution. The competition closes at the end of February. Thanks to Gareth for his work.

- There is a Regional Development grant available at the moment including infrastructure projects. Wendy to pursue this opportunity.
- A consultation process will take place over the next few months relating to the Leases and License systems of council.
- The library review is ongoing and members are encouraged to respond. Council staff attended the Market last week which was very successful.
- **The Community Dinner** will be held on the 26th March
- Sound equipment in the hall has been installed by ToTT.
 It was recommended that a list of these items with photos should be out together for future records and placed on an asset register.
- The stage curtains are beginning to deteriorate and it is suggested that a grant be sought to assist with this extensive cost (maybe around \$35k) Genevieve and Wendy to look at this.
- Merry expressed concern about the Sound equipment keys being available for renters of the Hall. It was agreed that these keys should be at the Library to be available for those who need them. Merry to chat with Pete Stephens and Paula about these issues.
- Friends of Cromer Schoolhouse: Rock and Roll Saturday on the 25th BYO alcohol. Sausage sizzle available. \$400 voucher from SA Govt. Tickets are limited.
- It was recommended that an asset register should be established to record equipment that is owned by the Inc. body or individual members, so the information is not lost in the future.
- Council has supported the Men's Shed to the tune of \$10k for the building of the Hobbies and metalwork shed.
- The next meeting will be held on the 14th March 2023 at the Men's Shed

Wendy Harvey for MP Progress Inc.

Red Cross Meeting news

Mount Pleasant branch members and members of the community joined together to put on yet another successful Glen Devon Garden Party on



the 14th February. Thank to Hugh and Fiona MacLachlan, and our great luck in having such glorious weather, we catered for a capacity crowd. We'd like to do more, but we are limited by the number of helpers we have. Hopefully after a couple of people expressed an interest in joining us, it might be a bit easier next year. We would also like to urge our locals to book during January next year, as we reached capacity (around 180) about 5 days before the event, and regretfully had to say no to several groups. We thank Sophie once again for being so accessible and gracious with her time and her comments, to Hugh and Fiona - our grateful thanks once again for the loan of your beautiful garden and facilities. Thanks also to their gardener who excelled himself this year. Also to Mary Starkey and Kelly Matthews for their enormous contribution in supplying the dozens of scones needed on the day. Henry Carter once again took over the setting up and down which has meant that members aren't called upon to help. Jan Gardner supplied the beautiful table decorations, Bill and Barb Tapscott organised the sound system and Mandy Lintern helped Sophie with the raffle and assisted with the

sale of plants. Thank you to our wonderful members who worked hard to assemble the morning tea plates, and provide our guests with Tea and Coffee. If I have forgotten anyone – I apologise!

MP Show

We will have a stall at the Show again this year, and participating in the Gum leaf Trail. We will also have information sheets to give out to interested people.

New Members

We welcome new members at any time – please contact our Secretary Kath on 0437 195 597, if you'd like to know more.

Next meeting – Special meeting

1.30pm, 5th March at the Hall.

Kath Fisher - Secretary



RSL Report Meeting news

The Mount Pleasant RSL sub branch Bi Monthly meeting on January 15th welcomed new member



Nathan as an Affiliate member of our branch A meal was served after the meeting with thanks to John Bowd for his kind donation of Lamb chops and a Potato Bake prepared by Merralyn Schaeffer.

It is not necessary to be ex-military or a serving member to join our RSL. Since The Boer War of 1899 to 1902 The Commonwealth of Australia has been involved with many Military Conflicts. The Boer War saw 606 people killed. Somewhere along the line a relative of any of us has been involved in The Military. Everybody is welcome to come along and join in our socialising and to see it is not just about The Military but a social gathering where many and varied conversations are had with much humour involved. Just everyone having a good time.

Bombing of Darwin commemoration

This February 19th saw a well-attended gathering in Darwin to commemorate the 81st anniversary of the bombing of Darwin by The Japanese Imperial Air Force. In two separate raids 242 Japanese aircraft bombed the town and shipping. As a result of the bombing 235 people were killed and more than 400 were wounded.

The Japanese planes destroyed 30 Allied aircraft and sank 11 ships including a warship of The United States Navy. More bombs were dropped on Darwin than were dropped on Pearl Harbour, a total of 681.

The bombing raid on Darwin was the 1st of 64 air raids on The Northern Territory in World War 2

The Japanese bombers and Zero Fighter Jets were launched from a Japanese Navy Aircraft Carrier Group which had participated in the attack on Pearl Harbour at the start of The Pacific war.

Next Meeting

The next event for The Sub Branch is the Bi Monthly meeting on Sunday March 5th at 4 pm followed by a supper of Quiche and Salads. (Changed from the 19th as Wally and Dennis will both be absent on that day.)

Next Social Night

Tuesday March 7th at 7 pm is the Social night, all welcome to come along and see the newly renovated kitchen and hall. Four new tables were purchased with a significant discount obtained by the author.

Pentelows Road works

Members welcome the new pavement and driveway to the building on Pentelows Road. The existing picket fence on that side of the building is to be raised as levels have been altered with the new footpath. This to prevent pooling of water at the base of the fence.

The RSL Hall is available for the public to hire for meetings, training sessions etc. excepting our Social nights on the first Tuesday of each month.

Saturday March $18^{\rm th}$ members will be assisting with gate duties at The 159th Mount Pleasant Show.

Contact Wally or Dennis on the numbers below.

New members welcome

The Mount Pleasant RSL welcomes all new members as either Affiliates or Service members. Having a Military background is not necessary, contact President Walter Birch on 0428 854 886,

or Vice President Dennis Rockley on 0431 731 403.



Roger Benton

SACWA Meeting news

The first meeting for 2023 was held on the 7th February, with members and visitors starting the day with our Cuppa, Craft and Chat, and then moving on to the meeting at 1pm. We discussed the lates information regarding the Reflection Bench – which has been ongoing for some time. It will now be sited over the Torrens in Old Talunga Park, after meeting and having a discussion with Glenn Carter of the Barossa Council, together with Susan Raven of Seeds of Hope and Kristin Wohlers who is the artist guiding us on this journey. There will be a workshop in the Atrium on Saturday 4th March – and we encourage anyone to come along to join in.

President Heather Reekes-Parsons (delegate MP), Secretary Kath Fisher (Observer) and Sue Barrett (Delegate Hills and Murraylands) will be attending the State Council at Angaston on the 8th and 9th of March.

Our branch will enjoy a gathering at Karkoo Nursery, Oakbank on $5^{\rm th}$ April, and there will be several other outings and guest speakers throughout the year. We will also be having a get-together with the Hills and Murraylands group in Murray Bridge on $17^{\rm th}$ April, and will be doing a special workshop at Bunnings – amongst other things

MP Show

Several of our members are stewards or conveners at the Show, and our branch supports by donating trophies in the Floriculture, Cookery (Adults) and Cookery (Children) sections.

We will also be taking part in the Gum Leaf Trail with goodies for the children, plus information about our SACWA branch.

Cuppa Craft and Chat

This takes place at 10am on the first Tuesday in the month. We'd like to remind people that you don't have to be a member to come along. You don't even have to craft! Jan and others will be there if you do need a hand with a project, or advice if you are looking for something. It's a time to sit and meet people and craft if you want, but we are always up for a chat!

Tea Rooms

The SACWA continues to run the Tea Rooms at the Saleyards, and would like to thank all those who patronise it. We are still making sandwiches and selling pies and pasties – a long time before soup season!



New Memberships

If you are interested in joining this wonderful association, please contact branch President Heather Reekes-Parsons, on 85682084.

Next meeting

Our next meeting will be on Tuesday the 5th March at 1pm. Kath Fisher - Secretary SACWA

Top of the Torrens Theatre Group TOTT nearly 25!



We're looking forward to a fantastic year with plans for our 25th Anniversary Celebration show well underway.

Pictured below is the group at our Christmas celebrations.



AGM Results

Elections were held at our recent AGM: Please welcome our new Committee.

President - Gordon Combes

Vice President - Nadine Wood

Secretary - Linda van Zwol

Treasurer - William Melbourne

Yvette Schaefer, Anna Kelly, Helen Lane, Matthew Holding, Gwendolyn van Zwol, and Hayley Melbourne.



Sport TVFC

Vale David (Pegs) Klose

To family and friends that wish to pay their respects, David (Peg's) Klose's celebration of life will be held in its entirety on Friday 3rd March 2023 at the Mount Torrens Oval. For those who wish to attend, the start time is 10.30am

The ceremony will be Live Streamed for people who are unable to attend, via the Kleeman funeral website.







What an awesome training at Mt Pleasant on Friday night, weather was good, oval looked great & a good pub meal. Well done guys!

Lyn Wilhelm - Secretary

Mt Pleasant Gems Netball Registration Day

Mount Pleasant Gems NC is looking for Boys and Girls, Mums and Aunties to come and play winter netball with us this season. Games are played @

Woodside Netball Courts on Friday nights and Saturday mornings and afternoons. We hope to see you out there! 12pm start – Sausage Sizzle 12.30pm, 5th March at the Mount Pleasant Courts.

Contact: Tam 0432 666 739 or Jo 0459 999 807





MP Golf

Golf programme 2023

Tee off anytime from 7am onwards.

Welcome to non-members, fill out your name, golflink number and daily HC located in the box under the clubhouse verandah.

Memberships available

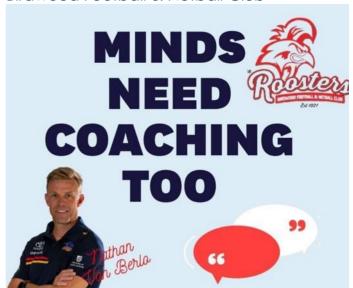
http://www.mtpleasantgolfclub.com.au/membership.html

			PROGRAM	DATE 2022			
			PROGRAM	IME 2023			
	JANUAR	v			JULY	-	
SAT	WED			SAT	WED		
	4	S/FORD		1	5	STROKE	
7	-11	STROKE		8	12	S/FORD	
14	18	S/FORD		15	19	PAR	
21	25	PAR		22	26	S/FORD	
28		S/FORD		29		4BBB S/FOF	tD .
		-					
FEBRUARY				AUGUST			
	1	S/FORD			2	4BBB S/FOF	RD.
4	8	STROKE	& PUTTING	5	9	STROKE &	PUTTING
11	15	S/FORD		12	16	S/FORD	
18	22	PAR		19	23	PAR	
25		S/FORD		26	30	S/FORD	
	MARCH			SEPTEMBER			
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4	- 8	STROKE		9	13	S/FORD	
11	15	S/FORD		16	20	PAR	
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	MAY			NOVEMBER			
	3	2 BALL A	MBROSE		1	4BBB S/FOF	tD.
6	10	S/FORD		4	8	STROKE	
13	17	STROKE	C/SHIP	11	15	S/FORD	
20	24	STROKE	C/SHIP	18	22	PAR	
27	31	PAR		25	29	S/FORD	
	JUNE			DECEMBER			
3	7	STROKE	& PUTTING	2	6	STROKE &	PUTTING
10	14	S/FORD		9	13	S/FORD	
17	2.1	PAR		16	20	PAR	
24	28	S/FORD		23	27	S/FORD	
				30		4BBB S/FOF	tD .

Dave Swann - President



Birdwood Football & Netball Club



We are excited to announce that we will be participating in the Tackle Your Feelings mental health education program ahead of this season. Adelaide Crows assistant coach Nathan Van Berlo coming along on the night.

Tackle Your Feelings is a free mental health training program for community AFL coaches, as well as committee members/players and other club support staff.

It's vital that community football clubs create an environment that prioritises mental health, especially given the challenges we've faced in recent years. We are uniquely placed to recognise when one of our players is struggling, and this program will provide us with some tools to respond to this.

The details of the session are as follows, and I ask that you make yourself available to participate:

DATE: 26th April 2023 TIME: 6.30 pm to 8.00 pm VENUE: Birdwood Football Club

More about the program

The program includes a workshop delivered by a local psychologist, plus online learning, and it aims to help participants gain the tools to Understand, Recognise and Respond to signs of mental ill-health in their players.

In 2022, the program was delivered to more than 2500 community coaches from 200 clubs across Australia. You can view a snapshot of the program in 2022 here.

How to register

Coaches, committee members, players and support staff should now register themselves via the Tackle Your Feelings website and they will then gain direct access to the online platform where they can book into one of the face-to-face workshops listed by clicking through an interactive map. They will also have access to the "Coaches Box", which is a library full of mental health resources for community coaches.

STEPS:

Step 1 – Click "Create an Account" to set up your account on the Tackle Your Feelings website

Step 2 – Choose your state from the map

Step 3 – Find your club's session and click "sign up" to book in.

Step 4 - Attend a Tackle Your Feelings face-to-face workshop in your local region (90mins)

Step 5 – Once you've attended the workshop you then complete the Tackle Your Feelings online training - choosing either the junior, youth or adult stream (3 x 20mins modules per stream)

Step 6 - Access resources and club rewards

If you have any trouble registering for the program, then you should contact Rian Nelson at the SANFL or 0466 544 115 or email rian.nelson@sanfl.com.au

We look forward to seeing you at the workshop!



Birdwood Football and Netball Club Around the District Birdwood

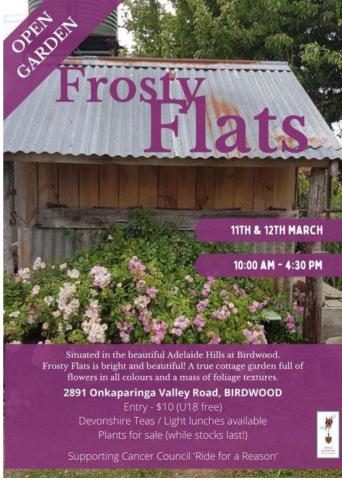


Klose's & Foodland/IGA Community Chest Donations - Birdwood Primary School

Community Chest is a program by which a Foodland store can raise funds and give back to their local community. Participating suppliers donate \$1c from every sale of selected products to the Community Chest Fund and at times, the individual stores are able to select a local groups to receive funds raised in a particular period. Klose's Supermarkets have chosen to distribute some of the recent funds raised by our stores to the local Primary Schools within their store townships, to go towards a 'Sustainable Project' within their school.

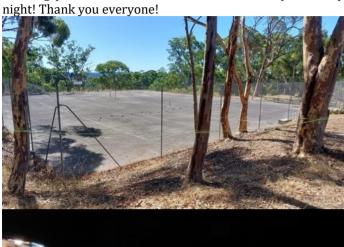
Our first donation was made last week to the Birdwood Primary School. They used the \$500 donation to create a wonderful organic bed to grow some local native bush food to help deepen the children's learning of culture and country within a special outdoor learning space that they call "The Nest". Shout out to another local business, Adelaide Hills Vegie Gardens for helping to bring this to life for the children.





Cromer Bands

What a lovely surprise when the rest of us arrived! The courts had been swept, debris collected, the weeds mowed and fence fixed! Thank you David, Jenny, Peter and Andrew. Also thanks to Penny, Anne E and Anne M, Michael and Pauline for getting toilets cleaned, debris collected, lights up, cleaning porch area and hall. We were all ready for a top





Pauline Williams - Friends of the Old Cromer School & Hall

Hoof Trimming Workshop

March on the 18/19
At the Old Cromer School
Please contact Pauline for details:



e: pauline@horsefx.com.au

m: 0407 863 575 w: <u>www.horsefx.com.au</u>

fb: HorseFX

Eden Valley



Gumeracha

Fifth Sunday Market

Meet the team!

We are honoured to be the committee that organises and runs the Gumeracha Fifth Sunday Market under the Torrens Valley Lions Club Inc

From left to right: Sandra, Mell & Libby



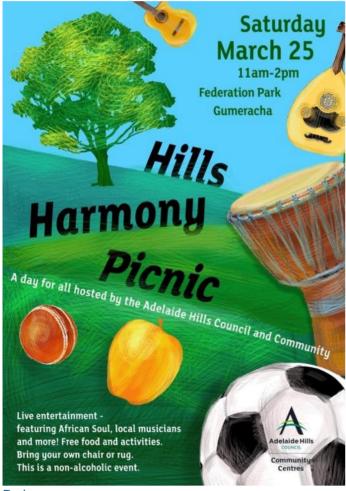
New Facebook page

The Market has a new Facebook page – make sure you join to get up to date information on the amazing stalls this market has. The Gumeracha Fifth Sunday Market is an artisan and handmade craft market held on the main street in Gumeracha's Federation Park.

It is open from 10:00am - 3:00pm on the months where there are five Sundays, and will run between January and November. Stallholders selling unique, hand-crafted goods are encouraged to register to be part of this community event, set under the ancient gums in the centre of this beautiful Adelaide Hills town. Markets this year: 28 January, 30 April, 30 July, 29 October 23

Gumeracha Rare Trades Festival

If you are interested in being involved in the 2023 Medieval and Rare Trades Festival, please send us an email at MedievalandRareTradesFestival@gmail.com



Palmer

Palmer Hotel

Lots happening always at the Palmer Pub. Please check Facebook for details of Open Mic and live music.



Cars and Coffee from 9 to 11 on the 11th March

Mt McKenzie

What an amazing night at the Mount McKenzie Hall! A huge thankyou to "Badlands" for your amazing show and great music! We hosted around 100 people at our Country Rock Night last night! A big thankyou to our wonderful volunteers for working so hard to organise the event and thanks to

everyone who came along to support us!



Photos by Steve Scroggs Mt Torrens



March, 2023 19

Mt Torrens History Centre

The Mt Torrens History Centre is meeting Mondays, at the Coach House, from 10 am - 2 pm.

You may be interested in joining the team or have queries about an ancestor or a local building or place.

We can help with genealogy, tracing your ancestors. Or maybe you can help us by providing your family history.

Drop in or contact us: mt.historycentre@gmail.com

New Mt Torrens Market Facebook page

Keep up to date with info about their fabulous seasonal markets!





March, 2023

Sedan



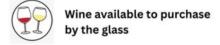
Springton



25th of March at the Springton Hall Hosted by the SPA



BYO food and drink





Tea and coffee available



springtonprogressassociation@gmail.com or via the SPA Facebook page



Edenmae Cellar Door- 10 years!

Tanunda Barossa Vintage

This year, the Parade will start at Tanunda and finish in Nuriootpa, traversing the full length of both main streets and, of course, Barossa Valley Way in between.

With the theme of 'Old Roots, New Ways', we are looking forward to a wonderful celebration of our great region, its history and its future.

We're throwing out the challenge to find some of the best, most unique floats in 2023, and will be adding some new categories to the float awards which we hope will get those creative juices flowing and encourage a bit of healthy competition amongst participants!

Parade registrations close March 10.

Please don't hesitate to get in touch if you have any questions regarding this year's Parade. I would be more than happy to discuss your involvement further, be that in person or on the phone.

Carla Wiese-Smith - M: 0448 209 827 2023 Barossa Vintage Festival Parade Convenor



https://www.barossavintagefestival.com.au



Cudlee Creek



Friday 17th March Dinner 5:30 start bingo 7:00pm start Cudlee creek tavern Tickets \$10 (4 games)

Payment phone: Jess 0498 505 721 Raffle \$2 each

Tungkillo





Tungkillo Gazette

Other newsletters

https://www.mtpleasantbeat.org/other-newsletters

DEADLINES

If your organisation or group has an event coming up, or you just want to let people know how to contact you, we are happy to add most to this newsletter.

Please contact us to ask if we are able to do this for you.

Secretaries – please give us time to assemble the newsletter- We ask that all articles – preferably in electronic form + photos - be submitted no later than 5 days before the end of the month.

If you only have a written version, please give us a few extra days on top of that.

Cheers,

The Beat Team

Classifieds, courses & community info Telstra Repeater

Dodgy internet? Might be worth looking into:

https://www.telstra.com.au/coverage-networks/network-coverage-extension-devices

Warren Reservoir info

Public access to the western section of Warren Reservoir Reserve is now temporarily closed until September 2023, to enable SA Water crews to safely begin early on-site works, as part of an upcoming upgrade of the dam's intake and scour valves.

While visitors will be unable to access the reserve's western trail loop, along with the northern car park and kayak launch area, you can still access the reservoir reserve via the eastern car park and explore the eastern nine-kilometre trail loop which is suitable for cycling, running and walking.

The eastern kayak launch area will remain open until all onwater access closes for visitors from 14 March until September 2023, to enable the reservoir's gradual emptying and ongoing construction work.

Go to reservoirs.sa.gov.au for details on other reservoir reserves open around the state to enjoy, explore and preserve in the meantime.

CarersSA

Carers SA Carer Coffee Connection meets on the first Wednesday of each Month @ the Mount Pleasant Library from 9:30am - 11:00 am .

If YOU are a Carer or know someone who is, find out about FREE Supports and Services available via the Carer Gateway / Carers SA



1800 422 737 or Contact Carer Connector Lee on 0455 445 524Anyone interested can contact Lee 0455 445 524 or lee.wingate@carerssa.com.au

** You can also call the Carer Gateway on 1800 422 737 for free registration or register online @

www.carergateway.gov.au/registration

Emergency Respite is available by calling the $1800\ 422\ 737$ # and you can access respite even if you are NOT registered with Carers SA.

Lee Wingate - Carer Connector – Barossa and Light

St John's Anglican Church

Contact Minister: Bruce Hicks 0427 080 681





Williamstown Family and Personal Counselling

Hi locals! We have moved into our wonderful new office space at the Tubbies site! With dedicated parking spots, and improved privacy, we are now taking new clients. Booking is easy, www.williamstownfpc.com.au and we can't wait to see you soon.



International Women's Day

International Women's Day 2023 campaign theme: #EmbraceEquity

For International Women's Day and beyond, let's all fully #EmbraceEquity.

Equity isn't just a nice-to-have, it's a must-have.

A focus on gender equity needs to be part of every society's DNA. And it's critical to understand the difference between equity and equality.

The aim of the IWD 2023 #EmbraceEquity campaign theme is to get the world talking about Why equal opportunities aren't enough. People start from different places, so true inclusion and belonging require equitable action.

TAFF



No experience? No worries! Learn the basics of hospitality in one week!

Join our free course to gain confidence and learn skills that you can take anywhere! Work in real working environments across the Barossa in a fun, friendly and supportive environment.

We'll teach you new skills, give you experience in a variety of settings, and support you to complete your Responsible Service of Alcohol accreditation.

Half of our last round of course participants found a job within weeks!

YOU'LL LEARN

- · Kitchen safety
- Food prep
- Barista skills
- Oustomer service

APPLY NOW

Complete the form at barossa.org.au/hospitalitytraining and we'll be in touch!



Questions? Contact Mark McNamara

(08) 8563 3603 | mark@barossa.org.au www.barossa.org.au

https://www.tafesa.edu.au/

Mt Pleasant Bakery

We are hiring

We have a Junior casual position available starting in March. Must be flexible to work weekends and in school holidays. The position involves customer service and cleaning and other tasks when needed, must be able to cope under pressure as we are very busy on weekends

Barista experience is a bonus but if not we can train you Must be super friendly and great with people, customer service is our number 1 priority

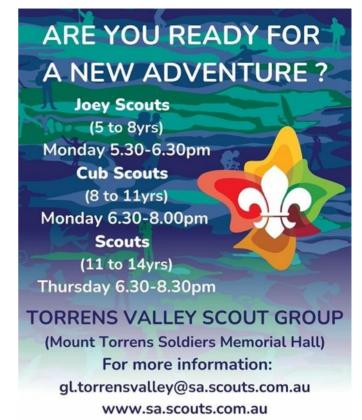
Please send your resumes to:

 $mtple as ant bakery @internode. on. net \ or \ come \ in \ and \ ask \ for \ Tab$

Apprenticeship info

https://www.skills.sa.gov.au/apprenticeships
Jobs website:

https://www.barossaplainsjobs.org.au/



Can you help?





Markets & Farm Gates



Eden Valley Farm Stand 1823 Eden Valley Rd

FREE RANGE EGGS



Farm Gate Garden 806 Springton Road, Mt Crawford







AT MANNUM LEISURE CENTRE, 51 ADELAIDE ROAD 9AM TO 2PM



Upcoming Events







March, 2023







Easter Twilight Market

Mt. Pleasant Showgrounds, Mt. Pleasant

Thursday, 6th April 4-8pm

Farmers Market, food trucks, live entertainment & super fun activities for the kids

STITCHES

Join us together with the power of a good

YARN



Exhibition by the SACWA Angaston Branch Ladies showcasing their skills and creativity working with yarn.

> St Hugh's Church Hall 10 Schilling St ANGASTON

> > 10am to 4pm 19th - 23rd April



Free Admission Trading Table

Kindly printed by Ashton Hurn MP

March calendar

The Beat operates on Peramangk country.

We acknowledge the Peramangk people as the traditional custodians of the Mount Pleasant region and pay our respects to Peramangk elders past and present.

We are committed to a positive future for the Aboriginal community, and support the Uluru Statement from the Heart.

https://ulurustatement.org/the-statement/





Events

Date	Event	Details
4, 11, 18 & 25 ALSO ONLINE	MP Farmers' Market	8-12, Saturdays @ Talunga Park
4	Reflection Bench - Mosaic Workshop	10am Atrium
18	MP Show	Talunga Park

Meetinas

14166111193			
Committee / Group / Organisation	Details		
CFS Training	Every Tuesday @ 7pm		
Friends of the Mount Pleasant Hospital	10am, 2nd Tuesday in month		
MP District History	1-4pm, every Thursday @ History Room, SM Hall		
MP Farmers' Market	8-12, every Saturday @ Talunga Park (unless otherwise advertised)		
MP Inc (MP Progress)	7.00pm, 2nd Tuesday @ Men's Shed		
MP Fitness Group	10am, Thursdays - Talunga Park Pavilion		
MP Men's' Shed	Open Monday & Wednesday from 9am		
MP Photography Group	2nd and 4th Wednesdays – 9.30am @ Men's Shed- \$5 a session		
MP Show Society	2nd Monday @ Talunga Park		
MP Spinners & Craft Group	@ St John's Church Hall, 10-3 on Wednesdays (Call Elaine on 0411276190)		
Playgroup	9.30-11.30am, every Friday @ MP Kindy		
Pleasant Painters	2nd and 4th Friday from 10am-2pm, @ MP Library		
Red Cross	Bi-Monthly, 1.30pm, 4th Thurs @ SM Hall		
RSL Social	1st Tuesday - Social gathering @ RSL Hall		
RSL Meeting	Alternate month, 4pm 3rd Sunday - Bi-Monthly meeting @ RSL Hall		
St John's Card Group (500)	1st Thurs month. 12 noon \$10 - 2 course meal + beverages @ St John's Hall		
SACWA	1.00pm, 1st Tuesday @ Soldiers' Memorial Hall		
SACWA Cuppa, Craft & Chat	1st Tuesday, 10am to 12.00pm @ Soldiers' Memorial Hall		
TV Table Tennis	7.30pm, every Wednesday @ BHS Gym		
Women's Woodworking	1st Wednesday every month in the Men's Shed		
Writers' Group	Please email: Dwainecelie@gmail.com		

Newsletter:

Newsletters are published at the beginning of every month, and are generally available in the Wisteria Atrium at the Market, Star Books & the Post Office. If you'd like a hard copy, please ask Anne or Rose @ the PO or John @ Star Books to reserve one.

Online @ mtpleasantbeat.org (click 'subscribe' on the 'Latest Newsletter' page) Printed by the Mt Pleasant Men's Shed



Contact us:

Editors: Sue Barrett & Paula Bartsch Feedback or contributions may be emailed

mtpleasantbeat@gmail.com or PO Box 16, Mt Pleasant 5235 You can also phone us on 0403012339 Online:

w: mtpleasantbeat.org or Facebook: mpbeat